

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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*Mary, you have won God's favour.*

*The Lord is always faithful to his promises. From before the time of David right up to the birth of Jesus, there is no doubt that the Lord is with his people. That which has been hidden for endless ages is revealed in Jesus Christ, the son of the Virgin Mary.*

Sundays Year B ~ Advent Season ~ Psalms Week 4

**Fourth Sunday of Advent**

**20<sup>th</sup> December 2020**

<b>Entrance Antiphon</b>	<i>Drop down dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Saviour.</i>	
<b>First Reading</b>	<i>Your House and your sovereignty will always stand secure before me.</i>	<b>2 Samuel 7:1-5,8-12,14,16</b>
<b>Responsorial Psalm</b>	<i>I will sing for ever of your love, O Lord.</i>	<b>Psalm 88</b>
<b>Second Reading</b>	<i>The mystery is revealed that was kept secret for endless ages.</i>	<b>Romans 16:25-27</b>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia! I am the handmaid of the Lord: let what you have said be done to me. Alleluia!</i>	
<b>Gospel</b>	<i>"I am the handmaid of the Lord".</i>	<b>Luke 1:26-38</b>

## Mass Times and Intentions

<b>Sunday</b>	<b>20<sup>th</sup> December</b>	<b>4<sup>th</sup> Sunday of Advent</b>	<b>10.00am</b>	<b>Helen Williams R.I.P.</b>
<b>Monday</b>	<b>21<sup>st</sup> December</b>	<b>Advent Feria</b>	<b>10.00am</b>	<b>Ruth Bealy R.I.P.</b>
<b>Tuesday</b>	<b>22<sup>nd</sup> December</b>	<b>Advent Feria</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>23<sup>rd</sup> December</b>	<b>Advent Feria</b>	<b>7:00pm</b>	<b>Marion Grinter R.I.P.</b>
<b>Thursday</b>	<b>24<sup>th</sup> December</b>	<b>Christmas Eve</b>	<b>6:00pm</b>	<b>Margaret Buck R.I.P.</b>
			<b>9:00pm</b>	<b>Holy Souls</b>
<b>Friday</b>	<b>25<sup>th</sup> December</b>	<b>The Nativity of the Lord</b>	<b>8:30am</b>	<b>Parishioners</b>
			<b>10.30am</b>	<b>Barbara Johnson R.I.P.</b>
<b>Saturday</b>	<b>26<sup>th</sup> December</b>	<b>St. Stephen</b>	<b>10.00am</b>	<b>Altar Servers</b>
<b>Sunday</b>	<b>27<sup>th</sup> December</b>	<b>The Holy Family of Jesus, Mary and Joseph</b>	<b>10.00am</b>	<b>Roy &amp; Janet Hatton (Diamond Anniversary)</b>

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.  
 Confessions by Appointment

**Sick and Housebound** – Please pray for Stephen Agius, Jenny Piercy, Barbara Shannon, Geoffrey Smith, Yustyna Adamska, Una McWeeny, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

**Faithful Departed** – please pray for Herbert Halesworth, Catharina Potter, Brian Kirby, Helen Williams, Kathleen Saunders, Bridget Rayner, Michael Collins, Thomas Crilly, Grace Segold, Neville Ternan, Frank Symes, Therese (Ann) Finnie, Pauline Dent, Angel Staddon, Vivienne McDonnell, Brian Duffield, and all whose anniversaries occur around this time.

# *“May the miracle of Christmas fill our heart with joy and peace.”*

**20<sup>th</sup> December (4<sup>th</sup> Sunday of Advent)**

Collection w/e 13<sup>th</sup> December

£729.00  
Many Thanks

<http://www.sdc.me.uk/sundayliturgy/worksheets/b-advent-04.pdf>

<https://prayerist.com/adventpuzzle.html>

<https://webzoom.freewebs.com/salfordliturgy/Wordsearch%20Advent%204B.jpg>

<http://www.4catholiceducators.com/coloringclipart/Mary%20and%20Angel%20Gabriel%20Coloring.pdf>

[http://www.4catholiceducators.com/pdf/Curr167\\_2.pdf](http://www.4catholiceducators.com/pdf/Curr167_2.pdf)

<https://f.hubspotusercontent30.net/hubfs/275132/catholicmom/Sunday%20Gospel%20Activities/2020/12/12-20-2020%204%20Advent%20B/4%20Advent%20B%20Mass-compressed.pdf>

**CAFOD also have something every week at**

<https://cafod.org.uk/Education/Children-s-liturgy>

**Dial-a-Mass:** The Knights of St Columba have set up a Dial-a-Mass for those who are unable to participate in the celebration of the Mass via TV or Livestreaming. The Mass is available from 12 noon each day and will last about 45 minutes, being available until midnight the same day. The Mass will cost as little as a local call and the phone number is: 01642-130120.

**Head Teacher Vacancy:** All Saints Academy, March, (Primary), please see diocesan website for more details:

<https://www.rcdea.org.uk/schools/school-vacancies/>

**USED POSTAGE STAMPS:** Many thanks to everyone who have collected used postage stamps for recycling by a charity. Recently this has been the Royal National Institute the Blind & they have requested that, when trimming stamps, a centimetre of paper be left round the edge. Stamps can be left in the porch in the box labelled “Dorothy Dimelow”.

**An invitation to all young people!** The Ignite Team are planning plenty of new online content over the coming months. Join us on YouTube for First Fridays, our NEW monthly online chat show which goes live on the First Friday of each month. And why not join young people across the Diocese for our Mass for Young People on the Second Saturday of each month? Streamed via our YouTube channel and coming in person to a church near you! Follow us on Instagram and subscribe on YouTube to keep up to date with all we have to offer you: @igniteyea

**Church Opening & Mass:** During the ongoing pandemic, Mass is currently being celebrated at 7pm on Wednesday and at 10am Thursday to Monday inclusive. (There is no Mass on Tuesday.) The obligation to attend Mass on Sunday has been waived so you don't have to come to Mass if you feel unsafe, and you can attend on any day of the week. To make sure there is room, as numbers are strictly limited, please email me - [davidward@stwalstans.com](mailto:davidward@stwalstans.com) - or call on Norwich 742812 to 'book in'. If possible, please attend on the same day each week: once you have booked your space, you will remain on that list, although I would appreciate you letting me know if you can't attend on a particular week. Not everyone can make this commitment, so it is fine to book one week at a time on different days to tie in with shift work and other commitments. Face coverings are obligatory when attending Mass, so please bring something suitable (mask, scarf, bandana, etc.) if you can. We have a small supply of disposable masks if you don't have your own. Thank you for your continued patience and co-operation at this difficult time. Fr David

**Premier Radio Carols on the Doorstep:** If you would like to join in with this initiative, please visit <https://www.premierchristianradio.com/An-Invitation-to-Join-Carols-on-the-Doorstep>.

Act now and ask your MP to oppose introducing assisted suicide: The assisted suicide lobby have launched a large campaign to put pressure on the Government to reconsider the legalisation of assisted suicide. Right To Life UK have set up an easy to use tool which will enable you to email your MP asking to make it clear to the Government that it should not give in to demands from the assisted suicide lobby to reconsider the legalisation of assisted suicide. It only takes 30 seconds to email your MP by visiting this link: <https://righttolife-org-dot-yamm-track.appspot.com/Redirect?ukey=1i4Y2Dz08w0H2x03hh3bpU12hyRbuVFzm0PBtTVx9X2o-1351573307&key=YAMMID-23291221&link=https%3A%2F%2Frighttolife.org.uk%2FStopAssistedSuicide>  
<https://righttolife.org.uk/StopAssistedSuicide>

**Universalis:** This is a website accessible on mobile devices where you can find daily Mass readings, etc. The web address is [www.universalis.com](http://www.universalis.com)

**Wednesday Word:** You are able to access this useful leaflet via the website [www.wednesdayword.org](http://www.wednesdayword.org)