

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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Love God and your neighbour.

We are made in the image of the God who is love. We are called to love God with all our heart, soul and mind; this is to mould the pattern of our lives. Jesus says that we are to love our neighbour too, knowing that God lives in them. The quality of our love is shown by how we treat our neighbours.

Sundays Year A ~ Ordinary Time ~ Psalms Week II
Thirtieth Sunday in Ordinary Times
 29th October 2023

Entrance Antiphon	<i>Let the hearts that seek the Lord rejoice. Turn to the Lord and his strength; constantly seek his face.</i>	
First Reading	<i>If you are harsh with the widow and orphan, my anger will flare against you.</i>	<i>Exodus 22:20-26</i>
Responsorial Psalm	<i>I love you, Lord, my strength.</i>	<i>Psalms 17</i>
Second Reading	<i>You broke with idolatry and became servants of God; you are now waiting for his Son.</i>	<i>1 Thessalonians 1:5-10</i>
Gospel Acclamation	<i>Alleluia, alleluia! Open our heart, O Lord, to accept the words of your Son. Alleluia</i>	
Gospel	<i>You must love the Lord your God and your neighbour as yourself.</i>	<i>Matthew 22:34-40</i>

Saturday			6:00pm	Brenda Millar
Sunday	29th October	30th Sunday in Ordinary Time	10:30am	Parishioners
Monday	30th October	Feria	9:15am	Ariane Grimshaw
Tuesday	31st October	Feria		No Mass
Wednesday	1st November	All Saints	9:15am	St. Augustine's School
			7:00pm	Parishioners
Thursday	2nd November	All Souls	9:15am	Pope's Intentions
			7:00pm	Holy Souls
Friday	3rd November	Feria		No Mass
Saturday	4th November	St Charles Borromeo	10:00am	Holy Souls
			6:00pm	Parishioners
Sunday	5th November	31st Sunday in Ordinary Time	10:30am	Bridget Wooldridge R.I.P.

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30p

Sick and Housebound – Please pray for Andrew Thurlow, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – Please pray Nan Stuart, Janet Rogers, Olive Belway, Thomas Midermott-Ross, Gregor Barrett, Harold St.Pierre, Laurent Hood, Brian Carter, Georgina Ward, Sylvia Cook, MGR. Joseph McShee, Norah Lynch, Anne Nichols, Andrew Ptterson, Melva Bennett, Fr. Thomas Lynch, Grace Sadd, Joan Wills-Gower, Anthony Goose and all whose anniversaries occur around this time.

Rise Up – A special event for young people and catechists, Saturday November 11th: A special event for young people (Year 7 upwards), catechists and youth leaders to be empowered to *Rise Up* and celebrate World Youth Sunday in their own parishes, later in the November. Amongst other activities, there will be live music, inspiring talks and good food! Helds at St. John's Cathedral, Norwich. Organised by the Diocesan Youth Service. See www.rcdea.org.uk/youth for more details.

St Vincent de Paul Society: Following on from the visit last weekend by Joan Wall, if you are interested in setting up an SVP conference in our parish please remember to return the form to Fr David a.s.a.p. Thank you.

For sale £1 each for charities, A cheque for £7 has been sent to CAFOD from sale of potted cyclamen (sowbread). A hardy plant, which its flowering time is mostly in autumn and winter. Excellent as a gift! Plenty more available from Marcia, call on (01603) 740393 to arrange a visit.

EUCCHARISTIC MINISTERS: Deacon Bill is in the process of up-dating the list of ministers who take Holy Communion to the sick or house-bound. If you do so, please email him with the name() of those that you visit.

Bible Alive: Copies of this monthly magazine are now available for sale in the church porch, having been requested by some parishioners. Each edition contains useful commentaries on the daily Mass readings. The price is £3.

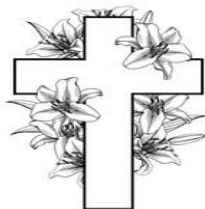
A Mass to Remember.

The Memorial Mass for those who have died led by Fr David is on Sunday 12th November.

Special mention will be made of family and friends who have passed away in the last three years or so when we were limited in our ability to be supportive and perhaps not even attend their Funerals due to COVID restrictions.

If you would like someone mentioned by Name in the Bidding Prayers please place their Name on the List in the Porch.

You and all others will be most welcome to join together
In Remembrance at that Mass.



Collection	21st /22nd October	£478.96
	2nd Collection	£258.35
		Many Thanks

The next cake stall is on Sunday, November 5th, in the Garden Room after Mass.

CHRISTMAS READERS & MINISTERS: if you are able to minister at any or all of the Masses over Christmas, please put your name on the list in the porch so that the ministries can be shared out - please remember that the First Mass of Christmas will be at 9.00pm & not at midnight as in previous years. The list will stay up until Sunday, November 5th

Ukrainian Refugees: Volunteers are urgently needed to provide temporary accommodation to Ukrainian refugees. If you can help, and for more details, please contact Sophie Bell, PA to the Bishop of Norwich on 01603 629001 ext. 3201 or email sophie.bell@dioceseofnorwich.org

All Saints Day: Wednesday, November 1st is a holyday of obligation. There will be two Masses celebrated at St Walstan's: 9.15am (when we will be joined by KS2 from the school) and 7.00pm.

All Souls Day: There will be two Masses at St Walstan's on Thursday, November 2nd: 9.15am and 7.00pm. At the end of the evening Mass we will process to the cemetery for the annual blessing of the graves.

Baptism Class: The next class for parents wishing to have their children baptised will be held in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday, November 4th. More details are available from Fr David.

St George's Crib Festival: St George's church on Sprowston Road will be holding a crib festival on December 8th, 9th & 10th, ending with a Carol Service at 6.30pm on the Sunday. If you have a crib that you could loan to them for this festival please complete one of the forms on the table in the church porch and send it to the address at the bottom.

The UCM invite the ladies of the parish to join for us for lunch at Taverham Garden Centre on Tuesday, November 7th - meeting at 11.55 a.m. If you are interested, please can you let either Rosie Taylor or Marguerite Wayling know by Sunday, October 29th. Do come and join us I promise we don't bite!

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

