

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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Jesus reminds us that what we place at the centre of our lives matters. Our chief concern should be the kingdom of heaven, a place where the will of God prevails. Our own individual witness of justice, peace, and reconciliation may grow, like the mustard seed, to make the kingdom a present reality in which we, and others, may find rest.

*Sundays Year A ~ Ordinary Time ~ Psalms Week: I
 Seventeenth Sunday in Ordinary Time
 26th July 2026*

Entrance Antiphon	<i>God is in his holy place, God who unites those who dwell in his house; He himself gives might and strength to his people.</i>	
First Reading	<i>'You gave repentance for sins.'</i>	1 Kings 3:5-6a, 7-12
Responsorial Psalm	<i>O Lord, how I love your law!</i>	Psalm 119
Second Reading	<i>'He predestined to be conformed to the image of his Son.'</i>	Romans 8:28-30
Gospel Acclamation	<i>Alleluia, alleluia. I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia.</i>	
Gospel	<i>'He sells all that he has and buys that field.'</i>	Matthew 13:44-52

Saturday			6:00pm	Parishioners
Sunday	26th July	17th Sunday in Ordinary Time	10:30am	Bernard Lambe R.I.P.
Monday	27th July	Feria	9:15am	Alice Secker R.I.P.
Tuesday	28th July	Feria		No Mass
Wednesday	29th July	Ss Martha, Mary & Lazarus	11:00am	Requiem Mass: Wendy Blick
			7:00pm	John & Mary Martin
Thursday	30th July	Feria	9:15am	Parishioners
Friday	31st July	St. Ignatius of Loyola		No Mass
Saturday	1st August	St. Alphonsus Liguori		No Mass
			6:00pm	Rosalino Alquiza R.I.P.
Sunday	2nd August	18th Sunday in Ordinary Time	10:30am	Marie Minturn R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Edwin Mahon, Jenny King, Peter King, Dorota Gobiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Wendy Mary Blick, recently deceased, Fr. Dick Wilson, Gian Tuli, Michael Green, Frederick Stocks, Eileen Hogg, Shirley Burrows, Betty Stocks, Dora 'Maisie' Chittock, Edward Gunton, Shauna D'Lee, Marie Davies, Patrick Meehan, Philip Tilbrook, Patricia Howe, Daniel Sweeney and all whose anniversaries occur around this time.

Sacraments of Reconciliation and First Holy Communion

2027: We are welcoming applications from those who wish their child to prepare for the Sacraments of Reconciliation and First Holy Communion in 2027. If your child will be in year 3 or above, in September 2026, and you wish them to be included, please contact Julia Murphy via email – Boot2982@outlook.com for an application form. The programme will start in January 2027. The closing date for applications is Sunday 27 September 2026. Thank you.

Jubilee Diocesan Pilgrimage to Rome: As we celebrate the 50th anniversary of the Diocese of East Anglia, this pilgrimage offers a profound opportunity to give thanks for the faith that has been handed down to us, to pray for the future of our Diocese, and to deepen our communion with the Universal Church. Organised in partnership with Pilgrimage People, the five-day pilgrimage will take place from 27th to 31st October 2026, offering clergy and laity alike the opportunity to walk in the footsteps of the saints and martyrs, and to celebrate Mass in some of the most sacred places in Christendom. The cost of the pilgrimage is £1,550 per person sharing a twin or double room, with a limited number of single rooms available for a supplement of £220. The price includes return airfare with 10kg carry-on baggage, accommodation, transport in Italy, guiding services, gratuities and entrance fees. *Please note that the itinerary is not suitable for less able travellers.* There are a few remaining places available. For more information please see: <https://www.rcdea.org.uk/diocese-to-celebrate-golden-jubilee-with-pilgrimage/>

Adult Confirmations: If you were not confirmed in your teens and would like to prepare for this sacrament, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). The same topics are covered on both courses so it makes sense for them to be run together. Further details are available from Fr David.

Confirmations 2027: Registration is now open for next year's Confirmations. As usual, the youngsters will join with others at St John's Cathedral for the classes, which begin in September of this year, but will be confirmed here in their home parish at Costessey. Please note that the closing date for application is a firm one so don't delay to apply! For details please follow this link: [FHC and Confirmation Booking form 2026-27- please click here](#)

"The quieter you become, the more you can hear."

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.

Collections (DONA) 18th /19th July

£ 875.01 (£217)

Many Thanks

Total donations received in memory of Reverend William John Dimelow (Deacon Bill) excluding gift aid was £315 for our twin parish of St Joseph's, Taken, Cambodia. Many thanks to all contributors.

St Walstan's Lectio Divina Prayer Sessions

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are 7pm in the Garden room on **Thursday 23rd July, then 6th August, continuing fortnight.**

Join Bishop Peter at this year's March For Life on Saturday 5th September in London. The March For Life is more than 'just' a march; the day starts with an indoor family festival with talks, games, music, testimonies, prayer and much more for all ages. We will then unite with thousands of others as we process through the streets of London to Parliament Square to witness to our central message of 'Life From Conception - No Exception!' For more information: marchforlife.co.uk. If you are planning on making your own way there, please contact Antonia Braithwaite who will put you in touch with the group from East Anglia:

mfccoordinator@rcdea.org.uk A coach will leave the Cathedral of St John the Baptist at 6.30am. For enquiries re pick-up contact Helen: 07905 713407. To book a place on the coach <https://www.eventbrite.com/e/norwich-ipswich-coach-trip-to-march-for-life-uk-2026-tickets-1991053694197?aff=oddtcreator>

Journey in Faith: If you are interested in learning more about the Catholic faith, perhaps with a view to becoming a Catholic, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). Further details are available from Fr David.

Catechesis of the Good Shepherd course 3rd - 8th

August: This course is a wonderful way to share the faith with young children using hands-on materials and presentations in a prayerful and contemplative setting. It is being hosted at the Community of Our Lady of Walsingham's convent in nearby Dereham. If you are interested in finding out more, please contact the course leader Christine Byrne at christinedeigratia@gmail.com or visit www.cgsuk.org

"Do not let the behaviour of others destroy your inner peace. Be happy in the moment, that's enough."