

Catholic Church of Our Lady and St. Walstan

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Enlightened by revelation, we behold the fullness of God as the Blessed Trinity, as Moses spoke with him on Mount Sinai. Despite our sin, this Trinitarian life of God overflows into our communion with one another in Christ. We give praise that God sent us his Only Begotten Son, enabling us to live in the grace of this same Lord Jesus Christ, the love God our Father and the fellowship of the Holy Spirit.

Sundays Year A ~ Ordinary Time ~ Psalms Week:

Most Holy Trinity

31st May 2026

Entrance Antiphon	<i>Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.</i>	
First Reading	<i>'The Lord, the Lord, a God merciful and gracious.'</i>	Exodus 34:4b-6, 8-9
Responsorial Psalm	<i>The be praised and highly exalted for ever!</i>	Daniel 3:52,53,54,55,56
Second Reading	<i>The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit'</i>	2 Corinthians 13:11-14
Gospel Acclamation	<i>Alleluia, alleluia. Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is and who was and who is to come. Alleluia.</i>	
Gospel	<i>'God sent his Son in order that the world might be saved through him.'</i>	John 3:16-18

Saturday			6:00pm	Michael Higginbottom R.I.P.
Sunday	31st May	The Most Holy Trinity	10:30am	Peter Dixon R.I.P.
			2:00pm	Bawburgh Pilgrimage
Monday	1st June	St. Justin	9:15am	Margaret Newton R.I.P.
Tuesday	2nd June	Feria		No Mass
Wednesday	3rd June	Ss Charles Lwanga & Comps.	7:00pm	Fr. Bill Oddy R.I.P.
Thursday	4th June	Feria	9:15am	Vocations
Friday	5th June	St. Boniface	9:15am	Mass in School
Saturday	6th June	Feria	10:00am	David McWeeny R.I.P.
			6:00pm	Rosauero & Corazon Hermoso R.I.P.
Sunday	7th June	Corpus Christi	10:30am	1st Holy Communion Children

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.

Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Jenny King, Eamon McGrath, Peter King, Dorota Gobiecka-Grosz, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Sylvia Brown, Olive McGuinness, Mary Sellar, Cecil Sparkes, Alexander Scozylas, Katherine Hawkes, Gladys Broadbent, Leonard Baker, John McGuire and all whose anniversaries occur around this time.

CAFOD has a petition about the global debt crisis which is causing immense suffering for our brothers and sisters in low-income countries. Money that should be spent on healthcare and education is flowing out of countries that can least afford it. Complex factors have caused this crisis and now governments have an impossible choice between serving their people or paying their creditors. Many countries have paid their original debt back, but spiralling interest means they will never break the cycle. Cardinal Stephen from South Sudan says, "When debt repayment takes priority over essential services, the poorest suffer most." Practical solutions are available. Please sign the petition at cafod.org.uk/cancelthedebt

Cards from St Augustine's School: Children in Years One and Two at the school have made some Pentecost cards, many of which are on display in the church porch. Please spare a few minutes to look at them.

Bawburgh Pilgrimage: Our annual walking pilgrimage to St Walstan's Well in Bawburgh takes place on Sunday May 31st. If you are able to walk the four miles, please gather at St Walstan's at 2.00pm. If not, do join us at the well for a short service and a picnic at 4.00pm.

Deacon Anthony's Ordination: There are still seats available on the coach to the ordination to the priesthood of Deacon Anthony (along with Deacon Peter Ho) on Saturday July 4th. The coach will leave St Walstan's at 10.00am, allowing plenty of time to get there for the 11.30am ordination Mass. It will depart from the cathedral at 2.30pm. Please let Fr David know a.s.a.p. if you would like a seat on the coach.

Diocesan Jubilee: On Sunday, July 19, following Mass, the parish will celebrate our diocese's 50th anniversary with a BBQ and Fr. David's 70th birthday. We felt it would be entertaining to include pictures of parishioners in 1976, even if you weren't a parishioner at the time. (Yes, I am aware that many of you weren't around at the time—the pleasures of youth!) If you would like to submit a photo, please place it in the Presbytery's letterbox with your name and contact information printed on the back or on a post-it note that is attached.

Marriage Celebration Mass: all married couples in the Diocese are invited to the annual Marriage Celebration Mass on June 13, 2026, at 11.30am at the Cathedral of St John the Baptist in Norwich. Significant anniversary couples (1, 5, and every multiple of 5 years, up to 60) will receive a certificate from the Bishop. Refreshments will follow. For registration and details, visit <https://www.rcdea.org.uk/marriage-mass-registration/> or email mflcoordinator@rcdea.org.uk

St Walstan's Lectio Divina Prayer Sessions

We warmly invite you to join St Walstan's Lectio Divina sessions. The Bible is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are 7pm in the Garden room on Thursday 11th June, then 25th June, continuing fortnight.

Collections (DONA) 23rd /24th May
2nd Collection

£ 677.98 (€40)
£ 424.50
Many Thanks

Ministers of the Eucharist: All Ministers of the Eucharist will be re-commissioned at both Masses on the weekend of June 13th/14th.

A donation page has been set up in memory of Deacon Bill. The chosen charities are Parkinson's UK and St Joseph's Parish, Taken, Cambodia. The link to the page is: <https://www.memorygiving.com/reverendwilliamjohndimelow>

The next UCM meeting is on Tuesday, June 2nd in the Garden Room at 10:45. It is a favourite cookie recipe. Bring a 1 dozen cookies for tasting.

The next cake stall is on Sunday, June 7th in the Garden Room after Mass. Last month's cake stall raised £62., many thanks for your support.

Dona Machine: Just a reminder that donations and payments can be made on the machine in the porch other than for the regular Sunday collection. Other headings include Cambodia, Church Flowers, Repository, Candles, and some second collections. However, only the main collection can be gift-aided using this machine.

Mass Intentions: I reported a while ago that Mass intentions were booked quite a way in advance. This is still the case with no vacant intentions now until August. Please remember to book well in advance if you would like a specific date.

Jubilee Information: The Diocese of East Anglia is celebrating its 50th anniversary with a year-long schedule of festivities. On Sunday, July 19, St. Walstan's will participate in the festivities with a special Mass, followed by the yearly parish barbecue and the creation of a St. Walstan's booklet. We wish to honour and celebrate the cultural history of St. Walstan's parishioners as part of these celebrations. We are a unique parish because of our diversity, and we would want to know which nations our families are from so that we can honour them in our booklet. Please fill out the form on the porch if you are comfortable sharing your cultural heritage. Thank you, Priscilla and Marcelle.

Tickets for the Strawberry Tea which will be held in the Garden Room on Saturday June 27th. Tickets on sale from Saturday, May 23rd until Sunday, June 21st, after all masses. Tickets are £6, all proceeds to Mary's House Appeal. Numbers are limited so purchase early.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.