

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



Parish Priest
Fr. David Ward
 The Presbytery, Townhouse Road
 Costessey
 Norwich NR8 5AA
 Tel. 01603 742812
David.Ward@rcdea.org.uk

Deacon
Rev. Bill Dimelow (Retired)
 Crofthaven, The Croft
 Costessey
 Norwich NR8 5DT
 Tel: 01603 743476
Bill.Dimelow@rcdea.org.uk

School
Head Teacher: Rachel Swindell
 St Augustine's Catholic Primary School
 19 West End, Costessey
 Norwich NR8 5AG
 Tel: 01603 743317
office@st-augustines.norfolk.sch.uk

The Transfiguration is a revelation of the glory and divinity of Our Lord, to give those present strength for the trials to come. Our Lord is exulted in dazzling light as Son of God, yet just a short time afterwards we hear Pilate say, 'Behold the Man'. We, too, should be given strength in our penances by the sight of Our Lord in the dazzling white of the Holy Eucharist.

*Sundays Year A ~ Lent Season ~ Psalms Week: II
 Second Sunday of Lent
 1st March 2026*

Entrance Antiphon	<i>Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek; Hide not your face from me.</i>	
First Reading	<i>The call of Abram, the father of the People of God.</i>	Genesis 12:1-4a
Responsorial Psalm	<i>May your merciful love be upon us, As we hope in you, O Lord.</i>	Psalm 33
Second Reading	<i>God calls and enlightens us.</i>	2 Timothy 1:8b-10
Gospel Acclamation	<i>Glory to you, O Christ, Wisdom of God the Father. From a bright cloud, the Father's voice was heard; 'This is my beloved Son, listen to him'. Glory to you, O Christ, Wisdom of God the Father.</i>	
Gospel	<i>'His face shone like the sun.'</i>	Matthew 17:1-9

Saturday			6:00pm	Parishioners
Sunday	1st March	2nd Sunday of Lent	10:30am	Alan Petrie
Monday	2nd March	Lent Feria	9:15am	Louis Borg R.I.P.
Tuesday	3rd March	Lent Feria		No Mass
Wednesday	4th March	Lent Feria	7:00pm	Raphaella Katz Silverman
Thursday	5th March	Lent Feria	9:15am	Vocations
Friday	6th March	Lent Feria	7:00pm	No Mass
				Stations of the Cross
Saturday	7th March	Lent Feria	10:00am	David McWeeny R.I.P.
			6:00pm	Parishioners
Sunday	8th March	3rd Sunday of Lent	10:30am	Fr. Simon Bishop R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Jenny King, Peter King, Dorota Gobiecka-Grosz, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Paul Grant, Kathleen Cannell, John Baker, Eileen Lynskey, Armando Mammoni, Micheline Gibson, Eugene Gaffney, Maria Gedge, Jean Riley-Budds, Beryl Hunter, David McWeeny and all whose anniversaries occur around this time.

Readers & Ministers of the Eucharist: The list is in the porch for you to sign up for Holy Week. As ever, please put your name to every service you are attending so I have a good choice when making the rota. The list will be on the noticeboard until March 15th. Thank you.

Baptism Class: The next class for parents wishing to have their children baptised will take place in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday March 14th. Further details are available from Fr David.

Saturday March 14th: Please note that there will be no confessions after Mass on this date as the First Holy Communion children will be making their first confessions.

David Hogg: The Requiem Mass for David Hogg will take place in St Walstan's Church at 1.00pm on Friday March 13th. There will be a reception afterwards in the Garden Room. David's body will be brought into church at 4.00pm on Thursday 12th.

UCM: The next cake stall is on Sunday 1st March in the Garden Room after Mass. Last month's stall raised £61. Many thanks for your support.

Next meeting of the UCM is on Tuesday 3rd March in the Garden Room at 10:45. Our Speaker is Mark W. from the Samaritan's Purse. Soup and roll afterwards – all for just £2 which includes a raffle ticket. All are welcome – even men.

And: On Tuesday 5th May we are going for lunch @ Harriet's Café & Tea Room, London Street; 11:45am for 12:00pm.

A list for names will be in the porch – if you put your name down can you please as Marguerite Wayling for a menu as all meals must be pre-ordered. All menus must be handed back by 31st March. Thanks

Rachel's Vineyard: Are you or someone you know hurting from past abortion(s)? Rachel's Vineyard is a healing ministry for those who are suffering from the trauma of abortion. The healing weekends offer a supportive, confidential and non-judgemental environment where women and men can deal with painful post-abortive emotions and receive healing. The next Rachel's Vineyard retreat weekend in our diocese will take place on March 6th – 8th 2026. With booking now open and a limited number of places, it is advisable to book early. For more information about this retreat or to arrange a time to chat please contact Helen on 0772 118 2521; or send an email to suffolk@rachelsvineyard.org.uk Further information about Rachel's Vineyard or to find out about other retreat dates and locations please visit: <https://www.rachelsvineyard.org.uk>

Collections(DONA) 21st/22nd Feb

**£681.94(£40)
Many Thanks**

Mass Intentions: As often happens, these are currently booked a long way in advance. There are a couple of dates left in May and then some from June onwards. If you require a specific date it is always best to book well in advance. Thank you.

Gift Aiders: I will shortly be claiming the tax refund on your gift aid donations made to the parish this tax year April 2025- April 2026. If your circumstances have changed and you no longer pay tax could you please let me know so that I can update my records. You should have paid tax in an amount equal to the claim. Also if you have changed your address will you please notify me at jennypiercy@sky.com.

St Walstan's Lectio Divina Prayer Sessions

All invited to join St Walstan's Lectio Divina sessions. Scripture is inspired by God and Lectio Divina offers a way of *encountering Scripture* rather than studying it; an opportunity to listen, reflect, and rest in God's presence. Our next sessions are fortnightly **7pm on Thursday 5th March and 19th March** in the **garden room**. **Then continuing to meet after Easter fortnightly from 16th April thereafter.**

CAFOD Lent Appeal – Family Fast Day collection

This Lent, live the Gospel call to love your neighbour. By fasting and giving what you save, you can help another family put food on the table. Your donation to CAFOD can help families around the world grow food in challenging conditions. Collect a CAFOD envelope or donate online at cafod.org.uk/envelope or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.

Garden Room Library: There are a lot of books on the shelves in the Garden Room which are free for anyone to borrow. There are also a few DVDs and CDs. Please remember to return them so that they are available for others.

Stations of the Cross: This devotion will take place in the church every Friday in Lent at 7.00pm.

UCM - Dates for your Diary: Saturday 27th June, Strawberry Tea in the Garden Room @ 2pm. All proceeds to charity.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.