

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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Why are you so frightened?

Fear plays too large a part in our lives. Love casts out fear, and God's love endures for ever. Fear may be due to a lack of faith that God really cares for us. Christ may seem to be asleep, but he is with us always, and has the power to calm even the stormiest troubles of our lives.

Sundays Year B ~ Ordinary Times ~ Psalms Week IV
Twelfth Sunday in Ordinary Times
 23rd June 2024

Entrance Antiphon	<i>The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.</i>	
First Reading	<i>From the heart of the tempest the Lord gives Job his answer.</i>	Job 38:1,8-11
Responsorial Psalm	<i>O give thanks to the Lord, for his love endures for ever.</i>	Psalm 106
Second Reading	<i>We do not judge anyone by the standards of the flesh.</i>	2 Corinthians 5:14-17
Gospel Acclamation	<i>Alleluia, Alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!</i>	
Gospel	<i>'Even the wind and the sea obey him'.</i>	Mark 4:35-41

Saturday			6:00pm	Stephen Agius R.I.P.
Sunday	23rd June	12th Sunday in Ordinary Time	10:30am	Peter Dixon R.I.P.
Monday	24th June	Nativity of St. John the Baptist	9:15am	Eileen Hogg R.I.P.
Tuesday	25th June	Feria		No Mass
Wednesday	26th June	Dedication of the Cathedral	7:00pm	Fr. Michael Daley R.I.P.
Thursday	27th June	Feria	9:15am	Stephen Agius R.I.P.
Friday	28th June	St. Ireneaus		No Mass
Saturday	29th June	Feria	10:00am	Fr. John McCollough R.I.P.
			6:00pm	William Cornelio & Levita Rodrigues R.I.P.
Sunday	30th June	Ss Peter & Paul	10:30am	Parishioners

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Geoff Routs, Eamon McGrath, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, and Marcia Jenkin.

Faithful Departed – Please pray for Ada Brown, Rosemary Anderson, Mollie Savage, Fred Stocks, Winifred Thirkettle, Raymond Taylor, Eric "Chum" Chamberlin, William Naughton, Doris Woodyard, Bernardette Cinnamon and all whose anniversaries occur around this time.

The more a man uses moderation in his life, the more he is at peace, for he is not full of cares for many things. St Anthony the Great

Launch of the Friends of St Francis: Families and individuals interested in Saint Francis are welcome to join secular Franciscans on Sunday 23rd June from 12.30pm – 2.00pm at St. John's Cathedral for a bring your own family picnic. There will be some children's activities. For anyone who wants to join us, we will then walk to Mother Julian's Shrine, returning to St. John's for Vespers and Mass. We would like any suggestions on how we might care better for our community.

Men's Day Retreat - CALLED TO SERVE: Saturday 6th July 2024, Catholic National Shrine of Our Lady of Walsingham. Join Fr Sean Connolly and a group of Catholic men from the Diocese of East Anglia as we discuss and reflect on our mission of service to our family, our parish and wider community. Includes confession, Mass, Holy Mile and Rosary as well as talks and discussion. Please bring your own packed lunch. Tea, coffee, refreshments included. Cost for the day is £12.50. Booking can be found on EventBrite, or email Marriage and Family Coordinator on mflcoordinator@rcdea.org.uk. [Booking Link Here](#).

Church cleaner required...

Is there anyone attending Our Lady and St. Walstan's church who is able to help with cleaning our lovely church. If you would like to join a team, you would only have to help six times a year maximum.

Please contact me Kathleen Easter
email kathleaster@btinternet.com or 01603 745588
Many thanks

Bereavement Leaflet: If you or someone you know has been bereaved you may like to pick up from the porch one of the leaflets produced by our parish bereavement group. It contains contact details of several agencies that can help along with the phone numbers of parishioners who will be happy for you to get in touch and talk.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

Collection **15th /16th June** **£ 723.30**
Many Thanks

Young People's Games Night: Thursday July 4th, 6.00 to 7.30pm in the Garden Room (and, hopefully, the garden). All teenagers, give or take a year or two, are welcome to attend. Please bring a couple of games and some friends.

Baptism Class: The next class for parents wishing to have their children baptised will take place in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday July 6th. More details available from Fr David.

Parish Barbecue: After the morning Mass on Sunday July 14th in the Garden Room and church grounds. No charge, but please bring a salad or dessert to share. All welcome.

The plants sale raised £300; all money will go to Cambodia...thanks to all who contributed in any way or form.

Confirmations 2025: Registration is now open for next year's confirmation classes. As usual, the classes will take place at the cathedral but the confirmation Mass will be at St Walstan's. The link to the online registration form is - <https://www.sjbcathedral.org.uk/registration-for-the-first-holy-communion-and-confirmation-programmes-2024-25-is-now-open/>

Parish Mission: The Community of Our Lady of Walsingham will be leading a parish mission from February 9th to 16th next year. As part of the preparation they will be speaking at both weekend Masses on November 16th/17th and also leading a parish meeting in the Garden Room at 6.30pm on Friday November 29th to give parishioners a chance to say what they would like from the mission.

DVD Evenings: These will take place in the Garden Room at 7.00pm on the Thursdays of June. This year's series is called 'The Joy of Hope' and is based on the Book of Revelation, beautifully filmed on the island of Patmos where St John had his vision. All welcome to join us – in the Garden Room, that is, not on Patmos...