

# Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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*God's love for his people was such that he sent them manna in the wilderness, foreshadowing the heavenly manna he gives to us at the altars of his Holy Church. Sharing in Christ's sacrifice through the Eucharist, our lives are consecrated to him becoming a living sacrifice. Fortified by his body and blood we enter into intimate union with Christ sharing the bread of angels which contains within itself all sweetness.*

Sundays Year A ~ Ordinary Time ~ Psalms Week:  
**Corpus Christi**  
 7<sup>th</sup> June 2026

<b>Entrance Antiphon</b>	<i>He fed them with the finest wheat and satisfied them with honey from the rock.</i>	
<b>First Reading</b>	<i>'He fed them with manna, which you did not know, nor did your fathers know.'</i>	<i>Deuteronomy 8:2-3, 14b-16a</i>
<b>Responsorial Psalm</b>	<i>O Jerusalem, glorify the Lord!</i>	<i>Psalm 147</i>
<b>Second Reading</b>	<i>'Because there is one bread, we who are many are one body.'</i>	<i>1 Corinthians 10:16-17</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia. I am the living bread that came down from heaven, says the Lord. If anyone eats of this bread, he will live for ever. Alleluia.</i>	
<b>Gospel</b>	<i>'My flesh is true food, and my blood is true drink.'</i>	<i>John 6:51-58</i>

<b>Saturday</b>			<b>6:00pm</b>	<b>Rosauro &amp; Corazon Hermoso R.I.P.</b>
<b>Sunday</b>	<b>7<sup>th</sup> June</b>	<b>Corpus Christi</b>	<b>10:30am</b>	<b>1<sup>st</sup> Holy Communion Children</b>
<b>Monday</b>	<b>8<sup>th</sup> June</b>	<b>Feria</b>	<b>9:15am</b>	<b>Chamberlin Family</b>
<b>Tuesday</b>	<b>9<sup>th</sup> June</b>	<b>Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>10<sup>th</sup> June</b>	<b>Feria</b>	<b>7:00pm</b>	<b>Armando Cugliandolo R.I.P.</b>
<b>Thursday</b>	<b>11<sup>th</sup> June</b>	<b>St. Barnabas</b>	<b>9:15am</b>	<b>Daryl Spence</b>
<b>Friday</b>	<b>12<sup>th</sup> June</b>	<b>Sacred Heart of Jesus</b>	<b>9:30am</b>	<b>School Mass in Church</b>
<b>Saturday</b>	<b>13<sup>th</sup> June</b>	<b>Immaculate Heart of the BVM</b>	<b>10:00am</b>	<b>Parishioners</b>
			<b>6:00pm</b>	<b>Gerry Watt R.I.P.</b>
<b>Sunday</b>	<b>14<sup>th</sup> June</b>	<b>11<sup>th</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Jennie Hepworth R.I.P.</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.  
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

**Sick and Housebound** – Please pray for Jenny King, Eamon McGrath, Peter King, Dorota Gobiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

**Faithful Departed** – Please pray for John McCloskey, Rita McKeown, Ellen Hamone, Joan Perk, Brian Chamberlin, Arthur 'Spud' Taylor, Pat Moore, Karel Nitsce, Agnes Wiggett, Elsie Barnes, Patricia Cornish and all whose anniversaries occur around this time.

**Confirmations 2027:** Registration is now open for next year's Confirmations. As usual, the youngsters will join with others at St John's Cathedral for the classes, which begin in September of this year, but will be confirmed here in their home parish at Costessey. Please note that the closing date for application is a firm one so don't delay to apply! For details please follow this link: [FHC and Confirmation Booking form 2026-27- please click here](#)

**School Masses:** Please remember that if a school Mass is advertised in the newsletter, whether it be at the school or in the church, then parishioners are welcome to attend.

**Teas After Mass:** There are spaces on the rotas in the church porch for people to make tea and coffee after both weekend Masses. New volunteers are always welcome. If you're not sure what to do, have a chat with those who are experienced hands.

**Deacon Anthony's Ordination:** There are still seats available on the coach to the ordination to the priesthood of Deacon Anthony (along with Deacon Peter Ho) on Saturday July 4<sup>th</sup>. The coach will leave St Walstan's at 10.00am, allowing plenty of time to get there for the 11.30am ordination Mass. It will depart from the cathedral at 2.30pm. Please let Fr David know a.s.a.p. if you would like a seat on the coach.

**Diocesan Jubilee:** On Sunday, July 19, following Mass, the parish will celebrate our diocese's 50th anniversary with a BBQ and Fr. David's 70th birthday. We felt it would be entertaining to include pictures of parishioners in 1976, even if you weren't a parishioner at the time. (Yes, I am aware that many of you weren't around at the time—the pleasures of youth!) If you would like to submit a photo, please place it in the Presbytery's letterbox with your name and contact information printed on the back or on a post-it note that is attached.

**Marriage Celebration Mass:** all married couples in the Diocese are invited to the annual Marriage Celebration Mass on June 13, 2026, at 11.30am at the Cathedral of St John the Baptist in Norwich. Significant anniversary couples (1, 5, and every multiple of 5 years, up to 60) will receive a certificate from the Bishop. Refreshments will follow. For registration and details, visit <https://www.rcdea.org.uk/marriage-mass-registration/> or email [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk)

#### **St Walstan's Lectio Divina Prayer Sessions**

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are 7pm in the Garden room on Thursday 11<sup>th</sup> June, then 25<sup>th</sup> June, continuing fortnight.

**Collections (DONA) 30<sup>th</sup> /31<sup>st</sup> May**

**£655.06 (£145)**

**Many Thanks**

**Ministers of the Eucharist:** All Ministers of the Eucharist will be re-commissioned at both Masses on the weekend of June 13<sup>th</sup>/14<sup>th</sup>.

**A donation page** has been set up in memory of Deacon Bill. The chosen charities are Parkinson's UK and St Joseph's Parish, Taken, Cambodia. The link to the page is: <https://www.memorygiving.com/reverendwilliamjohndimelow>

**The next cake stall** is on Sunday, June 7<sup>th</sup> in the Garden Room after Mass. Last month's cake stall raised £62., many thanks for your support.

**Dona Machine:** Just a reminder that donations and payments can be made on the machine in the porch other than for the regular Sunday collection. Other headings include Cambodia, Church Flowers, Repository, Candles, and some second collections. However, only the main collection can be gift-aided using this machine.

**Mass Intentions:** I reported a while ago that Mass intentions were booked quite a way in advance. This is still the case with no vacant intentions now until August. Please remember to book well in advance if you would like a specific date.

**Jubilee Information:** The Diocese of East Anglia is celebrating its 50th anniversary with a year-long schedule of festivities. On Sunday, July 19, St. Walstan's will participate in the festivities with a special Mass, followed by the yearly parish barbecue and the creation of a St. Walstan's booklet. We wish to honour and celebrate the cultural history of St. Walstan's parishioners as part of these celebrations. We are a unique parish because of our diversity, and we would want to know which nations our families are from so that we can honour them in our booklet. Please fill out the form on the porch if you are comfortable sharing your cultural heritage. Thank you, Priscilla and Marcelle.

**Tickets for the Strawberry Tea** which will be held in the Garden Room on Saturday June 27<sup>th</sup>. Tickets on sale from Saturday, May 23<sup>rd</sup> until Sunday, June 21<sup>st</sup>, after all masses. Tickets are £6, all proceeds to Mary's House Appeal. Numbers are limited so purchase early.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.