

# Catholic Church of Our Lady and St. Walstan

Website: <http://www.stwalstans.com>



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*When Moses spoke to the people of Israel, they listened, and they have not forgotten the things the Lord did for them. Our vocation is to be the people of God, and in the Gospel, we see Jesus rejecting earthly power and the desire to dominate; like Moses, he will lead us to the Promised Land and free us from slavery to sin. We need to renounce our desires for power.*

*Sundays Year C ~ Lent Season ~ Psalms Week: I*

*First Sunday of Lent*

*9<sup>th</sup> March 2025*

<b>Entrance Antiphon</b>	<i>When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.</i>	
<b>First Reading</b>	<i>The confession of faith of the chosen people.</i>	<b>Deuteronomy 26:4-10</b>
<b>Responsorial Psalm</b>	<i>Be with me, o Lord, in my distress.</i>	<b>Psalm 91</b>
<b>Second Reading</b>	<i>The confession of faith of believers in Christ.</i>	<b>Romans 10:8-13</b>
<b>Gospel Acclamation</b>	<i>Glory and praise to you, O Christ. One does not live by bread alone, but by every work that comes forth from the mouth of God.. Glory and praise to you, O Christ.</i>	
<b>Gospel</b>	<i>'Jesus was led by the Spirit in the wilderness and tempted by the devil.'</i>	<b>Luke 4:1-13</b>

<b>Saturday</b>			<b>6:00pm</b>	<b>Johnny Guerin R.I.P.</b>
<b>Sunday</b>	<b>9<sup>th</sup> March</b>	<b>1<sup>st</sup> Sunday of Lent</b>	<b>10:30am</b>	<b>Parishioners.</b>
<b>Monday</b>	<b>10<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>9:15am</b>	<b>Tony Gillespie R.I.P.</b>
<b>Tuesday</b>	<b>11<sup>th</sup> March</b>	<b>Lent Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>12<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>7:00pm</b>	<b>Stephen Agius R.I.P.</b>
<b>Thursday</b>	<b>13<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>9:15am</b>	<b>Janet Smith R.I.P.</b>
<b>Friday</b>	<b>14<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>9:30am</b>	<b>Mass in School</b>
			<b>7:00pm</b>	<b>Stations of the Cross</b>
<b>Saturday</b>	<b>15<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>10:00am</b>	<b>Parishioners</b>
			<b>6:00pm</b>	<b>Peter Legge R.I.P.</b>
<b>Sunday</b>	<b>16<sup>th</sup> March</b>	<b>2<sup>nd</sup> Sunday of Lent</b>	<b>10:30am</b>	<b>Jennie &amp; Tony Howes</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm.  
 Exposition of the Blessed Sacrament every Thursday after the morning Mass.

**Sick and Housebound** – Please pray for Peter Bevis, Cecilia King, Patricia Paul, Christopher Sharples, Peter King, Joseph Mitton, Geoff Routs, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany and Marcia Jenkin.

**Faithful Departed** – Please pray for Rose Graves, Jean O'Sullivan, Gerald Pond, Janet Barnes, Joseph Delaney, Michael Dineen, Mollie Gooch, Verdon Thrower, Maureen Coleman, Stephen Agius, Diana Mair, Hazel Emmerson, Edith Judge, Gladys Nash, Arthur Paston, Elizabeth Whiff, Winifred Baldwin, Elsie Smith, Mary King, Kathleen Healy, Ada Melton, Natalia Welch, Valerie Ramsbottom, Frederick King, Millie Clark, Edmund Cooper, Bertha Wilby, David White, Winifred Barnes, Adriano Zagalia and all whose anniversaries occur around this time,

*“Give something, however small, to the one in need, for it is not small to one who has nothing. Neither is it small to God if we have given what we could.”*

*St. Gregory Nazianzen*

**Lent Lunches:** These will take place from 12 noon to 2.00pm at the following churches on the Saturdays mentioned: March 22<sup>nd</sup>, Baptist Church, The Street; March 29<sup>th</sup>, St Walstan’s.

**Stations of the Cross:** Every Friday evening during Lent, 7.00pm, in the church. Please come and join us for this traditional Lenten devotion.

**Baptism Class:** The next class for parents wishing to have their children baptised will take place on Saturday March 15<sup>th</sup>, 3.30-4.30pm, in the Presbytery (behind the church). Please see Fr David for further details.

**Vacancy for:** Diocese of East Anglia, Director of Schools Service. Please see website for more details: <https://www.rcdea.org.uk/vacancies/>

**Gift Aiders:** I will shortly be claiming tax on your gift aid donations made to the parish this tax year April 2024 - April 2025. If your circumstances have changed and you no longer pay tax could you please let me know so that I can update my records. You should be paying tax in an amount equal to the claim. Also if you have changed your address will you please notify me at [jennypercysky.com](mailto:jennypercysky.com)

**Walk With Me:** Once again we have this very useful Lenten booklet on sale in the porch priced at £1.00. It contains daily reflections and prayers for the season of Lent.

#### **CAFOD Lent Appeal – Family Fast Day collection**

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You’ll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope) or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10. Include this QR code to take supporters straight to CAFOD’s virtual envelope where they can make their donation.

**Assisted Suicide Bill:** The bishops are urging us to keep writing to our MPs to strongly voice our opposition to this bill. There will be a pastoral letter from the bishops of England and Wales on this topic in a few weeks’ time.

**Mobility scooter** in new condition for sale. For more information call Marcelle on: 07766595517.

Items for the newsletter may be left at the presbytery (marked clearly “for newsletter” along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.

**Collection** 1<sup>st</sup> /2<sup>nd</sup> March

**£ 696.20**  
**Many Thanks**

**Inviting ALL young people in Year 8 upwards to the Ignite Festival 3<sup>rd</sup> – 4<sup>th</sup> May:** Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 5<sup>th</sup>. See [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk) for more information.

**Journey in Faith:** The next meeting is this Thursday evening, March 13<sup>th</sup>, 7.00pm, in the Garden Room. This week’s topic is the Creed.

#### **Join CAFOD's Big Lent Walk in the Jubilee Year**

You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope. Sign up here: <https://walk.cafod.org.uk/>

**The Friends of St Augustine's (FOSA)** are going to be holding a summer fete this year on **Saturday 5th July** between 12-4pm. It would be amazing for members of the parish to come along to the event too! Also if any parishioners would like to volunteer to help at the event. This could be making teas and coffee or helping on a stall etc., please contact Sarah Bird FOSA Chair on [thompsonsarah1989@gmail.com](mailto:thompsonsarah1989@gmail.com)

*"Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that real poverty hurts: no self-denial is real without this dimension of penance. I distrust a charity that costs nothing and does not hurt."*

*Pope Francis*