

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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Those to whom God's word comes are assured of bearing fruit, and returning to him empty-handed. Those who eagerly await their God as children of God must longingly cling to his word. In doing so, the word will take root and produce a rich harvest, for the faithful are those with ears to hear its abundant truth and goodness.

*Sundays Year A ~ Ordinary Time ~ Psalms Week: III
 Fifteenth Sunday in Ordinary Time
 12th July 2026*

Entrance Antiphon	<i>As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.</i>	
First Reading	<i>The rain makes the earth bring forth and sprout.</i>	<i>Isaiah 55:10-11</i>
Responsorial Psalm	<i>Some seed fell into good soil and yielded its fruit.</i>	<i>Psalms 65</i>
Second Reading	<i>The creation waits with eager longing for the revealing of the sons of God.</i>	<i>Romans 8:18-25</i>
Gospel Acclamation	<i>Alleluia, alleluia. The seed is the word of God, Christ the sower; all who find him will live for ever. Alleluia.</i>	
Gospel	<i>'A sower went out to sow.'</i>	<i>Matthew 13:1-23</i>

Saturday			6:00pm	Fr. Anthony's Intention
Sunday	12th July	15th Sunday in Ordinary Time	10:30am	Ann Ryan
Monday	13th July	Feria	7:00pm	Confirmation Mass
Tuesday	14th July	Feria		No Mass
Wednesday	15th July	St. Bonaventure	7:00pm	Doreen Spatchett R.I.P.
Thursday	16th July	Feria	9:15am	Anthony & Barbara Seaborn-Howard R.I.P.
Friday	17th July	Feria		No Mass
Saturday	18th July	Feria	10:00am	Deacon Bill Dimelow R.I.P.
			6:00pm	Joanna & Marian Hoscilowicz R.I.P.
Sunday	19th July	16th Sunday in Ordinary Time	10:30am	Parishioners (Diocesan Jubilee)

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Jenny King, Eamon McGrath, Peter King, Dorota Gbiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Mary Chapman, John Cullen, Bishop Alan Clark, Cyril Crompton, Agnes Bush and all whose anniversaries occur around this time.

“We are to love God for Himself, because of a twofold reason; nothing is more reasonable, nothing more profitable.”

St. Bernard of Clairvaux

Parish Barbecue/Diocesan Jubilee Celebration: This takes place next Sunday, July 19th, straight after the morning Mass. As ever, the barbecue is free, but please bring a salad or dessert to share if you can. Thank you.

Father Anthony Reilly: Thank you to everyone who contributed to the collection for Father (then Deacon) Anthony's ordination gift. We collected just over £1300 which was presented to him as a cheque. I'm sure he'll put it to good use.

The Chosen: The next episode will be shown in the Garden Room at 7.30pm (after the evening Mass) on Wednesday, July 22nd. All welcome.

Confirmation Mass: Bishop Peter will be here on Monday July 13th to celebrate Mass at 7.00pm during which he will confirm five of our young parishioners. Please do come along to support them as they take this important step. Please note that there will be no morning Mass that day.

Jubilee Booklet: As part of the Diocesan Golden Jubilee celebrations every parish was asked to produce a booklet about their parish, particularly covering the last 50 years. Marcelle Agius and Priscilla Crane have done such an excellent job with ours that we have had it printed professionally and it will be on sale soon, priced at £5. It will prove a wonderful souvenir both of the Jubilee and as a celebration of our parish.

The Secular Franciscans invite you to a celebration of the 800th anniversary of death St Francis on 3rd October 2026 at St. John's Cathedral at 2.30pm.

The celebration will begin in St. Joseph's chapel (the sunken chapel) where you will find several companions of St Francis, including his mother Pica and St Clare, reminiscing about his life. This will be followed by light refreshments in the hall where you can get to know more about Francis by talking with these companions.

The afternoon will close with a Franciscan liturgical celebration of the Transitus, the passing from life to death of St Francis. The afternoon will finish in time for those wishing to, to attend the evening Anticipatory Mass at 6pm.

Confirmations 2027: Registration is now open for next year's Confirmations. As usual, the youngsters will join with others at St John's Cathedral for the classes, which begin in September of this year, but will be confirmed here in their home parish at Costessey. Please note that the closing date for application is a firm one so don't delay to apply! For details please follow this link: [FHC and Confirmation Booking form 2026-27- please click here](#)

Collections (DONA) 4th / 5th July

£773.40 (€90)

Many Thanks

CAFOD-DEC Venezuela Earthquake Appeal

You can help our neighbours affected by the 24 June earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors. Your donation will provide essential supplies and help families rebuild their lives. Donate to the CAFOD-DEC Venezuela Earthquake Appeal today: cafod.org.uk/Venezuela or call 0300 999 0030

Charity Cake Sale: A number of pupils from Notre Dame High School will be holding a cake sale in the church porch after Mass on Sunday July 12th. Proceeds will go to the charity 'Catholic Concern for Animals'.

St Walstan's Lectio Divina Prayer Sessions

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are 7pm in the Garden room **on Thursday 9th July, then 23rd July, continuing fortnight.**

Join Bishop Peter at this year's March For Life on Saturday 5th September in London. The March For Life is more than 'just' a march; the day starts with an indoor family festival with talks, games, music, testimonies, prayer and much more for all ages. We will then unite with thousands of others as we process through the streets of London to Parliament Square to witness to our central message of 'Life From Conception - No Exception!' For more information: marchforlife.co.uk. If you are planning on making your own way there, please contact Antonia Braithwaite who will put you in touch with the group from East Anglia:

mfccoordinator@rcdea.org.uk A coach will leave the Cathedral of St John the Baptist at 6.30am. For enquiries re pick-up contact Helen: 07905 713407. To book a place on the coach <https://www.eventbrite.com/e/norwich-ipswich-coach-trip-to-march-for-life-uk-2026-tickets-1991053694197?aff=oddtcreator>