

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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## *Here I am, Lord.*

*We are called by Christ to follow him. When we respond to his call, we become one with him in the Spirit and offer our lives to him as part of his Church. When he calls us, in whatever situation we find ourselves, we reply: "Here I am, since you called me."*

*Sundays Year B ~ Ordinary Time ~ Psalms Week II*  
*Second Sunday in Ordinary Time*  
*14<sup>th</sup> January 2024*

<b>Entrance Antiphon</b>	<i>All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!</i>	
<b>First Reading</b>	<i>'Speak, Lord, your servant is listening'</i>	<i>1 Samuel 3:3-10,19</i>
<b>Responsorial Psalm</b>	<i>Here I am, Lord! I come to do your will.</i>	<i>Psalms 39</i>
<b>Second Reading</b>	<i>Do not sin against your own body.</i>	<i>1 Corinthians 6:13-15,17-20</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia!                  Speak, Lord, your servant is listening:                  you have the message of eternal life..                  Alleluia!</i>	
<b>Gospel</b>	<i>'We have found the Messiah'</i>	<i>John 1:35-42</i>

<b>Saturday</b>			<b>6:00pm</b>	<i>Parishioners</i>
<b>Sunday</b>	<i>14<sup>th</sup> January</i>	<i>2<sup>nd</sup> Sunday in Ordinary Time</i>	<b>10:30am</b>	<i>David &amp; Jane Henson</i>
<b>Monday</b>	<i>15<sup>th</sup> January</i>	<i>Feria</i>	<b>9:15am</b>	<i>Adam Fitzpatrick</i>
<b>Tuesday</b>	<i>16<sup>th</sup> January</i>	<i>St. Fursey</i>		<i>No Mass</i>
<b>Wednesday</b>	<i>17<sup>th</sup> January</i>	<i>St. Anthony</i>	<b>7:00pm</b>	<i>Holy Souls</i>
<b>Thursday</b>	<i>18<sup>th</sup> January</i>	<i>Feria</i>	<b>9:15am</b>	<i>Personal Intention</i>
<b>Friday</b>	<i>19<sup>th</sup> January</i>	<i>Feria</i>		<i>No Mass</i>
<b>Saturday</b>	<i>20<sup>th</sup> January</i>	<i>Feria</i>	<b>10:00am</b>	<i>Deceased Members of the Ward &amp; Armstrong Families</i>
			<b>6:00pm</b>	<i>Peter Minton R.I.P.</i>
<b>Sunday</b>	<i>21<sup>st</sup> January</i>	<i>3<sup>rd</sup> Sunday in Ordinary Time</i>	<b>10:30am</b>	<i>Parishioners</i>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

**Sick and Housebound** – Please pray for Daniel Ruddock, Stephen Agius, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

**Faithful Departed** – Please pray Patricia Louis Smith, William Churchill, Tony Stapleford, Hannah Brown, Jack Collier, Michael Bagshaw, Gerald Newsham, Sarah Croll, Jean Jurak, Barbara Matthews, Albert Gunton, Gertrude Doggett, Margaret Mary Powierza, Patrick Whitley, Hillary Tuli, Reggie Paston, Joseph Carroll, Mary Lundberg, Dorothy Borkett, Diana Squibb, Eileen Tilbrook, Nora Sayer, Letitia Fitzgerald and all whose anniversaries occur around this time.

*The word 'listen' contains the same letters as the word 'silent.'* Alfred Brendel

**Jerningham Memorial:** On Sunday January 28<sup>th</sup>, Lord Stafford will be attending the 10.30am Mass at the end of which we will process to the cemetery for the blessing of the refurbished Jerningham memorial.

**Emma Pask:** There will be a memorial service for the late Emma Pask on Friday January 19<sup>th</sup> at 3.30pm.

**Youth Group:** The next meeting will be held in the Garden Room from 6.00 to 7.30pm on Monday January 15<sup>th</sup>. This one will be a games night, so please bring one or two of your favourite games – and a few friends! Refreshments will be provided. The group is open to all teenagers, give or take a couple of years.

**Confirmations:** Please pray for the three candidates for the Sacrament of Confirmation in our parish: Kenzie, Melissa and Ryan. Bishop Peter will be visiting us for the Confirmation Mass on Monday 20<sup>th</sup> May, 2024 at 7.00pm.

Collection                      6<sup>th</sup> /7<sup>th</sup> January                      £765.91  
Direct Debits for the month of December    £1390.50  
Many Thanks

**Community Chaplaincy Norwich (CCN)** is running another training course for potential Volunteer Mentors, to join their team and support people leaving prison to resettle after custody. The eight-week course runs on Tuesday evenings 7-9pm from January 23 to March 12 2024.

CCN welcomes enquiries from people aged 25+, from a broad range of backgrounds, including those with lived experience of the Criminal Justice system who have been out of prison for 2 years or more. Potential volunteers might expect to make a commitment of 2 hours per week.

Read more about volunteering and download an application form at

<https://norfolkchaplaincy.org.uk/volunteering/>

or pop in to see them at St Stephen's Church, Norwich.

*"The trouble with nearly everybody who prays is that he says 'Amen' and runs away before God has a chance to reply. Listening to God is far more important than giving Him our ideas."* ~

*Frank Laubach*

*"It's amazing what we lose in life by listening to fear, instead of listening to God."* ~ Joyce Meyer