

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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## *The mustard seed.*

*The mustard seed is tiny, yet when it grows in good soil, it becomes a large shrub, to which birds can come to find shelter to build their nests. The kingdom of God is like a tiny seed within us, yet if we allow it to grow by doing things that are pleasing to God, then people will see that we are truly witness to Christ. God who gives the increase, for which we give thanks.*

*Sundays Year B ~ Ordinary Times ~ Psalms Week III*

*Eleventh Sunday in Ordinary Times*

*16<sup>th</sup> June 2024*

<b>Entrance Antiphon</b>	<i>O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!</i>	
<b>First Reading</b>	<i>I will plant a shoot on the high mountain of Israel.</i>	<i>Ezekiel 17:22-24</i>
<b>Responsorial Psalm</b>	<i>It is good to give you thanks, O Lord.</i>	<i>Psalms 91</i>
<b>Second Reading</b>	<i>We want to be exiled from the body and make our home with the Lord.</i>	<i>2 Corinthians 5:6-10</i>
<b>Gospel Acclamation</b>	<i>Alleluia, Alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!</i>	
<b>Gospel</b>	<i>The kingdom of God is a mustard seed growing into the biggest shrub of all.</i>	<i>Mark 4:26-34</i>

<b>Saturday</b>			<b>6:00pm</b>	<b>Stephen Agius R.I.P.</b>
<b>Sunday</b>	<b>16<sup>th</sup> June</b>	<b>11<sup>th</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Lilian Smith R.I.P.</b>
<b>Monday</b>	<b>17<sup>th</sup> June</b>	<b>Feria</b>	<b>9:15am</b>	<b>Maria O'Reilly R.I.P.</b>
<b>Tuesday</b>	<b>18<sup>th</sup> June</b>	<b>Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>19<sup>th</sup> June</b>	<b>Feria</b>	<b>7:00pm</b>	<b>Stephen Agius R.I.P.</b>
<b>Thursday</b>	<b>20<sup>th</sup> June</b>	<b>Feria</b>	<b>9:15am</b>	<b>Paul Ashtiani R.I.P.</b>
<b>Friday</b>	<b>21<sup>st</sup> June</b>	<b>St. Aloysius Gonzaga</b>	<b>9:15am</b>	<b>Mass in School</b>
<b>Saturday</b>	<b>22<sup>nd</sup> June</b>	<b>Ss John Fisher &amp; Thomas More</b>	<b>10:00am</b>	<b>Parishioners</b>
			<b>6:00pm</b>	<b>Stephen Agius R.I.P.</b>
<b>Sunday</b>	<b>23<sup>rd</sup> June</b>	<b>12<sup>th</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Peter Dixon R.I.P.</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

**Sick and Housebound** – Please pray for Jennifer King, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, and Marcia Jenkin.

**Faithful Departed** – Please pray for Gertrude Jones, Elizabeth Manuel, George Harvey, Josephine Barnard, Patrick Delaney, Winifred Kendrick, John Scrutton, Kathleen Manwarine, Evelyn St.Pierre, Albert Burnett, Henry Guest, Gordon (John) Pelling, Alphons Anton Wimmer, May Warren, David Nesbitt and all whose anniversaries occur around this time.

**Mass in School: Early Years & KS1 Mass** to celebrate the Sacred Heart of Jesus, on Friday 21st June 2024 at 9:30am in the school hall.

All families and friends of St. Augustine's welcome to attend

**Launch of the Friends of St Francis:** Families and individuals interested in Saint Francis are welcome to join secular Franciscans on Sunday 23<sup>rd</sup> June from 12.30pm – 2.00pm at St. John's Cathedral for a bring your own family picnic. There will be some children's activities. For anyone who wants to join us, we will then walk to Mother Julian's Shrine, returning to St. John's for Vespers and Mass. We would like any suggestions on how we might care better for our community.

**Men's Day Retreat - CALLED TO SERVE:** Saturday 6<sup>th</sup> July 2024, Catholic National Shrine of Our Lady of Walsingham. Join Fr Sean Connolly and a group of Catholic men from the Diocese of East Anglia as we discuss and reflect on our mission of service to our family, our parish and wider community. Includes confession, Mass, Holy Mile and Rosary as well as talks and discussion. Please bring your own packed lunch. Tea, coffee, refreshments included. Cost for the day is £12.50. Booking can be found on EventBrite, or email Marriage and Family Coordinator on [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk). [Booking Link Here](#).

#### **Church cleaner required...**

Is there anyone attending Our Lady and St. Walstan's church who is able to help with cleaning our lovely church. If you would like to join a team, you would only have to help six times a year maximum.

Please contact me Kathleen Easter  
email [kathleaster@btinternet.com](mailto:kathleaster@btinternet.com) or 01603 745588  
Many thanks

**Bereavement Leaflet:** If you or someone you know has been bereaved you may like to pick up from the porch one of the leaflets produced by our parish bereavement group. It contains contact details of several agencies that can help along with the phone numbers of parishioners who will be happy for you to get in touch and talk.

*"The most important thing a father can do for his children is to love their mother."*

*Max Lucado, Christian Author*

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

Collection 8<sup>th</sup> /9<sup>th</sup> June £ 779.89  
Collection via Direct Debits for May 2024 £1745.50  
Many Thanks

**Confirmations 2025:** Registration is now open for next year's confirmation classes. As usual, the classes will take place at the cathedral but the confirmation Mass will be at St Walstan's. The link to the online registration form is - <https://www.sjbcathedral.org.uk/registration-for-the-first-holy-communion-and-confirmation-programmes-2024-25-is-now-open/>

**Parish Mission:** The Community of Our Lady of Walsingham will be leading a parish mission from February 9<sup>th</sup> to 16<sup>th</sup> next year. As part of the preparation they will be speaking at both weekend Masses on November 16<sup>th</sup>/17<sup>th</sup> and also leading a parish meeting in the Garden Room at 6.30pm on Friday November 29<sup>th</sup> to give parishioners a chance to say what they would like from the mission.

**DVD Evenings:** These will take place in the Garden Room at 7.00pm on the Thursdays of June. This year's series is called 'The Joy of Hope' and is based on the Book of Revelation, beautifully filmed on the island of Patmos where St John had his vision. All welcome to join us – in the Garden Room, that is, not on Patmos...

**A Strawberry Tea** in the Garden Room.) Saturday, June 22nd at 2pm Cost of ticket £5 Charity - Shelter Box.  
**The tickets will be on sale from the week - end of May 26th/May 27th. Numbers are limited so get your tickets early!**

*"I like to compare the job of a father to that of a long-distance runner. Fathering is a marathon—a long and often trying journey—and we must be disciplined if we hope to finish successfully."*

*Lydia M. Child, U.S. Author*