

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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Mother of Christ.

We are constantly being tempted to put other people or things before God. Our Lady gives us the example to follow, and encourages us not to weaken. She is not only the physical mother of Jesus, but is also his mother because she hears the will of God and keeps it.

Sundays Year B ~ Ordinary Times ~ Psalms Week II
Tenth Sunday in Ordinary Time
9th June 2024

Entrance Antiphon	<i>The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; whom shall I dread? When those you do evil draw near, they stumble and fall.</i>	
First Reading	<i>I will make you enemies of each other: you and the woman, your offspring and her offspring.</i>	<i>Genesis 3:9-15</i>
Responsorial Psalm	<i>With the Lord there is mercy and fullness of redemption.</i>	<i>Psalm 129</i>
Second Reading	<i>We believe, and therefore we speak.</i>	<i>2 Corinthians 4:13 – 5:1</i>
Gospel Acclamation	<i>Alleluia, Alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!</i>	
Gospel	<i>It is the end of Satan.</i>	<i>Mark 3:20-25</i>

Saturday			6:00pm	Rosauro & Corazon Hermoso R.I.P.
Sunday	9th June	10th Sunday in Ordinary Time	10:30am	1st Holy Communion Children
Monday	10th June	Feria	9:15am	Parishioners
Tuesday	11th June	St. Barnabas		No Mass
Wednesday	12th June	Feria	7:00pm	Stephen Agius R.I.P.
Thursday	13th June	St. Anthony of Padua	9:15am	Janet Smith R.I.P.
Friday	14th June	Feria		No Mass
Saturday	15th June	Feria	10:00am	Parishioners
			6:00pm	Stephen Agius R.I.P.
Sunday	16th June	11th Sunday in Ordinary Time	10:30am	Lilian Smith R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Jennifer King, Henry Bedingfield, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, and Marcia Jenkin.

Faithful Departed – Please pray for John Moyer, Karel Nitsce, Jeanne Agnes Wiggett, Elsie Barnes, Patricia Cornish, Daphne Youngman, Margaret Townsend, Frank Thurlow, Dorothy Lowe, Adam Rymarz, Eileen Armstrong, Bridget Fleming, Kathleen Tarling and all whose anniversaries occur around this time.

“Strength and growth come only through continuous effort and struggle.”

Napoleon Hill

Launch of the Friends of St Francis: Families and individuals interested in Saint Francis are welcome to join secular Franciscans on Sunday 23rd June from 12.30pm – 2.00pm at St. John's Cathedral for a bring your own family picnic. There will be some children's activities. For anyone who wants to join us, we will then walk to Mother Julian's Shrine, returning to St. John's for Vespers and Mass. We would like any suggestions on how we might care better for our community.

Men's Day Retreat - CALLED TO SERVE: Saturday 6th July 2024, Catholic National Shrine of Our Lady of Walsingham. Join Fr Sean Connolly and a group of Catholic men from the Diocese of East Anglia as we discuss and reflect on our mission of service to our family, our parish and wider community. Includes confession, Mass, Holy Mile and Rosary as well as talks and discussion. Please bring your own packed lunch. Tea, coffee, refreshments included. Cost for the day is £12.50. Booking can be found on EventBrite, or email Marriage and Family Coordinator on mflcoordinator@rcdea.org.uk. [Booking Link Here](#).

Calling practising Catholic teachers: Are you working in one of our Catholic schools? If not, would you like to? Did you know that the Diocese of East Anglia, along with its two Multi-Academy Trusts, has responsibility for twenty-eight schools across the Diocese? Our schools cover primary and secondary phases, state school and independent sector. Perhaps you have always been interested in teaching in a Catholic school, but the opportunity has not arisen. If you are interested in following your vocation to teach in a Catholic school you are warmly invited to an initial information-giving meeting, to be held on Zoom, on Monday 10th June 2024 at 6.30pm. You will have an opportunity to hear from the Diocesan Schools Service and the CEOs of our two Catholic Multi-Academy Trusts. To receive a meeting invitation, please contact the Schools' Service Administrator, Jane Delph, at ssc@rcdea.org.uk We look forward to seeing you. Andy Stone, Director of Schools' Service.

Slow down and everything you are chasing will come around and catch you!

John De Paola

Collection

1st /2nd June

£745.19

Many Thanks

Parish Mission: The Community of Our Lady of Walsingham will be leading a parish mission from February 9th to 16th next year. As part of the preparation they will be speaking at both weekend Masses on November 16th/17th and also leading a parish meeting in the Garden Room at 6.30pm on Friday November 29th to give parishioners a chance to say what they would like from the mission.

Church cleaner required...

Is there anyone attending Our Lady and St. Walstan's church who is able to help with cleaning our lovely church. If you would like to join a team, you would only have to help six times a year maximum. Please contact me Kathleen Easter email kathleaster@btinternet.com or 01603 745588 Many thanks

DVD Evenings: These will take place in the Garden Room at 7.00pm on the Thursdays of June. This year's series is called 'The Joy of Hope' and is based on the Book of Revelation, beautifully filmed on the island of Patmos where St John had his vision. All welcome to join us – in the Garden Room, that is, not on Patmos...

A Strawberry Tea in the Garden Room.) Saturday, June 22nd at 2pm Cost of ticket £5 Charity - Shelter Box.

The tickets will be on sale from the week - end of May 26th/May 27th. Numbers are limited so get your tickets early!

Bereavement Leaflet: If you or someone you know has been bereaved you may like to pick up from the porch one of the leaflets produced by our parish bereavement group. It contains contact details of several agencies that can help along with the phone numbers of parishioners who will be happy for you to get in touch and talk.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm