

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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This feast was celebrated in the early Church. Its doctrinal promulgation in 1950 affirmed the dignity and destiny of the human body after the horrors of war and Holocaust. A Jewish woman is Queen of Heaven. Like the Ark of the Covenant, Mary shelters God's Word. Assumed body and soul into heaven, Mary continues to extend her maternal love to her children in the Church through her powerful intercession.

*Sundays Year A ~ Solemnity ~ Psalms Week:
 The Assumption of the BVM
 16th August 2026*

Entrance Antiphon	<i>A great sign appeared in heaven: a woman clothed with the sun, and the moon beneath her feet, and on her head a crown of twelve stars.</i>	
First Reading	<i>A woman clothed with the sun, with the moon under her feet.</i>	<i>Revelation 11:19a; 12:1-6a, 10b</i>
Responsorial Psalm	<i>The daughters of kings are those whom you favour.</i>	<i>Psalm 45</i>
Second Reading	<i>Christ the first fruits, then those who belong to Christ.</i>	<i>1 Corinthians 15:20-27a</i>
Gospel Acclamation	<i>Alleluia, alleluia. Mary has been taken up into heaven; the host of angels rejoice. Alleluia.</i>	
Gospel	<i>'He who is mighty has done great things for me; he has exalted those of humble estate.'</i> <i>Luke 1:39-56</i>	

Saturday			6:00pm	<i>Mike Prada R.I.P.</i>
Sunday	16th August	The Assumption of the BVM	10:30am	<i>Rodney Hipperson R.I.P.</i>
Monday	17th August	Feria	9:15am	<i>Parishioners</i>
Tuesday	18th August	Feria		<i>No Mass</i>
Wednesday	19th August	Feria	7:00pm	<i>Deacon Bill Dimelow R.I.P.</i>
Thursday	20th August	St. Bernard	9:15am	<i>Marie Alexander R.I.P.</i>
Friday	21st August	St. Pius X		<i>No Mass</i>
Saturday	22nd August	The Queenship of the BVM	10:00am	<i>Holy Souls</i>
			6:00pm	<i>Sean Tobin R.I.P.</i>
Sunday	23rd August	21st Sunday in Ordinary Time	10:30am	<i>Parishioners</i>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Edwin Mahon, Jenny King, Peter King, Dorota Gobiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Sheila Roberts, Krystyna Rymarz, Michelle Burnett, Barbara Lenehan, Christina Rutkowski, Barabara Quinton, Peggy Buck, Irene Parker, Bernadette Culling, Julian Pryer and all whose anniversaries occur around this time.

“Mary is assumed into heaven: small and humble, she is the first to receive the highest glory. She, a human creature, one of us, attains eternity in soul and body. And there she awaits us as a mother waits for her children to come home.”

Pope St. John Paul II

Sacraments of Reconciliation and First Holy Communion

2027: We are welcoming applications from those who wish their child to prepare for the Sacraments of Reconciliation and First Holy Communion in 2027. If your child will be in year 3 or above, in September 2026, and you wish them to be included, please contact Julia Murphy via email – Boot2982@outlook.com for an application form. The programme will start in January 2027. The closing date for applications is Sunday 27 September 2026. Thank you.

Jubilee Diocesan Pilgrimage to Rome: As we celebrate the 50th anniversary of the Diocese of East Anglia, this pilgrimage offers a profound opportunity to give thanks for the faith that has been handed down to us, to pray for the future of our Diocese, and to deepen our communion with the Universal Church. Organised in partnership with Pilgrimage People, the five-day pilgrimage will take place from 27th to 31st October 2026, offering clergy and laity alike the opportunity to walk in the footsteps of the saints and martyrs, and to celebrate Mass in some of the most sacred places in Christendom. The cost of the pilgrimage is £1,550 per person sharing a twin or double room, with a limited number of single rooms available for a supplement of £220. The price includes return airfare with 10kg carry-on baggage, accommodation, transport in Italy, guiding services, gratuities and entrance fees. *Please note that the itinerary is not suitable for less able travellers.* There are a few remaining places available. For more information please see: <https://www.rcdea.org.uk/diocese-to-celebrate-golden-jubilee-with-pilgrimage/>

The Secular Franciscans invite you to a celebration of the 800th anniversary of the death of St Francis of Assisi on 3rd October at St John's Cathedral at 2.30pm.

The celebration will begin in St Joseph's chapel (the sunken chapel) where you will find several companions of St Francis, including; his mother Pica, St Clare, Brothers Leo, and Ginepro and others, reminiscing about his life. This will be followed by light refreshments in the hall, where you can get to know more about Francis by taking with these companions. The afternoon will close with a Franciscan liturgical celebration of the Transitus, the passing from life to death of St Francis.

The afternoon will finish in time for those wishing to, to attend the evening Anticipatory Mass at 6pm."

Collections (DONA) 8th /9th August

£580.56 (£15)

Many Thanks

Janet, Roy, Gill and families would like to thank everybody who attended the Requiem mass of their sister Wendy and sent cards of sympathy, it was very nice to know people cared. God bless

St Walstan's Lectio Divina Prayer Sessions

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence.

Our next sessions are 7pm in the Garden room **on Thursday 20th August, then 3rd September, continuing fortnight.**

Journey in Faith: If you are interested in learning more about the Catholic faith, perhaps with a view to becoming a Catholic, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). Further details are available from Fr David.

Adult Confirmations: If you were not confirmed in your teens and would like to prepare for this sacrament, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). The same topics are covered on both courses so it makes sense for them to be run together. Further details are available from Fr David.

Confirmations 2027: Registration is now open for next year's Confirmations. As usual, the youngsters will join with others at St John's Cathedral for the classes, which begin in September of this year, but will be confirmed here in their home parish at Costessey. Please note that the closing date for application is a firm one so don't delay to apply! For details please follow this link: [FHC and Confirmation Booking form 2026-27- please click here](#)

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.