

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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## Forgive from the heart.

*Jesus Christ is the perfect example of forgiveness. He died for us when we were still his enemies by sin. Through his death we are brought to life. Christ's life and death have an influence on us all. We are to forgive each other as Christ forgives us, since we ask God our Father to forgive our trespasses as we forgive those who trespass against us.*

*Sundays Year A ~ Ordinary Time ~ Psalms Week IV  
 Twenty-Fourth Sunday in Ordinary Time  
 17<sup>th</sup> September 2023*

<b>Entrance Antiphon</b>	<i>Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.</i>	
<b>First Reading</b>	<i>Forgive your neighbour the hurt he does you; and when you pray, your sins will be forgiven.</i>	<i>Ecclesiasticus 27:33-28:9</i>
<b>Responsorial Psalm</b>	<i>The Lord is compassion and love, slow to anger and rich in mercy.</i>	<i>Psalms 102</i>
<b>Second Reading</b>	<i>Alive or dead, we belong to the Lord.</i>	<i>Romans 14:7-9</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia! Speak, Lord, your servant is listening: you have the message of eternal life. Alleluia!</i>	
<b>Gospel</b>	<i>To be forgiven, you must forgive.</i>	<i>Matthew 18:21-35</i>

<b>Saturday</b>			<b>6:00pm</b>	<b>Emanuel Caruana R.I.P.</b>
<b>Sunday</b>	<b>17<sup>th</sup> September</b>	<b>24<sup>th</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Parishioners</b>
<b>Monday</b>	<b>18<sup>th</sup> September</b>	<b>Feria</b>	<b>9:15am</b>	<b>Adrian Tebbutt R.I.P.</b>
<b>Tuesday</b>	<b>19<sup>th</sup> September</b>	<b>Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>20<sup>th</sup> September</b>	<b>St. Andrew Kim Tae-Gon &amp; Comps</b>	<b>7:00pm</b>	<b>Eva Bell R.I.P.</b>
<b>Thursday</b>	<b>21<sup>st</sup> September</b>	<b>St. Matthew</b>	<b>9:15am</b>	<b>Rosalino Alquiza R.I.P.</b>
<b>Friday</b>	<b>22<sup>nd</sup> September</b>	<b>Feria</b>		<b>No Mass</b>
<b>Saturday</b>	<b>23<sup>rd</sup> September</b>	<b>St. Pius of Pietralcina</b>	<b>10:00am</b>	<b>Millicent Roope R.I.P.</b>
			<b>6:00pm</b>	<b>Mary &amp; Saviour Agius R.I.P.</b>
<b>Sunday</b>	<b>24<sup>th</sup> September</b>	<b>Our Lady of Walsingham</b>	<b>10:30am</b>	<b>Parishioners</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

**Sick and Housebound** – Please pray for Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

**Faithful Departed** – Please pray for Yvonne Wake, Michael Prada, Dorothy Brown, Francis Reynolds, Fred King, Eva Bell, Anna Paulina, William Quain, Anne Atherton, Maura Wright, Clara Dunlaney, Cecil Hendry, Geoffrey Ottaway, Paola Dearing, Konrad Stembrowizz, Liam Fursey O'Doherty, Geoffrey Wiggett and all whose anniversaries occur around this time.

*“When you do the right thing, you get the feeling of peace and serenity associated with it. Do it again and again.”*

*Roy T. Bennett*

**Readers and Eucharistic Ministers:** The new rota is now available in the porch.

**Escorted Pilgrimage to Knock Shrine, Ireland:** 16<sup>th</sup> October 2023. £699.00 per person sharing. Price includes flight, all transfers, 4 nights in Knock House Hotel with full board. All entertainment and excursions included. Day trips to Westport, Ballintubber Abbey, Croagh Patrick, Fr. Peyton Centre & National Museum. Single supplement £150.00. Contact Patricia or Natali on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com).

**For sale £1 each for charities,** (CAFOD & East Anglia Air Ambulance), potted cyclamen (sowbread). A hardy plant, which its flowering time is mostly in autumn and winter. Excellent as a gift! Call Marcia on (01603) 740393 to arrange a visit

**Tea & Coffee after Mass:** There are still a few gaps on the rotas for this year for both Saturday evenings and Sunday mornings.

**HARVEST FESTIVAL:** We will be holding our Harvest Celebration on September 23<sup>rd</sup> & 24<sup>th</sup>. Please bring any fresh, tinned or packeted produce to put in front of the altar before both Masses to show God how much we appreciate His goodness to us. After the weekend, the gifts will be taken to the Norwich Food Bank.

**SVP East Anglia** is holding two open Festival days, on 30<sup>th</sup> Sept in Norwich and 1<sup>st</sup> Oct in Newmarket. If anyone would like to come along find out more about SVP please contact [PresidentE06@svp.org.uk](mailto:PresidentE06@svp.org.uk) for more details.

### **First Holy Communion 2024**

We are welcoming applications from those who wish their child to prepare for the sacraments of **Reconciliation and First Holy Communion in 2024.**

If your child will be in Year 3 or above, from September 2023, please contact Julia Murphy via email – [Boot2982@outlook.com](mailto:Boot2982@outlook.com), as soon as possible for an application form.

The programme will start in January 2024.

**Closing date for applications is Sunday 24 September 2023.**

Thank you.

**Collection**      9<sup>th</sup> /10<sup>th</sup> September      £752.75  
Many Thanks

**Bereavement Group:** A further meeting will be held in the Presbytery (behind the church) at 7.00pm on Friday September 29<sup>th</sup>. All are welcome to attend.

**Bible Alive:** Copies of this monthly magazine are now available for sale in the church porch, having been requested by some parishioners. Each edition contains useful commentaries on the daily Mass readings. The price is £3.

**Parish AGM:** This will take place in the Garden Room at 7.30pm (after the evening Mass) on **Wednesday September 27<sup>th</sup>**. All are welcome and encouraged to attend.

**Quiz & Mash: The quiz night has been delayed by a week and will now take place on Thursday September 21st,** 6.30 for 7.00pm start, in the Garden Room. Tickets are on sale after Mass at the weekend priced at £8 per person, including food. When booking, please give your choice of menu. Teams of six are invited to join. If you haven't got a team, still book, and join or make up a team with others on the night.

*“Serenity is contagious. If we smile at someone, he or she will smile back. And a smile costs nothing. We should plague everyone with joy.”*

Items for the newsletter may be left at the presbytery (marked clearly “for newsletter” along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm