

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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The commandments of God.

Christ did not come to set aside God's commandments but to fulfil them. He shows us how we are to act in order to witness to the power of God's word within us. Faith without good work is dead, and we show we are God's people by our care of those in need, rather than by adhering to human rules and tradition.

*Sundays Year B ~ Ordinary Times ~ Psalms Week II
 Twenty-second Sunday in Ordinary Times
 29th August 2021*

Entrance Antiphon	<i>Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.</i>	
First Reading	<i>Observe these laws and customs, that you may have life.</i>	<i>Deuteronomy 4:1-2,6-8</i>
Responsorial Psalm	<i>The just will live in the presence of the Lord.</i>	<i>Psalms 14</i>
Second Reading	<i>Accept and submit to the word.</i>	<i>James 1:17-18,21-22,27</i>
Gospel Acclamation	<i>Alleluia, Alleluia! Your words are spirit, Lord, and they are life; you have the message of eternal life. Alleluia!</i>	
Gospel	<i>You put aside the commandment of God, to cling to human traditions.</i>	<i>Mark 7:1-8,14-15,21-23</i>

Saturday			6:00pm	Parishioners
Sunday	29th August	22nd Sunday in Ordinary Time	10:30am	Private Intention (Stowers)
Monday	30th August	Feria	9:15am	Jean Flingo R.I.P.
Tuesday	31st August	Feria		No Mass
Wednesday	1st September	Feria	7:00pm	Private Intention
Thursday	2nd September	Feria	9:15am	Vocations
Friday	3rd September	St. Gregory the Great		No Mass
Saturday	4th September	Feria	10:00am	Paula Hughes R.I.P.
			6:00pm	Paula Hughes R.I.P.
Sunday	5th September	23rd Sunday in Ordinary Time	10.30am	Parishioners

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Fr Kenneth McCarthy, Paul Hawketts, Leo Tolosa, Ellen Harrington, Stephen Agius, Barbara Shannon, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – please pray for James McAlinden, Teresa Doggett, Ena Braniff, Jean Flingo, Agbes Grogan, Kitty Weigate, Maureen Dickman, Danny Bartram, Elizabeth O'Donoghue, Jean-Tracey Wright, Grace Field, Robert Croll, Beatrice Pratt, Hanora Beales and all whose anniversaries occur around this time.

The UCM will be meeting again on Tuesday, September 7th in the Garden Room at 10:45. It will be an open meeting, all are welcome.

Readers Rota: A new rota for all readers is now available in the porch. It comes into effect on the weekend of 11th/12th of September 2021. We are going back to two readers again at each weekend Mass as it was before the pandemic.

First Holy Communion: This year's First Holy Communion Masses will be at 10.30am on Sundays September 19th and 26th. Extra Masses will be held at 8.30am on both days. If you are a regular attender at 10.30 Sunday Mass, please consider coming to another Mass on those weeks so that the church doesn't get overcrowded. Thank you.

Baptisms at Mass: We have the great joy of a family of four children being baptised during the 10.30am Mass on Sunday September 12th. It is wonderful that the Church will be gathered to welcome these new members. We also hope to resume hymn singing at Sunday Mass on that day.

Exposition: Starting on September 2nd there will once again be a short period of Exposition of the Blessed Sacrament after Thursday morning Mass.

Foodbank: Don't forget that we are a collection point for the local foodbank. If you can, buy an extra item when you go shopping and put it in the basket in the church porch.

Journey in Faith: If any adults are interested in finding out more about the Catholic faith, perhaps with a view to becoming a member of the Church, the Journey in Faith course will begin in the Presbytery (behind the church) at 7pm on Thursday September 9th. You will not be committing yourself to anything by coming along. The course will run from September until next Easter. If you would like more details, please contact Fr David (details on the front of this newsletter).

GIFT AID/STANDING ORDERS: Did you know, if you pay tax, you can increase the value of the money you donate to our church by £1 for every £4 you give at no extra cost to yourself. You just need to complete a very simple form.

Children's Liturgy: We love teaching your children about Jesus at Mass on Sunday at 10.30 and are looking forward to seeing them in September when we start again.

We are a small group who run the liturgy every week and we need some more helpers. Would you like to join us and help us? We would love to hear from you. Please contact Christine Conrad via email - c.conrad1@outlook.com. Thank you.

Spiritual Direction: There is now an opportunity for anyone interested to receive Spiritual Direction from a trained Director. Should you be interested in this way of developing your spiritual life please contact Fr David who has her contact details.

First Holy Communion 2022: We are welcoming applications from those who wish their child to prepare for Reconciliation and First Holy Communion in 2022. If your child will be 8 years old or over on 31 August 2021 (Year 3 or above), please contact Christine Conrad via email - c.conrad1@outlook.com - as soon as possible. It is anticipated that the programme will start in January 2022, but due to the continuing pandemic, the start date may be delayed.

Collection 21st /22nd August £580.00
Many Thanks

Church Drive: The resurfacing of the church drive was cancelled at the 11th hour when one of the workmen tested positive for covid. It is hoped that this work will now take place during the half-term week at the end of October.

March for Life: Saturday 4th September 2021. Indoor events from 10am until 1pm in The Emmanuel Centre, 9-23 Marsham Street, London, SW1P 3DW. The March to Parliament Square, will start outside at 1.30pm. There will be a number of Pro-Life speakers at Parliament Square, including Bishop John Keenan. For more details see: www.MarchForLife.co.uk

The Diocesan Youth Service is looking for people aged 18-35 to join the Ignite Team, sharing the Gospel Message to young people. These are full-time position initially for either 12 months (Sept 2021 or Sept 2022) or 6 months (Jan 2022 or Jan 2023), with training, food, accommodation and a monthly allowance provided. For more information see www.rcdea.org.uk/youth

A Date for your Diary: The Parish AGM will take place in the Garden Room at 7.30pm on Wednesday September 15th.

Baptism Class: The next class for parents wishing to have their children baptised will take place in the presbytery (behind the church) from 3.30 to 4.30pm on Saturday September 4th. Further details available from Fr David.

CHUTNEYS: There is a selection of chutneys in the porch for you to help yourself. There's no price on them, but, if you'd like to make a donation, it will go towards Ta Hen, our twin parish in Cambodia.

Sponsored Bike Ride - Saturday 9th September: There is only one month to get your sponsors. You can walk, ride or drive to the churches many of which are in the city. A list of the churches open on the day can be found on the Norfolk Churches Trust website.

Should you want to take part and raise money for St Walstans the sponsorship forms are in the porch. Please let me know if you intend to do the ride - geoffwgreen@tiscali.co.uk

Teas After Mass: We're hoping to re-start this social gathering from September onwards - every Sunday after the 10.30am Mass, and once a month after the Saturday 6.00pm Mass. Please could you sign up to the rota in the porch if you can help with this? If you'd like more details, please speak to Fr David or Pauline Stephenson. Thank you.

Confirmations 2022: The online registration for Confirmation is now available on the cathedral website. We hope that the Sacrament will be celebrated at St Walstan's next year, but candidates will still attend classes at the cathedral. More details are available by following the below link: <https://www.sjbcathedral.org.uk/registrations-for-next-years-first-holy-communion-and-confirmation-programmes-2019-2020-2-2/>

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm