

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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All the readings today speak of how God loves us by giving us his Word; feeling us with compassion, as Christ feeds the crowd and heals them. Nothing can separate us from this love of God in Christ – as St Paul makes clear – and indeed nothing could be more loving than Christ giving us his very self in the Eucharist, of which the miracle of the loaves and fishes is a foretaste.

Sundays Year A ~ Ordinary Time ~ Psalms Week: II
Eighteenth Sunday in Ordinary Time
2nd August 2026

Entrance Antiphon	<i>O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.</i>	
First Reading	<i>'Come and eat.'</i>	<i>Isaiah 55: 1-3</i>
Responsorial Psalm	<i>You open your hand and fulfil us, O Lord.</i>	<i>Psalms 145</i>
Second Reading	<i>'Nothing in all creation will be able to separate us from the love of God in Christ.'</i>	<i>Romans 8:35, 37-39</i>
Gospel Acclamation	<i>Alleluia, alleluia. One does not live by bread alone, but by every word that comes forth from the mouth of God. Alleluia.</i>	
Gospel	<i>'They all ate and were satisfied.'</i>	<i>Matthew 14:13-21</i>

Saturday	2nd August		6:00pm	<i>Rosalino Alquiza R.I.P.</i>
Sunday		18th Sunday in Ordinary Time	10:30am	<i>Marie Minturn R.I.P.</i>
Monday	3rd August	Feria		No Mass
Tuesday	4th August	St. John Vianney		No Mass
Wednesday	5th August	Feria	7:00pm	No Mass
Thursday	6th August	Transfiguration of the Lord	9:15am	No Mass
Friday	7th August	St. Cajetan of Thiene		No Mass
Saturday	8th August	St. Dominic		No Mass
			6:00pm	Parishioners
Sunday	9th August	19th Sunday in Ordinary Time	10:30am	Maureen Flynn

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Edwin Mahon, Jenny King, Peter King, Dorota Gobiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Salome' Miller Arcila, Joyce Conneely, Greta Scrutton, Sheila O'Connor, Norma Doggett, Maria Zechmeister, Stephen Hulsmeier, Jim McAteer, Aveline Taylor and all whose anniversaries occur around this time.

"Hold your eyes on God and leave the doing to Him. That is all the doing you have to worry about."

St. Jane Frances de Chantal

70th Birthday: Thank you for the many cards, gifts and good wishes I received for my 70th birthday. I am so blessed to be in this parish. Fr David.

The next cake stall is on Sunday, after mass in the Garden Room. Last month's cake stall raised £57. Many thanks for your support.

Church Decorating: The final phase of re-painting the church will take place in the first two or three weeks of August. Please note that the church will be locked on weekdays while this is taking place for safety reasons but will be open for the Sunday Masses. The 10am Mass on Saturday August 15th will take place in the Garden Room, as may weekday Masses the following week.

Sacraments of Reconciliation and First Holy Communion

2027: We are welcoming applications from those who wish their child to prepare for the Sacraments of Reconciliation and First Holy Communion in 2027. If your child will be in year 3 or above, in September 2026, and you wish them to be included, please contact Julia Murphy via email – Boot2982@outlook.com for an application form. The programme will start in January 2027. The closing date for applications is Sunday 27 September 2026. Thank you.

Jubilee Diocesan Pilgrimage to Rome: As we celebrate the 50th anniversary of the Diocese of East Anglia, this pilgrimage offers a profound opportunity to give thanks for the faith that has been handed down to us, to pray for the future of our Diocese, and to deepen our communion with the Universal Church. Organised in partnership with Pilgrimage People, the five-day pilgrimage will take place from 27th to 31st October 2026, offering clergy and laity alike the opportunity to walk in the footsteps of the saints and martyrs, and to celebrate Mass in some of the most sacred places in Christendom. The cost of the pilgrimage is £1,550 per person sharing a twin or double room, with a limited number of single rooms available for a supplement of £220. The price includes return airfare with 10kg carry-on baggage, accommodation, transport in Italy, guiding services, gratuities and entrance fees. *Please note that the itinerary is not suitable for less able travellers.* There are a few remaining places available. For more information please see: <https://www.rcdea.org.uk/diocese-to-celebrate-golden-jubilee-with-pilgrimage/>

Collections (DONA) 25th /26th July

**£653.53 (£125)
Many Thanks**

St Walstan's Lectio Divina Prayer Sessions

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are 7pm in the Garden room **on Thursday 6th August, then 20th August, continuing fortnight.**

Journey in Faith: If you are interested in learning more about the Catholic faith, perhaps with a view to becoming a Catholic, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). Further details are available from Fr David.

Adult Confirmations: If you were not confirmed in your teens and would like to prepare for this sacrament, please come along to the introductory session of the Journey in Faith on Thursday September 24th, 7.00pm, in the Presbytery (behind the church). The same topics are covered on both courses so it makes sense for them to be run together. Further details are available from Fr David.

Confirmations 2027: Registration is now open for next year's Confirmations. As usual, the youngsters will join with others at St John's Cathedral for the classes, which begin in September of this year, but will be confirmed here in their home parish at Costessey. Please note that the closing date for application is a firm one so don't delay to apply! For details please follow this link: [FHC and Confirmation Booking form 2026-27- please click here](#)

"Teach us to give and not count the cost."

St. Ignatius of Loyola