

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



Parish Priest
Fr. David Ward
 The Presbytery, Townhouse Road
 Costessey
 Norwich NR8 5AA
 Tel. 01603 742812
davidward@stwalstans.com

Deacon
Rev. Bill Dimelow
 Crofthaven, The Croft
 Costessey
 Norwich NR8 5DT
 Tel: 01603 743476
postmaster@billdimelow.plus.com

School
Head Teacher: Rachel Swindell
 St Augustine's Catholic Primary School
 19 West End, Costessey
 Norwich NR8 5AG
 Tel: 01603 743317
office@st-augustines.norfolk.sch.uk

Christ opens our ears and our lips.

The power of Christ helps us to understand the Gospel and to speak its message to others. Even though in the world's eyes we may be insignificant, nevertheless the Lord has chosen us to be heirs to his kingdom. We do not need to be afraid. Our God is always faithful to his promises.

*Sundays Year B ~ Ordinary Times ~ Psalms Week III
 Twenty-third Sunday in Ordinary Times
 5th September 2021*

Entrance Antiphon	<i>You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.</i>	
First Reading	<i>The blind shall see, the deaf hear, the dumb sing for joy.</i>	<i>Isaiah 35:4-7</i>
Responsorial Psalm	<i>My soul, give praise to the Lord.</i>	<i>Psalm 145</i>
Second Reading	<i>God chose the poor according to the world to be rich in faith.</i>	<i>James 2:15</i>
Gospel Acclamation	<i>Alleluia, Alleluia! Speak, Lord, your servant is listening: you have the message of eternal life. Alleluia!</i>	
Gospel	<i>'He makes the deaf hear and the dumb speak'.</i>	<i>Mark 7:31-37</i>

Saturday			6:00pm	Paula Hughes R.I.P
Sunday	5th September	23rd Sunday in Ordinary Time	10:30am	Parishioners
Monday	6th September	Feria	9:15am	Norma Doggett R.I.P.
Tuesday	7th September	Feria		No Mass
Wednesday	8th September	Nativity of the BVM	7:00pm	Private Intention (Stowers)
Thursday	9th September	Feria	9:15am	Margaret Penford R.I.P.
			1:00pm	Funeral Service: Krystyna Rymarz
Friday	10th September	Feria		No Mass
Saturday	11th September	Feria	10:00am	Linda Williams
			6:00pm	Paula Hughes R.I.P
Sunday	12th September	24th Sunday in Ordinary Time	10.30am	Parishioners

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Fr Kenneth McCarthy, Paul Hawketts, Leo Tolosa, Ellen Harrington, Stephen Agius, Barbara Shannon, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – please pray for Francis Bates, Rufus Dimelow, Michael Stuart, Wendy Wood, Laurence Anderson, James Brown, Kathleen Gilbey, Vera Hedge, Gabor Peley, Evelyn Mitchell, Reginald Watson, Edward Moore, John Lowe, Agnes Delaney and all whose anniversaries occur around this time.

A Date for your Diary: The Parish AGM will take place in the Garden Room at 7.30pm on Wednesday September 15th. Copies of the Agenda and Minutes for the meeting can be found in the porch. Members of the Council and anyone intending to attend the meeting are asked to collect a copy.

First Holy Communion 2022: The closing date for applications is 19th September 2021. Please email Christine - c.conrad1@outlook.com - if you wish for your child to make their First Communion. Your child must be 8 years old or over on 31/08/2022 (Year 3 or above).

The UCM will be meeting again on Tuesday, September 7th in the Garden Room at 10:45. It will be an open meeting, all are welcome.

First Holy Communion: This year's First Holy Communion Masses will be at 10.30am on Sundays September 19th and 26th. Extra Masses will be held at 8.30am on both days. If you are a regular attender at 10.30 Sunday Mass, please consider coming to another Mass on those weeks so that the church doesn't get overcrowded. Thank you.

Baptisms at Mass: We have the great joy of a family of four children being baptised during the 10.30am Mass on Sunday September 12th. It is wonderful that the Church will be gathered to welcome these new members. We also hope to resume hymn singing at Sunday Mass on that day.

Exposition: Starting on September 2nd there will once again be a short period of Exposition of the Blessed Sacrament after Thursday morning Mass.

Foodbank: Do not forget that we are a collection point for the local foodbank. If you can, buy an extra item when you go shopping and put it in the basket in the church porch.

Journey in Faith: If any adults are interested in finding out more about the Catholic faith, perhaps with a view to becoming a member of the Church, the Journey in Faith course will begin in the Presbytery (behind the church) at 7pm on Thursday September 9th. You will not be committing yourself to anything by coming along. The course will run from September until next Easter. If you would like more details, please contact Fr David (details on the front of this newsletter).

Children's Liturgy: We love teaching your children about Jesus at Mass on Sunday at 10.30 and are looking forward to seeing them in September when we start again.

We are a small group who run the liturgy every week and we need some more helpers. Would you like to join us and help us? We would love to hear from you. Please contact Christine Conrad via email - c.conrad1@outlook.com. Thank you.

Spiritual Direction: There is now an opportunity for anyone interested to receive Spiritual Direction from a trained Director. Should you be interested in this way of developing your spiritual life please contact Fr David who has her contact details.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

Collection 28th /29th August £596.00
Many Thanks

St. Augustine's 200 Year Anniversary: All day event on Friday 24th September held on the school grounds. An exhibition of photos from the past with teas, coffees and cakes in the morning. In the evening, there will be BBQ with music and various stalls. Everybody is welcome. Help with supplying cakes and cupcakes will be greatly appreciated! Please bring any baked goods to the school by Thursday 23rd September before 2pm. Thanks

Readers Rota: A new rota for all readers is now available in the porch. It comes into effect on the weekend of 11th/12th of September 2021. We are going back to two readers again at each weekend Mass as it was before the pandemic.

Masses for Miscarriage and Infertility will be celebrated by Bishop Alan, at OLISE Church in Newmarket. For more information <https://www.rcdea.org.uk/couples-with-miscarriages-or-infertility-are-not-alone/>
A Mass for those who have experienced miscarriage (Sunday 10th October 2021, 12 noon). Families are welcome, refreshments afterwards. A Mass for those affected by infertility (Saturday 6th November 2021, 11 am.) Followed by a talk on treatment options for Catholic couples with infertility by Dr Phil Boyle. We respectfully ask that children do not attend this November Mass.

Sponsored Bike Ride - Saturday 9th September: There is only one month to get your sponsors. You can walk, ride or drive to the churches many of which are in the city. A list of the churches open on the day can be found on the Norfolk Churches Trust website.

Should you want to take part and raise money for St Walstans the sponsorship forms are in the porch. Please let me know if you intend to do the ride - geoffwgreen@tiscali.co.uk

Teas After Mass: We're hoping to re-start this social gathering from September onwards - every Sunday after the 10.30am Mass, and once a month after the Saturday 6.00pm Mass. Please could you sign up to the rota in the porch if you can help with this? **Due to the First Holy Comm. Masses over two weekends in September, it was decided not to start teas after Mass on Sunday mornings until the beginning of October. No change for Saturday evening.** If you'd like more details, please speak to Fr David or Pauline Stephenson. Thank you.

Confirmations 2022: The online registration for Confirmation is now available on the cathedral website. We hope that the Sacrament will be celebrated at St Walstan's next year, but candidates will still attend classes at the cathedral. More details are available by following the below link: <https://www.sjbcathedral.org.uk/registrations-for-next-years-first-holy-communion-and-confirmation-programmes-2019-2020-2-2/>

GIFT AID/STANDING ORDERS: Did you know, if you pay tax, you can increase the value of the money you donate to our church by £1 for every £4 you give at no extra cost to yourself. You just need to complete a very simple form.