

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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The message of eternal life.

Jesus Christ lives in his Church, and in loving the Church we love him. However challenging the world may find Christ's teaching, we know that he has the message of eternal life, and there is no one else to whom we want to go. We show our love to Christ in our service of his Church.

*Sundays Year B ~ Ordinary Times ~ Psalms Week I
 21st Sunday in Ordinary Times
 22nd August 2021*

Entrance Antiphon	<i>Turn your ear, O Lord, and answer me; save the servant who trusts in you, my God. Have mercy on me, O Lord, for I cry to you all the day long.</i>	
First Reading	<i>We will serve the Lord, for he is our God.</i>	<i>Joshua 24:1-2,15-18</i>
Responsorial Psalm	<i>Taste and see that the Lord is good.</i>	<i>Psalm 33</i>
Second Reading	<i>Christ loves the Church, because it is his body.</i>	<i>Ephesians 5:21-32</i>
Gospel Acclamation	<i>Alleluia, Alleluia! Your words are spirit, Lord, and they are life; you have the message of eternal life. Alleluia!</i>	
Gospel	<i>Who shall we go to? You are the Holy One of God.</i>	<i>John 6:60-69</i>

Saturday			6:00pm	In Thanksgiving
Sunday	22nd August	21st Sunday in Ordinary Time	10:30am	Parishioners
Monday	23rd August	Feria	9:15am	Christopher Lambe R.I.P.
Tuesday	24th August	St. Bartholomew		No Mass
Wednesday	25th August	Feria	7:00pm	Percy & Flora Harvey R.I.P.
Thursday	26th August	Feria		No Mass
Friday	27th August	St. Monica		No Mass
Saturday	28th August	St. Augustine	10:00am	Elizabeth Sharples R.I.P.
			6:00pm	Parishioners
Sunday	29th August	22nd Sunday in Ordinary Time	10.30am	Private Intention (Stowers)

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Fr Kenneth McCarthy, Paul Hawketts, Leo Tolosa, Ellen Harrington, Stephen Agius, Barbara Shannon, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – please pray for Julia Snell, Mary Whitley, Frances Loades, Ronald Hunter, Thomas Connolly, Doris (Joan) Faulkner, George Laws, John McGuire, Olive Banham, Edward Trafford, Claude Gunton, Helen Tuck, Valerie Rolph, Anne Burlison, Rose Bunn, Walstan Skeet, John Toper and all whose anniversaries occur around this time.

Exposition: Starting on September 2nd there will once again be a short period of Exposition of the Blessed Sacrament after Thursday morning Mass.

Foodbank: Don't forget that we are a collection point for the local foodbank. If you can, buy an extra item when you go shopping and put it in the basket in the church porch.

A Date for your Diary: The Parish AGM will take place in the Garden Room at 7.30pm on Wednesday September 15th.

Prayer Partners: If you haven't done so already, please put your name next to one of the First Holy Communion children's on the list near the font then include that child in your prayers between now and when they make their First Holy Communion in September. Thank you.

Journey in Faith: If any adults are interested in finding out more about the Catholic faith, perhaps with a view to becoming a member of the Church, the Journey in Faith course will begin in the Presbytery (behind the church) at 7pm on Thursday September 9th. You will not be committing yourself to anything by coming along. The course will run from September until next Easter. If you would like more details, please contact Fr David (details on the front of this newsletter).

GIFT AID/STANDING ORDERS: Did you know, if you pay tax, you can increase the value of the money you donate to our church by £1 for every £4 you give at no extra cost to yourself. You just need to complete a very simple form.

Children's Liturgy: We love teaching your children about Jesus at Mass on Sunday at 10.30 and are looking forward to seeing them in September when we start again. We are a small group who run the liturgy every week and we need some more helpers. Would you like to join us and help us? We would love to hear from you. Please contact Christine Conrad via email - c.conrad1@outlook.com. Thank you.

Spiritual Direction: There is now an opportunity for anyone interested to receive Spiritual Direction from a trained Director. Should you be interested in this way of developing your spiritual life please contact Fr David who has her contact details.

First Holy Communion 2022: We are welcoming applications from those who wish their child to prepare for Reconciliation and First Holy Communion in 2022. If your child will be 8 years old or over on 31 August 2021 (Year 3 or above), please contact Christine Conrad via email - c.conrad1@outlook.com - as soon as possible.

It is anticipated that the programme will start in January 2022, but due to the continuing pandemic, the start date may be delayed.

Collection 14th /15th August £290.00
Many Thanks

Church Drive Resurfacing: The church drive is due to be resurfaced on Thursday and Friday of this coming week, August 26th & 27th. The church and the car park will be closed on both of these days, and there will be no Mass on the Thursday morning. Please pray for good weather so the work can go ahead!

Baptism Class: The next class for parents wishing to have their children baptised will take place in the presbytery (behind the church) from 3.30 to 4.30pm on Saturday September 4th. Further details available from Fr David.

CHUTNEYS: There is a selection of chutneys in the porch for you to help yourself. There's no price on them, but, if you'd like to make a donation, it will go towards Ta Hen, our twin parish in Cambodia.

Sponsored Bike Ride - Saturday 9th September: There is only one month to get your sponsors. You can walk, ride or drive to the churches many of which are in the city. A list of the churches open on the day can be found on the Norfolk Churches Trust website.

Should you want to take part and raise money for St Walstans the sponsorship forms are in the porch. Please let me know if you intend to do the ride - geoffwgreen@tiscali.co.uk

Teas After Mass: We're hoping to re-start this social gathering from September onwards - every Sunday after the 10.30am Mass, and once a month after the Saturday 6.00pm Mass. Please could you sign up to the rota in the porch if you can help with this? If you'd like more details, please speak to Fr David or Pauline Stephenson. Thank you.

Confirmations 2022: The online registration for Confirmation is now available on the cathedral website. We hope that the Sacrament will be celebrated at St Walstan's next year, but candidates will still attend classes at the cathedral. More details are available by following the below link: <https://www.sjbcathedral.org.uk/registrations-for-next-years-first-holy-communion-and-confirmation-programmes-2019-2020-2-2/>

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm