

# Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



**Parish Priest**  
**Fr. David Ward**  
 The Presbytery, Townhouse Road  
 Costessey  
 Norwich NR8 5AA  
 Tel. 01603 742812  
[David.Ward@rcdea.org.uk](mailto:David.Ward@rcdea.org.uk)

**Deacon**  
**Rev. Bill Dimelow (Retired)**  
 Crofthaven, The Croft  
 Costessey  
 Norwich NR8 5DT  
 Tel: 01603 743476  
[Bill.Dimelow@rcdea.org.uk](mailto:Bill.Dimelow@rcdea.org.uk)

**School**  
**Head Teacher: Rachel Swindell**  
 St Augustine's Catholic Primary School  
 19 West End, Costessey  
 Norwich NR8 5AG  
 Tel: 01603 743317  
[office@st-augustines.norfolk.sch.uk](mailto:office@st-augustines.norfolk.sch.uk)

*Many of us find it difficult to trust. Instead, we may feel anxious, afraid and disorientated. Yet we need only turn to Christ, who knows and loves each one of us, and leads us towards a life of abundance and flourishing. He is the good shepherd, who cares for us. Even when we have wandered away from path, he is always there to guide us.*

*Sundays Year A ~ Easter Season ~ Psalms Week: IV  
 Fourth Sunday of Easter  
 26<sup>th</sup> April 2026*

<b>Entrance Antiphon</b>	<i>The merciful love of the Lord fills the earth; by the word of the Lord the heavens were made, alleluia.</i>	
<b>First Reading</b>	<i>'God had made him both Lord and Christ.'</i>	<i>Acts 2:14a, 36-41</i>
<b>Responsorial Psalm</b>	<i>The Lord is my shepherd; there is nothing I shall want.</i>	<i>Psalm 23</i>
<b>Second Reading</b>	<i>'You have returned to the Shepherd of you souls.'</i>	<i>1 Peter 2:20b-25</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia. I am the good shepherd, says the Lord. I know my sheep and my own know me. Alleluia.</i>	
<b>Gospel</b>	<i>'I am the door of the sheep.'</i>	<i>John 10:1-10</i>

<b>Saturday</b>			<b>6:00pm</b>	<b>Gwen Fitzpatrick R.I.P.</b>
<b>Sunday</b>	<b>26<sup>th</sup> April</b>	<b>4<sup>th</sup> Sunday of Easter</b>	<b>10:30am</b>	<b>Parishioners</b>
<b>Monday</b>	<b>27<sup>th</sup> April</b>	<b>Easter Feria</b>	<b>9:15am</b>	<b>David &amp; Eileen Hogg R.I.P.</b>
<b>Tuesday</b>	<b>28<sup>th</sup> April</b>	<b>Easter Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>29<sup>th</sup> April</b>	<b>St. Catherine of Siena</b>	<b>7:00pm</b>	<b>David Hogg R.I.P.</b>
<b>Thursday</b>	<b>30<sup>th</sup> April</b>	<b>St Pius V, Pope</b>	<b>9:15am</b>	<b>Barbara Conway R.I.P</b>
<b>Friday</b>	<b>1<sup>st</sup> May</b>	<b>St Joseph the Worker</b>	<b>7:00pm</b>	<b>No Mass May Devotions</b>
<b>Saturday</b>	<b>2<sup>nd</sup> May</b>	<b>St. Athanasius</b>	<b>10:00am</b>	<b>Josephine Hunter R.I.P.</b>
			<b>6:00pm</b>	<b>Parishioners</b>
<b>Sunday</b>	<b>3<sup>rd</sup> May</b>	<b>5<sup>th</sup> Sunday of Easter</b>	<b>10:30am</b>	<b>Peter Carroll</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.  
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

**Sick and Housebound** – Please pray for Jenny King, Peter King, Dorota Gobiecka-Grosz, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

**Faithful Departed** – Please pray for Helen (Pat) Holman, Nick Fulcher, Robert Graver, Brian Finnie, Gwen Fitzpatrick, Peter McKeown, Robert Begley, Dan Ruddock, Peter Mitchell, Mark Blake, Marie Sawfoot, Michael Speake, Gwen Quinton, John Richardson, Tony and Kath Kelly, Barbara Conway, Maria O'Reilly, Michael Ramsbottom and all whose anniversaries occur around this time.

**May Devotions:** These will take place every Friday in the church at 7.00pm. They last about half-an-hour – a gentle, prayerful way to end the working week. All are welcome.

**The Chosen:** The next episode will be shown in the Garden Room at 7.30pm (after evening Mass) on Wednesday April 29<sup>th</sup>. All are welcome.

**Baptism Class:** The next class for parents wishing to have their children baptised will take place in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday May 9<sup>th</sup>. Further details available from Fr David.

**CAFOD:** Stand with Sudan. Give monthly. On the third anniversary of the war in Sudan, Kayode Akintola, CAFOD's Head of Region for Africa, asks for your help:

*"So many of our sisters and brothers in Sudan are facing increasing violence, hunger, and disease. That is why today, I'm asking you to consider setting up a monthly gift to support families who are fleeing the violence – with food, safe water and other vital support. Monthly gifts are an act of steady love for our neighbours, a way of saying: we will not abandon you, we will stand with you until peace is restored."* **Donate at [cafod.org.uk/StandWithSudan](https://cafod.org.uk/StandWithSudan)**

**Ignite Festival is back!** An invitation to ALL young people in Year 8 upwards 2nd - 4th May - Come and experience your faith in a new and dynamic way at the Ignite Festival. The weekend will include powerful talks, passionate prayer, live music, and lots of fun stuff. Check out <https://sjbcathedral.org.uk/events/ignite-festival> for more information on booking with the Cathedral group. There is transport available from Norwich. For more information on this please email Jo Graham - [stjohnfhc@gmail.com](mailto:stjohnfhc@gmail.com)

### "Head to Heart":

#### **Diocesan Retreat Day For Women 2026:**

This highly popular retreat day will take place on **Saturday 23rd May** with talks given by the sisters of the Community of Our Lady of Walsingham at their home in Dereham, Norfolk. Join us as we explore ways of growing in our relationship with Christ. The day will explore some of Saint Edith Stein's ideas of what it means to be a woman and the unity God desires to bring us to, as well as how to carry the crosses of daily life. The day will include two talks, time for discussion and fellowship, Exposition of the Blessed Sacrament, as well as a cream tea. Places are limited. Booking essential. Booking Form and all information found here:

[www.rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/](https://www.rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/)

Please direct all enquiries to [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk)

**Collections (DONA) 18<sup>th</sup> /19<sup>th</sup> April** **£586.87(£75)**  
**Many Thanks**

**The next cake stall is on Sunday**, May 3rd in the Garden Room after mass. Last month's cake stall raised £60.30. Thank you for your support.

**Tickets for the Strawberry Tea** will be on sale from Saturday, May 23rd until Sunday, June 21st, after all masses.

Tickets are £6 all proceeds to Mary's House Appeal. Numbers are limited so purchase early.

**A Day With Mary:** Sunday May 17<sup>th</sup>, starting with a procession from Walsingham village car park at 12.20pm. Further details on the poster in the church porch.

**Marriage Celebration Mass:** Bishop Peter invites all married couples in the Diocese to attend the Diocese's hugely popular annual Marriage Celebration Mass on Saturday 13th June 2026 at 11.30am at the Cathedral of St John the Baptist in Norwich. All are welcome. Those who are celebrating significant anniversaries (one year, five years and every multiple of five years thereafter, until 60 years where we celebrate each year) will receive a certificate from the Bishop. Refreshments will follow the Mass. For more details and if you would like to register please go to: <https://www.rcdea.org.uk/marriage-mass-registration/> or email [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk)

**Diocesan Pilgrimage to Walsingham:** Monday May 4<sup>th</sup>. Further details are available on the poster in the church porch.

#### **St Walstan's Lectio Divina Prayer Sessions**

All invited to join St Walstan's Lectio Divina sessions. Scripture is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are recommencing after Easter at 7pm in the Garden room on Thursday 16th April, then 30th April, continuing fortnightly.

**International Lunch:** This annual event will take place after the morning Mass on Sunday April 26<sup>th</sup>. Please bring along a savoury or sweet dish to represent your part of the world to share with others.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.