

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



Parish Priest
Fr. David Ward
 The Presbytery, Townhouse Road
 Costessey
 Norwich NR8 5AA
 Tel. 01603 742812
David.Ward@rcdea.org.uk

Deacon
Rev. Bill Dimelow (Retired)
 Crofthaven, The Croft
 Costessey
 Norwich NR8 5DT
 Tel: 01603 743476
Bill.Dimelow@rcdea.org.uk

School
Head Teacher: Rachel Swindell
 St Augustine's Catholic Primary School
 19 West End, Costessey
 Norwich NR8 5AG
 Tel: 01603 743317
office@st-augustines.norfolk.sch.uk

Today is all about perseverance in tough times. Exodus tells us how Moses is supported when weary, to emerge victorious. The Gospel encourages us to persevere, to keep knocking, keep praying, keep 'bothering' God. He will intervene, to see justice done. Yet for all this, the Gospel ends with a strong challenge to us all: 'Ehen the Son of Man comes, will he find any faith on earth?'

*Sundays Year C ~ Ordinary Time ~ Psalms Week: IV
 29th Sunday in Ordinary Time
 19th October 2025*

Entrance Antiphon	<i>To you, I call; for you will surely heed me, O God; turn your ear to me, hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.</i>	
First Reading	<i>'Whenever Moses held up his hand, Israel prevailed.'</i>	Exodus 17:8-13
Responsorial Psalm	<i>Our help is in the name of the Lord, who made heaven and earth.</i>	Psalms 121
Second Reading	<i>'That the man of God may be complete, equipped for every good work.'</i>	2 Timothy 3:14-42
Gospel Acclamation	<i>Alleluia, Alleluia! The word of God is living and active, discerning the thoughts and intentions of the heart.. Alleluia!</i>	
Gospel	<i>'God will give justice to his elect; who cry to him.'</i>	Luke 18:1-8

Saturday				
Sunday	19th October	29th Sunday in Ordinary Time	6:00pm	Parishioners
			10:30am	Thanksgiving (S)
Monday	20th October	Feria	9:15am	Janet Smith R.I.P.
Tuesday	21st October	Feria		No Mass
Wednesday	22nd October	Feria	7:00pm	Fr. Stawomir Hermanowicz R.I.P.
Thursday	23rd October	Feria	9:15am	Paula Hughes R.I.P.
Friday	24th October	Feria		No Mass
			7:00pm	Rosary
Saturday	25th October	Feria	10:00am	Thomas Conneely R.I.P.
			6:00pm	Parishioners
Sunday	26th October	30th Sunday in Ordinary Time	10:30am	Jan Trzcinski & Family R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for Dorota Gobiecka-Grosz, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Kay Southwood, Ellie McGregor, Anne Blackburn, Raymond Read, Chris Turling, Janet Smith, Stanley Howes, Anne Watson, William Baldock, Kathleen Toye, John Fahy, Patricia Valori and all whose anniversaries occur around this time.

Diocesan Retreat Day For Women 2025 "Waiting in Hope". With talks given by the Community of Our Lady of Walsingham, this highly popular retreat day will take place on Saturday 15th November in OLEM, Cambridge. Places are limited! Booking essential! Booking Form and all information found here: www.rcdea.org.uk/east-anglia-diocese-announces-retreat-day-for-women/ Please direct all enquiries to mflcoordinator@rcdea.org.uk

Stella Maris, Regional Port Chaplain for East Anglia Ports: Stella Maris (SM) is seeking to recruit a Regional Port Chaplain who will in care for all seafarers and fishers by helping to meet their pastoral and spiritual needs. They will recruit, train and support SM staff and volunteers for the port and will maintain good relations with local parishes and the local diocese, working ecumenically with members of other Christian maritime societies. More information can be found at: <https://www.charityjob.co.uk/organisation/stella-maris>

You're Invited! The Couples for Christ – Handmaids of the Lord warmly welcomes you to our upcoming Christian Life Program, a beautiful opportunity for spiritual renewal and deeper connection with God. Program Dates: November 2. Time: 1:00 PM – 6:00 PM. Location: St. John's Cathedral. If you're a woman aged 40 and above, seeking to grow in faith and build meaningful friendships with others on the same journey, we invite you to come and be part of this life-changing experience. Let's walk together in faith, sisterhood, and love. Come and join us — your journey begins here! Contact: Lyn Taaca (07967305142)

World Mission Day is approaching, so would all Red Mission Box holders please bring their boxes in. Please see the poster in the porch for more information. New collectors are welcome.

Toy Collection: The annual toy collection for children who otherwise wouldn't receive any this Christmas will take place on the weekend of October 18th/19th. Please bring NEW AND UNWRAPPED toys and books and leave them in front of the altar. They will be taken to the Salvation Army for distribution. Thank you.

Lectio Divina prayer group.

All welcome to St Walstan's Lectio Divina prayer group. The prayer sessions run fortnightly every other **Thursday at 7pm in the Garden room.** **Future dates 23rd October, 6th and 20th November and 4th December. More dates will be added.**

Dona: Many of you will have noticed Dona machines appearing in churches and other public buildings so that people can purchase items and donate by card. Following a number of requests, we now have such a machine in the church porch.

Collections	11th /12th October	£879.74
Direct Debits for September		£2,137.50
		Many Thanks

Deanery Requiem Mass: The annual Requiem Mass for the deceased clergy of the Norwich deanery will be celebrated on Wednesday 5th November at the Cathedral, at 11am. Parishioners from across the Deanery are invited to attend this Mass, as we pray for the many priests and deacons who have served our parishes in the past.

Encore, Anyone? Tickets for Fr David's one-man show will be on sale after weekend Masses, priced at £10 adult and £5 children. Family tickets are also available. The show, in aid of our twin parish of Taken and Let the Children Live, will take place in St Augustine's school hall at 7.00pm on Friday November 7th.

Annual Mission Appeal: A priest from the Spiritans (Holy Ghost Fathers) will be making the appeal at both Masses on the weekend of October 25th/26th.

Blessing of the Graves: This annual event will take place at the end of the 6.00pm Mass on Saturday November 1st.

Baptism Class: The next class for parents wishing to have their children baptised will take place in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday November 1st. Further details are available from Fr David.

The Chosen: The next episode of this wonderful series will be shown in the Garden Room at 7.30pm (after evening Mass) on Wednesday October 22nd. All welcome.

Baptism at Mass: There will be a baptism during the 10.30am Mass on Sunday October 19th.

Rosary: October is the month of the rosary so we will meet in the church to pray five decades every Friday evening during this month at 7.00pm.

Dona: Many of you will have noticed Dona machines appearing in churches and other public buildings so that people can purchase items and donate by card. Following a number of requests, we now have such a machine in the church porch.