

Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



Parish Priest
Fr. David Ward
 The Presbytery, Townhouse Road
 Costessey
 Norwich NR8 5AA
 Tel. 01603 742812
David.Ward@rcdea.org.uk

Deacon
Rev. Bill Dimelow (Retired)
 Crofthaven, The Croft
 Costessey
 Norwich NR8 5DT
 Tel: 01603 743476
Bill.Dimelow@rcdea.org.uk

School
Head Teacher: Rachel Swindell
 St Augustine's Catholic Primary School
 19 West End, Costessey
 Norwich NR8 5AG
 Tel: 01603 743317
office@st-augustines.norfolk.sch.uk

God reveals his glory on a mountain and his compassion too, announcing that he had heard the cry of his people. The parable Jesus tells is a warning: we must be compassionate, produce the fruits of charity while we still have time; this Lent is the time we have been given for good works, for prayer, for almsgiving.

Sundays Year C ~ Lent Season ~ Psalms Week: III
Third Sunday of Lent
 23rd March 2025

Entrance Antiphon	<i>My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and pure.</i>	
First Reading	<i>"I AM" has sent me to you'.</i>	Exodus 3:1-8a, 13-15
Responsorial Psalm	<i>The Lord is compassionate and gracious.</i>	Psalm 103
Second Reading	<i>The way of life of the people with Moses in the desert was written down for our instruction.</i>	1 Corinthians 10:1-6, 10-12
Gospel Acclamation	<i>Glory to you, O Christ, you are the Word of God. Repent says the Lord, For the kingdom of heaven is at hand. Glory to you, O Christ, you are the Word of God.</i>	
Gospel	<i>'Unless you repent, you will all likewise perish.'</i>	Luke 13: 1-9

Saturday			6:00pm	Parishioners
Sunday	23rd March	3rd Sunday of Lent	10:30am	Cecil & Daphne Sparkes R.I.P.
Monday	24th March	Lent Feria	9:15am	Beatrice Robinson R.I.P.
Tuesday	25th March	Annunciation of the Lord		No Mass
Wednesday	26th March	Lent Feria	7:00pm	Margaret Newton R.I.P.
Thursday	27th March	Lent Feria	9:15am	Janet Smith R.I.P.
Friday	28th March	Lent Feria	4:00pm 7:00pm	Exposition of the Blessed Sacrament Stations of the Cross
Saturday	29th March	Lent Feria	10:00am 6:00pm	Concetta Borg R.I.P. Rosauro & Corazon Hermoso R.I.P.
Sunday	30th March	4th Sunday of Lent	10:30am	Margaret Buck R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

Sick and Housebound – Please pray for, Deirdre Mohan, Peter Bevis, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClosky, Gerry Watt, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

Faithful Departed – Please pray for Vivienne Mallett, Beatrix Robinson, Silvia Bardwell, Veronica Seddon, Mary Cousins, Sheila Aquilina Teresa Wilson, Terence Ryan, Catherine Harper and all whose anniversaries occur around this time,

Parish AGM: Wednesday March 26th, 7.30pm (after the evening Mass), in the Garden Room. All parishioners are welcome, and indeed encouraged, to attend. We will be electing four members to the council so you will need to be present if you wish to vote. This is also a great opportunity to find out what goes on in your parish. Tea and coffee will be available.

The next UCM meeting is on Tuesday, April 1st in the Garden Room at 10:45. Our speaker is Mrs. T. Gamble on 2 years as a Voluntary missionary in Uganda' All are welcome.

The next cake stall is on Sunday, April 6th in the Garden Room after Mass. Last month's cake stall raised £61, many thanks for your support

The UCM: Lunch on Tuesday 6th May at the Deep Blue (Fish & Chips Restaurant), Drayton High Road @ 12:00pm. If you would like to join us, can you please put your name down on the list in the porch? Date for your diary: 21st June - Strawberry Tea in the Garden Room from 2pm to 4pm. Tickets £5 (on sale end of May) in aid of our charity – Samaritan's Purse.

Youth Meeting: The next meeting of our lively youth group (teenage years, give or take a couple of years) will take place in the Garden Room on Thursday April 24th, 6.00-7.30pm. We hope to have members of the diocesan Ignite team to lead this session.

Parish Mission: A meeting to look at the way forward following our very successful parish mission will be held in the Garden Room at 7.30pm (after the evening Mass) on Wednesday May 7th. Some of the COLW sisters will be joining us to answer any questions that may have arisen following the mission.

Fr David's Homilies: Following the recent homily on the Sacrament of Reconciliation it has been suggested that there may be other topics parishioners would like Fr David to speak about at Mass. Please let him know by dropping a note in at the Presbytery or emailing him at david.ward@rcdea.org.uk.

Holy Week Rota: Readers and Ministers of the Eucharist please PRINT your names on the list in the porch for any Masses you will be attending from Palm Sunday to Easter Sunday so Fr David can make a rota. Ministers of the Eucharist should indicate whether they wish to distribute hosts (H) or chalice (C). Please add your names by Sunday March 30th. Thank you.

DVD Evenings: We usually hold these in June but, following on from the parish mission, it has been decided instead this year to start watching the series called 'The Chosen', recommended by the COLW sisters. We will probably meet once a month, days and times to be announced soon.

Inviting ALL young people in Year 8 upwards to the Ignite Festival 3rd – 4th May

Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 5th. See www.ignitefestival.co.uk for more information. Book before March 30th for Early Bird Price!

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.

Collection	15th /16th March	£690.60
	2nd Collection – CAFOD	£627.72
		Many Thanks

Friday March 28th: As part of our celebration of the Jubilee Year there will be Exposition of the Blessed Sacrament from 4.00-6.30pm on Friday March 28th, ending in time for Stations of the Cross at 7.00pm.

Deanery Station Mass: Thursday, April 3rd, at the cathedral. Exposition and confessions from 6.00pm, Mass at 7.00pm, followed by refreshments. Please come along and join parishioners from throughout our deanery for this annual Lenten celebration.

Journey in Faith: The next meeting will be on Thursday of this week, March 27th, 7.00pm, in the Garden Room. This week's topic is Catholic Specialities.

Lent Lunch: We will be hosting the last of the inter-Church Lent Lunches next Saturday, March 29th, 12 noon-2.00pm, in the Garden Room. All proceeds go to Christian Aid.

NO BEDDING PLANTS: I am sorry but I am unable to grow any flowering plants this year. Pauline.

Red Missio Boxes: Can all collectors please bring their boxes in so all the cash can be banked. Also for existing and new missionaries, direct debit forms are in the porch.
Mark Knight

Assisted Suicide Bill – Cardinal Nichols has said:

"I believe it is deeply irresponsible of any government to allow a change of this magnitude to be carried out without due, proper, government-supported parliamentary process". He added: "I think what's happening, if it came to pass, would be the biggest change that this country has seen for many, many decades at least, probably more. On the back of what – five, six, seven hours' debate?"

"I was told that the fox hunting bill [in 2004] endured 700 hours of debate."

Despite these concerns, he hoped that the bill could still be defeated as it makes its way through the Houses of Parliament: "I don't think that story's over yet."

The Hunting Act 2004 passed after 700 hours of parliamentary debate and a government inquiry – the Terminally Ill Adults (End of Life) bill, passed on November 29 by 330 to 275 last year after five hours of debate.

Please write to your MP to urge them to vote against the Bill.

Stations of the Cross: Every Friday evening during Lent, 7.00pm, in the church. Please come and join us for this traditional Lenten devotion.

The Friends of St Augustine's (FOSA) are going to be holding a summer fete this year on **Saturday 5th July** between 12-4pm. It would be amazing for members of the parish to come along to the event too!

Also, if any parishioners would like to volunteer to help at the event. This could be making teas and coffee or helping on a stall etc., please contact Sarah Bird FOSA Chair on thompsonsarah1989@gmail.com