

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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As Jesus' disciples, we are called to live in purity and godliness in all things, and to detest all instances of sin. Following Christ in everything, our God-given freedom is used as God himself intended. The Spirit knows all things and rejoices with us in our hearts when we freely choose righteousness in his name.

*Sundays Year A ~ Ordinary Time ~ Psalms Week: II
 Sixth Sunday in Ordinary Time
 15th February 2026*

Entrance Antiphon	<i>Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.</i>	
First Reading	<i>'He has not commanded anyone to be ungodly.'</i>	Sirach 15:15-20
Responsorial Psalm	<i>Blessed are those who walk in the law of the Lord!</i>	Psalm 119
Second Reading	<i>'A wisdom God decreed before the ages for our glory.'</i>	1 Corinthians 2:6-10
Gospel Acclamation	<i>Alleluia, Alleluia! I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia!</i>	
Gospel	<i>'It was said to those of old; but I say to you.'</i>	Matthew 5:17:37

Saturday			6:00pm	Parishioners
Sunday	15th February	6th Sunday in Ordinary Time	10:30am	George Petrie & Deceased Family Members
Monday	16th February	Feria	9:15am	Una McWeeny R.I.P.
Tuesday	17th February	Feria		No Mass
Wednesday	18th February	Ash Wednesday	9:15am	Parishioners
			7:00pm	Andrew & Gill Waters
Thursday	19th February	Lent Feria	9:15am	Joe Bateman R.I.P.
Friday	20th February	Lent Feria		No Mass
			7:00pm	Stations of the Cross
Saturday	21st February	Lent Feria	10:00am	Mary Johnson R.I.P.
			6:00pm	Sean Hand R.I.P.
Sunday	22nd February	1st Sunday of Lent	10:30am	Parishioners

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Jenny King, David Hogg, Peter King, Dorota Gobiecka-Grosz, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Lilian Smith, Jean Love, Paul Hawketts, Thomas Barrett, Margaret Thorne, Percy Harvey, Alison Ward, Margaret Green, Bernard Lundberg, Muriel Greef and all whose anniversaries occur around this time.

Ash Wednesday: Wednesday of this week is Ash Wednesday. There will be two Masses at St Walstan's: 9.15am and 7.00pm. The imposition of ashes will take place at both Masses.

Stations of the Cross: This devotion will take place in the church every Friday in Lent at 7.00pm.

The Chosen: The next episode will be shown in the Garden Room at 7.30pm (after the evening Mass) on Wednesday February 25th.

Deacon Anthony: If anyone would like a visit from Deacon Anthony while he is staying with us please contact him on anthony.reilly@rcdea.org.uk. Please note that he is taking driving lessons at the moment so if you live more than walking distance from the church he will need a lift. Thank you.

Garden Room Library: There are a lot of books on the shelves in the Garden Room which are free for anyone to borrow. There are also a few DVDs and CDs. Please remember to return them so that they are available for others.

Spiritual Books: On one of the tables in the porch are a number of books which are free for you to take and keep.

Rachel's Vineyard: Are you or someone you know hurting from past abortion(s)? Rachel's Vineyard is a healing ministry for those who are suffering from the trauma of abortion. The healing weekends offer a supportive, confidential and non-judgemental environment where women and men can deal with painful post-abortive emotions and receive healing. The next Rachel's Vineyard retreat weekend in our diocese will take place on March 6th – 8th 2026. With booking now open and a limited number of places, it is advisable to book early. For more information about this retreat or to arrange a time to chat please contact Helen on 0772 118 2521; or send an email to suffolk@rachelvineyard.org.uk Further information about Rachel's Vineyard or to find out about other retreat dates and locations please visit: <https://www.rachelvineyard.org.uk>

Collections (DONA) 7th / 8th February £823.00 (£195)

Many Thanks

CAFOD Lent Appeal – Family Fast Day collection
This Lent, live the Gospel call to love your neighbour. By fasting and giving what you save, you can help another family put food on the table. Your donation to CAFOD can help families around the world grow food in challenging conditions. Collect a CAFOD envelope or donate online at cafod.org.uk/envelope or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.

Fr David's Email: Please use the address david.ward@rcdea.org.uk when contacting Fr David and not the old St Walstan's address. Thank you.

St Walstan's Lectio Divina Prayer Sessions

All invited to join St Walstan's Lectio Divina sessions. Scripture is inspired by God and Lectio Divina offers a way of *encountering* Scripture rather than studying it; an opportunity to listen, reflect, and rest in God's presence.

Our next session is 7pm on Thursday 19 February in the garden room, continuing to meet fortnightly thereafter.

Safeguarding Training: The diocese provides online training for parishioners who have undertaken a role in the parish which requires a DBS check. This training is easy to access, and you can complete it at your own pace. It takes approximately 60- 75 minutes to complete in total and lasts 3 years.

To access the training please go to

<https://training.catholicsafeguarding.org.uk>

There are notices regarding this in both the porch and garden room.

Up to date safeguarding guidance cards are now available for anyone who has been DBS checked, please contact Hilda Kaye if you require one.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.