

Costessey Parish Mission *Pilgrims of Hope*

Saturday 8th February - Sunday 16th February

Fr David and the Community of Our Lady of Walsingham warmly invite you to take part in the Parish Mission entitled 'Be Renewed in Hope.' This mission will help you to deepen your relationship with God and uncover more the great joy and peace that can be found when you put him at the centre of your daily life. Space for discussion, questions and practical tools for sharing the faith will be provided along with resources for you to take away and reflect upon. The sisters will also be visiting the sick and housebound, offering accompaniment and spending some time with the children in St Augustine's Primary School.

Who are the Community of Our Lady of Walsingham?

The Community of Our Lady of Walsingham (COLW - pronounced colway for short) are a new community based at their convent in Dereham. They are an Ecclesial Family meaning their community is made up of religious sisters, a lay branch, priest associates and, in the future, religious brothers and priests. Their charism as a community is to spread the spirituality of Walsingham, the joy which comes from giving one's 'yes' to God as Mary did.

Who is this retreat for?

You! No matter how much you feel you know about your faith, wherever you are in your journey and relationship with God, you are welcome to come along and find out more. It doesn't matter how much or little you know, what matters is an openness to hear the Holy Spirit speaking to you in a deeply personal way.

Do I have to attend all the talks and events?

No, you are most welcome to attend what you can, even if it is only one of the talks.

I work on weekdays, but still want to participate, what do you recommend?

We appreciate many people have busy schedules and so, on most days, we will be running the same talk twice at different times. So if you can't make the morning session, for example, you can come along to the one in the evening or vice versa. We will also have a retreat day on Saturday and if you can't make the whole day just come along for what you can.

How much will it cost?

Nothing! But donations are always welcome to help cover costs and the sisters will be bringing along some items to sell including an All Saints Pick 'n' Mix!

Will there be anything available for children?

For young people there will be a social from 2pm - 4pm in the Garden Room on Sunday 9th. On Saturday 15th we will be having our Retreat Day which will include parallel activities and sessions for any children. Children can come along to the talks and we will provide simple activities sheets for them, but please be aware that they will ultimately be your responsibility during these times.

Can I help out in any way?

Yes please! It would be good to have some refreshments available with teas and coffees so if you are able to bake something to share with the group that would be fantastic. We will also need a variety of dishes for the bring-and-share on Sunday 16th. Drop us an email at mission@walsinghamcommunity.org or call **01362 692574** to let us know what you can do. Or let us know when you see us!

Costessey Parish Mission: *Pilgrims of Hope*

Saturday 8th

6pm Vigil Mass followed by teas and coffees.

Sunday 9th

10:30am Mass followed by tea, coffee and cake with the Community of Our Lady of Walsingham (COLW)

2pm – 4pm Food and fun for young people in the Garden Room!

Monday 10th

9:00am Morning Prayer and **9:15am** Mass followed by Adoration

11am – 12:30pm Talk & sharing

7pm – 8:30pm Repeat session concluding with Night Prayer

Tuesday 11th

9:00am Morning Prayer and **9:15am** Mass followed by Adoration

11am – 12:30pm Talk & sharing

7pm – 8:30pm Repeat session concluding with Night Prayer

Wednesday 12th

10am Adoration **11am – 12:30am** Talk & sharing

6pm Confessions **6:45pm** Evening Prayer and **7pm** Mass

7:30pm – 9pm Repeat session concluding with Night Prayer

Thursday 13th

9:00am Morning Prayer and **9:15am** Mass followed by Adoration

11am – 12:30pm Talk & sharing

7pm – 8:30pm Repeat session concluding with Night Prayer

Friday 14th

9:30am Mass at St Augustine's Primary School **10:30am** Adoration in the Church

11:30am Talk & sharing **1pm** Soup and sandwiches (soup provided)

Divine Mercy Evening

7pm – 8:30pm Talk, Adoration, music, confessions and prayer ministry (drop in and out as your time permits)

Saturday 15th

Retreat Day for All!

10am Mass

11am – 4pm Retreat Day with talks, sharing and discussions. Please bring a packed lunch, teas, coffees and cake provided. Parallel activities for children and young people available.

6pm Vigil Mass.

Sunday 16th

10:30am Mass followed by bring-and-share and Parish Quiz.