

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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Be cured.

Like the leper, we cry out to Christ, who alone can cure us of all our troubles and weakness. He reaches out and teach us with his grace, telling us to be cured. We belong to Christ in the company of the saints and are called to do everything for the glory of God. We are people of joy because we know that Christ delivers us from our sins.

Sundays Year B ~ Ordinary Time ~ Psalms Week II
Sixth Sunday in Ordinary Time
11th February 2024

Entrance Antiphon	<i>Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.</i>	
First Reading	<i>The unclean man must live outside the camp.</i>	<i>Leviticus 13:1-2,44-46</i>
Responsorial Psalm	<i>You are my refuge, O Lord; you fill me with the joy of salvation.</i>	<i>Psalm 31</i>
Second Reading	<i>Take me for your model, as I take Christ.</i>	<i>1 Corinthians 10:31-11:1</i>
Gospel Acclamation	<i>Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!</i>	
Gospel	<i>The leprosy left the man at once, and he was cured.</i>	<i>Mark 1:40-45</i>

Saturday			6:00pm	<i>Rosauro & Corazon Hermoso R.I.P.</i>
Sunday	<i>11th February</i>	<i>6th Sunday in Ordinary Time</i>	10:30am	<i>Rosemary Sheen R.I.P.</i>
Monday	<i>12th February</i>	<i>Feria</i>	9:15am	<i>Louis Borg R.I.P.</i>
Tuesday	<i>13th February</i>	<i>Feria</i>		<i>No Mass</i>
Wednesday	<i>14th February</i>	<i>Ash Wednesday</i>	9:15am	<i>Jeanette Scrutton R.I.P.</i>
			7:00pm	<i>David Hogg</i>
Thursday	<i>15th February</i>	<i>Lent Feria</i>	9:15am	<i>Fr. Michael Butler R.I.P.</i>
Friday	<i>16th February</i>	<i>Lent Feria</i>		<i>No Mass</i>
			7:00pm	<i>Stations of the Cross</i>
Saturday	<i>17th February</i>	<i>Lent Feria</i>	10:00am	<i>Mary Johnsoin R.I.P.</i>
			6:00pm	<i>Parishioners</i>
Sunday	<i>18th February</i>	<i>1st Sunday of Lent</i>	10:30am	<i>Alison Ward R.I.P.</i>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Henry Bedingfield, Daniel Ruddock, Stephen Agius, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – Please pray, Lester Cannell, Nora Hunt, Melanie Edwards, Ruth Bealey, Suzanne Larwood, Margaret Browne, Mary Bartram, William Joseph Barnes, Edward Savage, Janette Scrutton, Nora Prince, Irene Savage, John Kelly, Alfred Pratt, Ellen Taylor, Geoffrey Pennell, Doris Bacon, Emily Broom, Dora Mullett, Jean Love, Paul Hawketts and all whose anniversaries occur around this time.

“Kindness is a language which the deaf can hear and the blind can see.”

Mark Twain

Ash Wednesday: The season of Lent begins this week. There will be two Masses at St Walstan’s on Ash Wednesday – 9.15am (when we will be joined by KS2 from the school) and 7.00pm. The imposition of ashes will take place at both Masses.

Stations of the Cross: Every Friday evening in the church at 7.00pm during Lent.

Jerningham Memorial: A short article along with some photos of the blessing of the Jerningham Memorial can be found on our website (www.stwalstans.com). Select ‘Church’ then click on ‘Jerningham Memorial’. Lord Stafford has sent a message of thanks to the parish for the warm welcome he and Lady Stafford received on that day. A copy of his email can be found on one of the noticeboards in the porch.

Lost Property: There are a number of articles of lost property on the small table in the porch, including a couple of coats. If they are unclaimed we will take these items to a local charity shop.

HOLY WEEK READERS & MINISTERS: if you are able to minister at any or all of the Services during Holy Week & the Easter week-end, please put your name on the list in the porch so that the ministries can be shared out. The list will stay up until Sunday, February 25th.

This is the very perfection of a man, to find out his own imperfections.

St. Augustine

Collection

3rd /4th February

£ 711.30

Many Thanks

Walk With Me: Copies of this very useful booklet with meditations for every day of Lent are available in the church porch priced at £1.

Could your New Year’s resolution be getting more involved in the life of our church?

CAFOD, the Catholic Agency for Overseas Development, are looking for people to join them in their mission. Could you help visit our local schools, campaign for justice, visit parishes, or take part in The Big Lent Walk? cafod.org.uk/walk Training and support is provided. See cafod.org.uk/Volunteer for more information or get in touch with East Anglia’s CAFOD representative Jane Crone jcrone@cafod.org.uk

A new group is forming in the Diocese to help to reduce modern slavery here. During 2022, in our Diocese alone, 746 souls were found enslaved and rescued. Police describe this number of enslaved people, as the tip of the iceberg. Pope Francis wants us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report them to the Modern Slavery Helpline 08000 121 700. The new group is looking for young & older volunteers to join the group. No previous knowledge or experience required, just a wish to end slavery in our diocese. Please contact john_simong@hotmail.com to discuss possibly volunteering and read the leaflet about St Bakhita (regarded as the patron saint of Modern Slavery) at <https://www.rcdea.org.uk/caritas-east-anglia/modern-slavery>

Charity and devotion differ no more, the one from the other, than the flame from the fire."

St. Francis de Sales

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm