

# Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



**Parish Priest**  
**Fr. David Ward**  
 The Presbytery, Townhouse Road  
 Costessey  
 Norwich NR8 5AA  
 Tel. 01603 742812  
[David.Ward@rcdea.org.uk](mailto:David.Ward@rcdea.org.uk)

**Deacon**  
**Rev. Bill Dimelow (Retired)**  
 Crofthaven, The Croft  
 Costessey  
 Norwich NR8 5DT  
 Tel: 01603 743476  
[Bill.Dimelow@rcdea.org.uk](mailto:Bill.Dimelow@rcdea.org.uk)

**School**  
**Head Teacher: Rachel Swindell**  
 St Augustine's Catholic Primary School  
 19 West End, Costessey  
 Norwich NR8 5AG  
 Tel: 01603 743317  
[office@st-augustines.norfolk.sch.uk](mailto:office@st-augustines.norfolk.sch.uk)

*We see joy and sorrow as the Lord enters Jerusalem with cries of 'Hosanna', and then hears cries of 'Let him be crucified' from the crowd. Every Holy Week is an opportunity to deepen our love for God, and be reminded of the lengths that he goes to both in showing us his love and giving us the means by which we love him. We must not waste this.*

*Sundays Year C ~ Holy Week ~ Psalms Week: V*

**Palm Sunday**  
**13<sup>th</sup> April 2025**

<b>Entrance Antiphon</b>	<b><i>Hosanna to the Son of David; blessed is he who comes in the name of the Lord The King of Israel. Hosanna in the highest</i></b>	
<b>First Reading</b>	<b><i>'I hid not my face from disgrace, and I know that I shall not be put to shame'.</i></b>	<b><i>Isaiah 50: 4-7</i></b>
<b>Responsorial Psalm</b>	<b><i>My God, my God, why have you forsaken me?</i></b>	<b><i>Psalm 22</i></b>
<b>Second Reading</b>	<b><i>'He humbled himself; therefore God has highly exalted him'.</i></b>	<b><i>Philippians 2: 6-11</i></b>
<b>Gospel Acclamation</b>	<b><i>Praise to you, O Christ, King of eternal glory.                  Christ became for us obedient to the point of death, even death on a cross.                  Therefore, God has highly exalted him and bestowed on him the name that is above every name.                  Praise to you, O Christ, King of eternal glory.</i></b>	
<b>Gospel</b>	<b><i>The passion of our Lord Jesus Christ'</i></b>	<b><i>Luke 22: 14-23:56</i></b>

<b>Saturday</b>			<b>6:00pm</b>	<b>Parishioners</b>
<b>Sunday</b>	<b>13<sup>th</sup> April</b>	<b>Palm Sunday</b>	<b>10:30am</b>	<b>Leslie &amp; Mary Stowers</b>
<b>Monday</b>	<b>14<sup>th</sup> April</b>	<b>Monday of Holy Week</b>	<b>9:15am</b>	<b>Fredrick Blick R.I.P.</b>
<b>Tuesday</b>	<b>15<sup>th</sup> April</b>	<b>Tuesday of Holy Week</b>	<b>11:30am</b>	<b>Chrism Mass (Cathedral)</b>
<b>Wednesday</b>	<b>16<sup>th</sup> April</b>	<b>Wednesday of Holy Week</b>	<b>7:00pm</b>	<b>Derek Newton R.I.P.</b>
<b>Thursday</b>	<b>17<sup>th</sup> April</b>	<b>Maundy Thursday</b>	<b>7:30pm</b>	<b>Mass of the Lord's Supper</b>
<b>Friday</b>	<b>18<sup>th</sup> April</b>	<b>Good Friday</b>	<b>10:30am</b>	<b>Walk of Witness</b>
			<b>3:00pm</b>	<b>Passion of the Lord</b>
			<b>7:00pm</b>	<b>Mater Desolata</b>
<b>Saturday</b>	<b>19<sup>th</sup> April</b>	<b>Holy Saturday</b>	<b>8:30pm</b>	<b>Easter Vigil (Parishioners)</b>
<b>Sunday</b>	<b>20<sup>th</sup> April</b>	<b>Easter Sunday</b>	<b>10:30am</b>	<b>Gwen Fitzpatrick R.I.P.</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.  
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

**Sick and Housebound** – Please pray for, Deirdre Mohan, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Gerry Watt, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

**Faithful Departed** – Please pray for Bernard Lambe, Bridie Hart, Maeve O'Donnell, Mariangela Mitchell, Claire O'Halloran, Sheila Woods, Derek Newton, Hazel Hart and all whose anniversaries occur around this time,

### CAFOD Myanmar Earthquake Appeal

Following the devastating earthquake in Myanmar, CAFOD is responding through the Catholic Church there to support families affected by the disaster. Your donations will provide essentials like water, food, solar lights, and mosquito nets. Please give to CAFOD's Myanmar Earthquake Appeal in church or you can donate online at [cafod.org.uk/myanmar](http://cafod.org.uk/myanmar) or by calling 0303 303 3030. You can also text

**Mater Desolata:** In place of Stations of the Cross on Good Friday evening at 7.00pm Fr David will lead the Mater Desolata, a journey from Christ's tomb back into Jerusalem accompanying Mary as she remembers what occurred at each of the stations. EARTHQUAKE to 70450 to donate £10.

**The Chosen:** During the parish mission, Sr Camilla strongly recommended that we watch the series about Our Lord called 'The Chosen'. I have obtained a copy of this and thought we could gather in the Garden Room to watch an episode or two each month. The first few meetings will be on Wednesday evenings at 7.30pm (after the evening Mass) on the following dates: May 28, June 25, July 23, August 27, September 24, October 22 and November 26.

**Mission Comment Box:** At the recent parish AGM it was agreed that a box should be placed in the porch for everyone to write a short comment on what the parish mission meant to them, and particularly how the COLW sisters helped, so that we can send these to the Bishop along with a covering letter from the parish. The box will be in place until the Easter weekend.

**Parish Mission:** A meeting to look at the way forward following our very successful parish mission will be held in the Garden Room at 7.30pm (after the evening Mass) on Wednesday May 7<sup>th</sup>. Some of the COLW sisters will be joining us to answer any questions that may have arisen following the mission. If you are unable to attend the meeting, please send any questions, comments or ideas to Fr David.

**Marriage Celebration Mass:** Bishop Peter invites all married couples in the Diocese to attend the annual Marriage Celebration Mass on Saturday 14<sup>th</sup> June at 11.30am at the Cathedral of St John the Baptist in Norwich. All are welcome! Those who are celebrating significant anniversaries (one year, five years and every multiple of five years thereafter, until 60 years where we celebrate each year thereafter) will receive a certificate from the Bishop. Refreshments will follow the Mass. For more details and if you would like to register please go to: <https://www.rcdea.org.uk/marriage-mass-registration/> Please direct all questions to the Marriage and Family Life Coordinator: [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk)

**Ignite Festival - Help Needed:** We already have over 300 young people coming to the Ignite Festival (held in Bury St. Edmunds) and bookings are still open! As numbers are higher than we were expecting, we are appealing for people to help with night stewarding, through the night (or some of it) on 3<sup>rd</sup> and 4<sup>th</sup> May. You need to have a DBS done by the Diocese of East Anglia or a Catholic School in East Anglia. Please email Hamish on [dys@rcdea.org.uk](mailto:dys@rcdea.org.uk) if you are interested in serving our young people in this way. Many thanks.

**Diocesan Pilgrimage to Walsingham:** Monday May 5<sup>th</sup>. See the poster in the porch or Garden Room for more details.

Collection	5 <sup>th</sup> / 6 <sup>th</sup> April	Cash	£265.60
		Envelopes	£377.00

**Retiring Collection for CAFOD Myanmar Earthquake Appeal**

**£638.30**  
**Many Thanks**

**Blessing of Food:** This Polish custom will take place in the church at 11.15am on Holy Saturday, April 19<sup>th</sup>.

**The UCM:** Lunch on Tuesday 6<sup>th</sup> May at the Deep Blue (Fish & Chips Restaurant), Drayton High Road @ 12:00pm. If you would like to join us, can you please put your name down on the list in the porch? Date for your diary: 21<sup>st</sup> June - Strawberry Tea in the Garden Room from 2pm to 4pm. Tickets £5 (on sale end of May) in aid of our charity – Samaritan's Purse.

**Diocesan Safeguarding:** New appointments have been made since the Year Book was published so every parish has been asked to include details in their newsletter so that everyone has the most up-to-date information. Please keep these details somewhere safe in case you need them. Safeguarding Coordinator: Liam Sainsbury, Tel 07931952626, [safeguarding.coordinator@rcdea.org.uk](mailto:safeguarding.coordinator@rcdea.org.uk), [liam.sainsbury@rcdea.org.uk](mailto:liam.sainsbury@rcdea.org.uk). Safeguarding Administrator: Donna Wright, Tel 07931952628, [safeguarding.administrator@rcdea.org.uk](mailto:safeguarding.administrator@rcdea.org.uk), [donna.wright@rcdea.org.uk](mailto:donna.wright@rcdea.org.uk).

**Chrism Mass:** This annual celebration, during which the oils to be used in the sacraments throughout the coming year are blessed and consecrated, takes place at St John the Baptist Cathedral on the Tuesday of Holy Week, April 15<sup>th</sup>, at 11.30am.

**Walk of Witness:** Good Friday (April 18<sup>th</sup>) Starting from the Costessey Centre at 10.30am and walking to the Baptist church on The Street for an ecumenical service. All are encouraged to attend.

**Youth Meeting:** The next meeting of our lively youth group (teenage years, give or take a couple of years) will take place in the Garden Room on Thursday April 24<sup>th</sup>, 6.00-7.30pm. We hope to have members of the diocesan Ignite team to lead this session.

**The Friends of St Augustine's (FOSA)** are going to be holding a summer fete this year on **Saturday 5<sup>th</sup> July** between 12-4pm. It would be amazing for members of the parish to come along to the event too!

Also, if any parishioners would like to volunteer to help at the event. This could be making teas and coffee or helping on a stall etc., please contact Sarah Bird FOSA Chair on [thompsonsarah1989@gmail.com](mailto:thompsonsarah1989@gmail.com)

**International Lunch:** Sunday May 4<sup>th</sup>, after the 10.30am Mass. Please bring some food representing your country, or part of the country, to the Garden Room and enjoy a varied lunch with other parishioners.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.