

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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## Take up your cross.

*Christ tells us to take up our cross daily and follow him. It is in apparently losing our lives that we will find them in a newer, deeper way, and then we shall be rewarded according to our behaviour. This will never be easy, but it is the only path to real holiness and happiness.*

Sundays Year A ~ Ordinary Time ~ Psalms Week II  
 Twenty-second Sunday in Ordinary Time  
 3<sup>rd</sup> September 2023

<b>Entrance Antiphon</b>	<i>Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.</i>	
<b>First Reading</b>	<i>The word of the Lord has meant insult for me.</i>	<b>Jeremiah 20:7-9</b>
<b>Responsorial Psalm</b>	<i>For you my soul is thirsting, O Lord my God.</i>	<b>Psalm 62</b>
<b>Second Reading</b>	<i>Offer your bodies as a living sacrifice.</i>	<b>Romans 12:1-2</b>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!</i>	
<b>Gospel</b>	<i>'Get behind me, Satan!'</i>	<b>Matthew 16:21-27</b>

<b>Saturday</b>			<b>6:00pm</b>	<b>Aluzio Bernandes R.I.P</b>
<b>Sunday</b>	<b>3<sup>rd</sup> September</b>	<b>22<sup>nd</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Parishioners</b>
<b>Monday</b>	<b>4<sup>th</sup> September</b>	<b>Feria</b>	<b>9:15am</b>	<b>Fr. Mark Leenane R.I.P.</b>
<b>Tuesday</b>	<b>5<sup>th</sup> September</b>	<b>Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>6<sup>th</sup> September</b>	<b>Feria</b>	<b>7:00pm</b>	<b>Holy Souls</b>
<b>Thursday</b>	<b>7<sup>th</sup> September</b>	<b>Feria</b>	<b>9:15am</b>	<b>Vocastions</b>
<b>Friday</b>	<b>8<sup>th</sup> September</b>	<b>Nativity of the BVM</b>		<b>No Mass</b>
<b>Saturday</b>	<b>9<sup>th</sup> September</b>	<b>Feria</b>	<b>10:00am</b>	<b>Personal Intention</b>
			<b>6:00pm</b>	<b>Parishioners</b>
<b>Sunday</b>	<b>10<sup>th</sup> September</b>	<b>23<sup>rd</sup> Sunday in Ordinary Time</b>	<b>10:30am</b>	<b>Holy Souls</b>

Morning or Evening Prayer will be prayed fifteen minutes before weekday Masses.  
 Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

**Sick and Housebound** – Please pray for Jane Henson, John Barnes, Sue Williams, Jennifer Gates, Trudy McClusky, Gerry Watt, Leo Tolosa, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

**Faithful Departed** – Please pray for Robert Croll, Beatrice Pratt, Honora Beales, Francis Bates, Rufus Dimelow, Michael Stuart, Wendy Wood, Malcolm Armstrong, Laurence Anderson, James Brown, Kathleen Gilbey, Vera Hedge, Gabor Peley and all whose anniversaries occur around this time.

**HARVEST FESTIVAL:** We will be holding our Harvest Celebration on September 23<sup>rd</sup> & 24<sup>th</sup>. Please bring any fresh, tinned or packeted produce to put in front of the altar before both Masses to show God how much we appreciate His goodness to us. After the weekend, the gifts will be taken to the Norwich Food Bank.

**SVP East Anglia** is holding two open Festival days, on 30<sup>th</sup> Sept in Norwich and 1<sup>st</sup> Oct in Newmarket. If anyone would like to come along find out more about SVP please contact [PresidentE06@svp.org.uk](mailto:PresidentE06@svp.org.uk) for more details.

**Servers Training:** All altar servers are asked to attend on Saturday September 16<sup>th</sup>, starting with Mass at 10.00am and ending with a shared lunch. The session will end at about 1.00pm. Further details from Fr David

**Quiz & Mash:** Tickets are on sale after Mass at the weekend priced at £8 per person, including food. When booking, please give your choice of menu. Teams of six are invited to join. If you haven't got a team, still book, and join or make up a team with others on the night. Thursday 14<sup>th</sup> September, 6.30 for 7.00pm start, in the Garden Room.

**Interested in working with children and young people?** Recently left school or university and deciding what to do next? In between jobs, or would like to do something 'different'? The Diocesan Youth Service is looking for people age 18-35 to join the Ignite Team, sharing the Gospel Message with young people. These are full-time positions initially for either 12 months (September intake) or 6 months (January intake), with training, food, accommodation and a monthly allowance provided. For more information see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**Journey in Faith:** If you are interested in learning more about the Catholic Church, particularly with a view to joining the Church, please come along to the Presbytery (behind the church) at 7.00pm on Thursday September 7<sup>th</sup>. Further details are available from Fr David.

### First Holy Communion 2024

We are welcoming applications from those who wish their child to prepare for the sacraments of **Reconciliation and First Holy Communion in 2024.** If your child will be in Year 3 or above, from September 2023, please contact Julia Murphy via email – [Boot2982@outlook.com](mailto:Boot2982@outlook.com), as soon as possible for an application form.

The programme will start in January 2024.

**Closing date for applications is Sunday 24 September 2023.**

Thank you.

**Collection**                    **26<sup>th</sup> /27<sup>th</sup> August**                    **£ 572.00**  
**Direct Debits for the month of July**                    **£1445.50**  
**Many Thanks**

**Confirmation Programme:** All forms must be submitted by August 31<sup>st</sup>. Late entries **cannot be accepted**. Please attend one of the drop-in sessions at the cathedral on Earlham Road for registration: - Saturday 2nd September 12.30pm - 4.30pm or Sunday 3rd September - 10am -1pm. These are quick 10-minute drop-in sessions - so please pencil this into your diaries to drop by the cathedral during one of the slots above to pick up a folder and pay the £25 registration fee. Please also note that there is a retreat planned for 23rd-27th Oct 23 - during the October half term. It is a residential retreat and attendance is compulsory. So please keep October half term week free to attend the retreat.

**Baptism Class:** The next class for parents wishing to have their children baptised will take place in the Presbytery (behind the church) from 3.30 to 4.30pm on Saturday September 9<sup>th</sup>. Further details available from Fr David.

**The next cake stall** is on Sunday, September 3rd after Mass in the Garden Room. The last cake raised £20.50. Many thanks for all your support.

**The next UCM meeting** is on Tuesday, September 5th in the Garden Room at 10:45. It will be Holiday USA DVD. All are welcome.

**Missio Red Boxes:** If you have one of these boxes at home please bring it to church on the weekend of September 9<sup>th</sup>/10<sup>th</sup> to be emptied and then returned to you. Thank you.

**Food Bank:** Norwich Food Bank has sent an email thanking you for your great generosity in donating via the basket in the church porch. They also included a list of most-needed items, which is on the wall above the basket. Thank you.

**Bereavement Support Group:** If anyone is interested in setting up such a group, and discussing how best it may function, please come to the Garden Room on Friday September 8<sup>th</sup> at 7.00pm.

**CAFOD Coffee morning. Saturday 9 September 10am to 12 noon St George's Church Hall, Norwich, 223 Sprowston Road Norwich NR3 4HZ**

Meet parishioners from Bungay who will share the story of their **Live Simply** journey.

Find out more about our **Harvest Fast Day appeal**, which focuses on Dr Nasha's mobile medical clinic in Pakistan. Plenty of car parking by the church. There's no need to book a place but if you'd like more information contact Jane Crone [jcrone@cafod.org.uk](mailto:jcrone@cafod.org.uk)