

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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School
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Christ gives us food to eat.

The Lord freely gives us our spiritual food and drink. He gives us his own Son in the Eucharist so that nothing can come between us and the love of God made visible in Christ. Christ takes pity on us; he knows our needs, which he will always satisfy if only we turn to him.

Sundays Year A ~ Ordinary Time ~ Psalms Week 2

18th Sunday in Ordinary Time

2nd August 2020

Entrance Antiphon	<i>O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.</i>	
First Reading	<i>Come and eat.</i>	<i>Isaiah 55:1-3</i>
Responsorial Psalm	<i>You open wide your hand, O Lord; you grant our desires.</i>	<i>Psalms 144</i>
Second Reading	<i>No created thing can ever come between us and the love of God made visible in Christ.</i>	<i>Romans 8:35,37-39</i>
Gospel Acclamation	<i>Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!</i>	
Gospel	<i>The feeding of the five thousand.</i>	<i>Matthew 14:13-21</i>

Mass Times and Intentions

Sunday	2nd August	18th Sunday in Ordinary Time	10.00am	Parishioners
Monday	3rd August	Feria	10.00am	All with Coronavirus
Tuesday	4th August	St. John Vianney	10.00am	No Mass
Wednesday	5th August	Feria	7:00pm	Tim & Pauline Smith
Thursday	6th August	The Transfiguration of the Lord	10.00am	Mona Ward
Friday	7th August	St. Cajetan of Thiene	10.00am	Elsie Robert
Saturday	8th August	St. Domnic	10.00am	Holy Souls
Sunday	9th August	19th Sunday in Ordinary Time	10.00am	Parishioners

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room
 Confessions by Appointment
 Exposition every Thursday morning after Mass until 10:00am

Sick and Housebound – Please pray for Fr. Michael Hood, Barbara Shannon, Geoffrey Smith, Yustyna Adamska, Una McWeeny, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

Faithful Departed – please pray for Salome Miller Arcila, Alfred Marcantonio, Sheila O'Connor, Joyce Conneely, Wilhelmina Ryan, Maria Zechmeister, Julie Somers, Aveline Taylor and all whose anniversaries occur around this time.

First Holy Communion 2021: Applications for children in Year 3 and above at school are available. Please email Christine Conrad - c.conrad1@outlook.com - and I will email a form to you. In view of the current situation, the closing date will be Sunday 25 October.

Please return the completed form with your child's baptism certificate to either Fr David, Deacon Bill or Christine Conrad.

God bless and stay safe.

Cleaner Required: The Diocese of East Anglia is looking for a part-time cleaner for the Diocesan Offices at Poringland. Details can be found on the Diocesan website at: <https://www.rcdea.org.uk/vacancies/> or ring 01603 492202 and speak to Laura.

Universalis: This is a website accessible on mobile devices where you can find daily Mass readings, etc. The web address is www.universalis.com

Cafod also have something every week at
<https://cafod.org.uk/Education/Children-s-liturgy>

Votive Candles: If you would like me to light a candle and pray for someone or some situation, please let me know, by phone or email, and I will be happy to do so. Fr David.

Websites: In addition to the information already given, the following websites may be of interest. Liturgy of the Hours (Divine Office) - <https://universalis.wordpress.com> ; Downside Abbey - <https://soundcloud.com/downsideabbey> ; Lourdes Live - <https://www.lourdes-france.org/en/tv-lourdes>

Mass Online: In addition to the details already given about Mass from Walsingham, you will find a huge number of Masses available online by visiting www.mass-online.org

Wednesday Word: You are able to access this useful leaflet via the website www.wednesdayword.org

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.

Collection 25th /26th July

£934.72

Many Thanks

The Norfolk Churches Trust Annual Bike Ride and Walk will take place again this year on Saturday 12th September. As usual riders and walkers can be supported by sponsorship or donation. If you feel that you are able to take part by bike, horse, car or on foot please pick up a sponsorship form from the church or ask me, Geoff Green, for one on Norwich 742777. If you cannot take part please try to sponsor someone who is. Half the proceeds raised by participants goes to their nominated church.

Church Opening for Private Prayer: From Sunday July 26th onwards the church will be open for private prayer for one hour every afternoon, 2.00-3.00pm.

Wednesday Mass: From Wednesday July 22nd, Mass will be at 7.00pm and not at 10.00am. Masses on Thursday to Monday inclusive will remain at 10.00am for the time being. There is no Mass on Tuesday. Once you have 'booked in' for a particular day, you will remain on the list for that day unless you tell me otherwise. If you have not already re-start attending Mass and would like to do so, please let me know, preferably by email - davidward@stwalstans.com - or by phone on 01603-742812. Masks or other face coverings (visors, scarfs, etc.) are obligatory at Mass at the moment, so please bring something suitable if you can. We have a small supply of masks if you don't have your own. Thank you for your patience and co-operation at this difficult time. Fr David

Dial-a-Mass: The Knights of St Columba have set up a Dial-a-Mass for those who are unable to participate in the celebration of the Mass via TV or Livestreaming. The Mass is available from 12 noon each day and will last about 45 minutes, being available until midnight the same day. The Mass will cost as little as a local call and the phone number is: 01642-130120.

St Augustine's School: There still some places available in Nursery at St Augustine's School for the year beginning September 2020. For more details please contact the school on office@staugustines.norfolk.sch.uk or 01603-743317.