

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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Give the Lord glory and power.

The Lord alone is king, and to him we are to give the homage of our love and obedience. All earthly powers is subordinate to God's rule over the universe. It is important to get our priorities right: God first; everything else only in relation to God.

*Sundays Year A ~ Ordinary Time ~ Psalms Week 1
 Twenty-ninth Sunday in Ordinary Times
 22nd October 2023*

Entrance Antiphon	<i>To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.</i>	
First Reading	<i>I have taken Cyrus by his right hand to subdue nations before him.</i>	<i>Isaiah 45:1,4-6</i>
Responsorial Psalm	<i>Give the Lord glory and power.</i>	<i>Psalm 95</i>
Second Reading	<i>We constantly remember your faith, your love and your hope.</i>	<i>1 Thessalonians 1:1-5</i>
Gospel Acclamation	<i>Alleluia, alleluia! Your word is truth, O Lord: consecrate us in the truth. Alleluia!</i>	
Gospel	<i>Give back to Caesar what belongs to Caesar.</i>	<i>Matthew 22:15-21</i>

Saturday			6:00pm	Parishioners
Sunday	22nd October	29th Sunday in Ordinary Time	10:30am	For the Work of Missionaries
Monday	23rd October	Feria		No Mass
Tuesday	24th October	Feria		No Mass
Wednesday	25th October	Feria		No Mass
Thursday	26th October	Feria		No Mass
Friday	27th October	Feria		No Mass
			7:00pm	Rosary
Saturday	28th October	Ss Simon & Jude	10:00am	Holy Souls
			6:00pm	Brenda Millar
Sunday	29th October	30th Sunday in Ordinary Time	10:30am	Parishioners

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30p

Sick and Housebound – Please pray for Andrew Thurlow, Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – Please pray Chris Turling, Janet Smith, Stanley Howes, Anne Watson, William Baldock, Kathleen Toye, John (Nick) Famy, Patricia Valori, Doris Harwood, John Wood, Donna Edwards, Catherine Butterson, Carl Parker, Charles Trevor Hilton, Christopher Vince, Beatrice Watts, Eileen Graver, Ingelore Adair, Gillian Munro and all whose anniversaries occur around this time.

Rise Up – A special event for young people and catechists, Saturday November 11th: A special event for young people (Year 7 upwards), catechists and youth leaders to be empowered to *Rise Up* and celebrate World Youth Sunday in their own parishes, later in the November. Amongst other activities, there will be live music, inspiring talks and good food! Helds at St. John's Cathedral, Norwich. Organised by the Diocesan Youth Service. See www.rcdea.org.uk/youth for more details.

TOY APPEAL: we will again be supporting the local Toy Appeal & our usual collection of toys will take place over the weekend of October 28th & 29th. Please bring along anything suitable as a gift for any one, boy or girl, from birth to the age of 18yrs & put them in front of the altar - all gifts should be new & unwrapped. After Mass, they will be taken to the Salvation Army for their "Toys & Tins" appeal & distributed to families far less fortunate than we are, so please be generous.

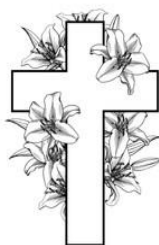
St Vincent de Paul Society: Following on from the visit last weekend by Joan Wall, if you are interested in setting up an SVP conference in our parish please remember to return the form to Fr David a.s.a.p. Thank you.

For sale £1 each for charities, A cheque for £7 has been sent to CAFOD from sale of potted cyclamen (sowbread). A hardy plant, which its flowering time is mostly in autumn and winter. Excellent as a gift! Plenty more available from Marcia, call on (01603) 740393 to arrange a visit.

EUCHARISTIC MINISTERS: Deacon Bill is in the process of up-dating the list of ministers who take Holy Communion to the sick or house-bound. If you do so, please email him with the name() of those that you visit.

Rosary: October is traditionally the month of the rosary. Come and join us in the church every Friday this month at 7.00pm to pray five decades of the rosary.

Bible Alive: Copies of this monthly magazine are now available for sale in the church porch, having been requested by some parishioners. Each edition contains useful commentaries on the daily Mass readings. The price is £3.



A Mass to Remember

November is a special time in our Faith Community for remembering those who have died.

On Sunday November 12th, Fr David will lead a Mass in Remembrance of all our family, friends, parishioners and others who died in the last three years especially in the COVID times when our funerals and ability to support each other was so limited.

You and all others will be most welcome to join together
In Remembrance at that Mass.

Collection	14th /15th October	£728.87
	CAFOD	£ 10.00
		Many Thanks

CHRISTMAS READERS & MINISTERS: if you are able to minister at any or all of the Masses over Christmas, please put your name on the list in the porch so that the ministries can be shared out - please remember that the First Mass of Christmas will be at 9.00pm & not at midnight as in previous years. The list will stay up until Sunday, November 5th

Ukrainian Refugees: Volunteers are urgently needed to provide temporary accommodation to Ukrainian refugees. If you can help, and for more details, please contact Sophie Bell, PA to the Bishop of Norwich on 01603 629001 ext. 3201 or email sophie.bell@dioceseofnorwich.org

All Saints Day: Wednesday, November 1st is a holyday of obligation. There will be two Masses celebrated at St Walstan's: 9.15am (when we will be joined by KS2 from the school) and 7.00pm.

All Souls Day: There will be two Masses at St Walstan's on Thursday, November 2nd: 9.15am and 7.00pm. At the end of the evening Mass we will process to the cemetery for the annual blessing of the graves.

Baptism Class: The next class for parents wishing to have their children baptised will be held in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday, November 4th. More details are available from Fr David.

St George's Crib Festival: St George's church on Sprowston Road will be holding a crib festival on December 8th, 9th & 10th, ending with a Carol Service at 6.30pm on the Sunday. If you have a crib that you could loan to them for this festival please complete one of the forms on the table in the church porch and send it to the address at the bottom.

The UCM invite the ladies of the parish to join for us for lunch at Taverham Garden Centre on Tuesday, November 7th - meeting at 11.55 a.m. If you are interested, please can you let either Rosie Taylor or Marguerite Waying know by Sunday, October 29th. Do come and join us I promise we don't bite!

All Saints Celebration: Saturday 28th October

The Community of Our Lady of Walsingham invites you to join them at their convent in Dereham to celebrate the upcoming Solemnity of All Saints! You can drop in anytime from 4pm – 7:30pm. Throughout the evening there will be a bring & share buffet, adoration, games and craft activities, a Catholic quiz at 5:30pm, hymns and prayers at 6:30pm, along with an optional come dressed as a saint! All ages welcome. Please RSVP to office@walsinghamcommunity.org or call 01362 692574. For more information about the community go to: www.walsinghamcommunity.org.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm