

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



Parish Priest
Fr. David Ward
 The Presbytery, Townhouse Road
 Costessey
 Norwich NR8 5AA
 Tel. 01603 742812
davidward@stwalstans.com

Deacon
Rev. Bill Dimelow
 Crofthaven, The Croft
 Costessey
 Norwich NR8 5DT
 Tel: 01603 743476
postmaster@billdimelow.plus.com

School
Head Teacher: Rachel Swindell
 St Augustine's Catholic Primary School
 19 West End, Costessey
 Norwich NR8 5AG
 Tel: 01603 743317
office@st-augustines.norfolk.sch.uk

Christ the shepherd of people.

Jesus Christ looks on the people with compassion because they are like sheep without shepherd. He teaches the Good News that the people who have been dispersed like lost sheep will be brought back into the fold. It is our vocation to remind people that through his blood Christ is the peace between us.

Sundays Year B ~ Ordinary Times ~ Psalms Week IV
Sixteenth Sunday in Ordinary Times
 18th July 2021

Entrance Antiphon	<i>See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.</i>	
First Reading	<i>I will gather the remnant of my flock and raise up shepherds for them.</i>	<i>Jeremiah 23:1-6</i>
Responsorial Psalm	<i>The Lord is my shepherd: there is nothing I shall want.</i>	<i>Psalm 22</i>
Second Reading	<i>Christ Jesus is the peace between us.</i>	<i>Ephesians 2:13-18</i>
Gospel Acclamation	<i>Alleluia, Alleluia! The sheep that belong to me listen to my voice, says the Lord, I know them, and they follow me. Alleluia!</i>	
Gospel	<i>They were like sheep without a shepherd.</i>	<i>Mark 6:30-34</i>

Mass Times and Intentions

Day	Date	Occasion	Time	Intention
Saturday	18 th July	16 th Sunday in Ordinary Times	6:00pm	Deceased Members of the Jubby Family.
Sunday	18 th July	16 th Sunday in Ordinary Times	10:30am	Parishioners
Monday	19 th July	Feria	9:15am	Holy Souls
Tuesday	20 th July	Feria		No Mass
Wednesday	21 st July	Feria	7:00pm	Richard Power R.I.P.
Thursday	22 nd July	St. Mary Magdalene	9:15am	Personal Intention
Friday	23 rd July	St. Bridget		No Mass
Saturday	24 th July	Feria	10:00am	Parishioners
			6:00pm	MGR. Richard Wilson R.I.P.
Sunday	25 th July	17 th Sunday in Ordinary Times	10.30am	For the Elderly who have died of Covid.

Confessions on Saturday 10.30-11.00am and Wednesday 6.00-6.30pm

Sick and Housebound – Please pray for Fr Kenneth McCarthy, Paula Hughes, Paul Hawketts, Leo Tolosa, Ellen Harrington, Stephen Agius, Jenny Piercy, Barbara Shannon, Yustyna Adamska, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – please pray for Cyril Crompton, Agnes Bush, Norah Meekings, Eddie Chapman, Marguerite Saunders, Raymond Smith, Joanne O'Brian, Charles Hawkings, Betram Wilson, Lily Griffin, Gerald 'Chris' McGuire, Edith Bryson, Alice Secker, Gerhard Conrad and all whose anniversaries occur around this time.

A good Catholic meddles in politics, offering the best of himself, so that those who govern can govern. But what is the best that we can offer to those who govern? Prayer!

Pope Francis

18th July (16th Sunday in Ordinary Time)

http://www.sdc.me.uk/sundayliturgy/worksheets/b-ordinary_time-16.PDF

http://www.4catholiceducators.com/pdf/mark6_30_34.pdf

<https://web.archive.org/web/20170626112249/http://www.joanyedwards.com/wordsearch/B34SheepwithoutaShepherd.pdf>

https://sermons4kids.com/getting_away_decoder.htm?fromSermoid=530

The Big Picnic: This is an event organised by Costessey Cares and will take place in the grounds of the Costessey Centre on Friday August 20th from 1.30-4.00pm. Bring your own picnic, or text 07307625961 with your name, food choice of ham or cheese, any dietary requirements, and the number of picnics required for a free packed lunch.

World Day for Grandparents and the Elderly: Pope Francis has asked us to dedicate Sunday July 25th as a day for grandparents and the elderly. We are encouraged to pray for them very especially that day, and to make an effort to visit the older members of our families and communities.

Hospital Visits: If you require a priest to visit someone in hospital, particularly if they have the coronavirus, please ask the appropriate ward to call the chaplain. Alternatively, you can ring the hospital chaplaincy office on 01603-287470 and they will see that a Catholic chaplain visits.

GIFT AID/STANDING ORDERS: Did you know, if you pay tax, you can increase the value of the money you donate to our church by £1 for every £4 you give at no extra cost to yourself. You just need to complete a very simple form.

Children's Liturgy: We love teaching your children about Jesus at Mass on Sunday at 10.30 and are looking forward to seeing them in September when we start again.

We are a small group who run the liturgy every week and we need some more helpers. Would you like to join us and help us? We would love to hear from you. Please contact Christine Conrad via email - c.conrad1@outlook.com. Thank you.

CHURCH GRAVEYARD: Grass cutter required urgently to take on a small part of the cemetery, needed once or twice a month. Please get in touch with Roy Hatton tel. 743343 Thank you

Spiritual Direction: There is now an opportunity for anyone interested to receive Spiritual Direction from a trained Director. Should you be interested in this way of developing your spiritual life please contact Fr David who has her contact details

Collection 10th /11th July

£564.73
Many Thanks

Confirmations 2022: The online registration for Confirmation is now available on the cathedral website. We hope that the Sacrament will be celebrated at St Walstan's next year, but candidates will still attend classes at the cathedral. More details are available by following the below link: <https://www.sjbcathedral.org.uk/registrations-for-next-years-first-holy-communion-and-confirmation-programmes-2019-2020-2-2/>

Cleaner Needed for the Presbytery: I need someone to clean the presbytery one morning a week, starting in August. If you think you would like this paid position, please contact me either by phone (742812) or email davidward@stwalstans.com

Church Cleaning:- Unfortunately there has been a poor response to our need for more volunteers to join our cleaning teams. We have only heard from two people but have lost eleven, due to different circumstances. All the church stewards have done a wonderful job keeping our church and parishioners safe during the pandemic. But the church is in need of a good spring clean now that it is left unlocked all day. And things are slowly getting back to normal. Father David and I look forward to a good response from our parishioners. If you think you are interested or can help, please let Father David know or I can be contacted on 01603 745588 or email kathleaster@btinternet.com

First Holy Communion 2022: We are welcoming applications from those who wish their child to prepare for Reconciliation and First Holy Communion in 2022. If your child will be 8 years old or over on 31 August 2021 (Year 3 or above), please contact Christine Conrad via email - c.conrad1@outlook.com - as soon as possible.

It is anticipated that the programme will start in January 2022, but due to the continuing pandemic, the start date may be delayed.

Sponsored Bike Ride: The Norfolk Churches Sponsored Bike Ride goes from strength to strength. Last year the total raised was an amazing £174,000. The Bike Ride will be held again this year on Saturday 11th September so put this date in your diary and make sure that your bike is ready for action. Of course you could also walk or drive. Remember that the amount your raise is shared between the Trust and your chosen church.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm