

# Catholic Church of Our Lady and St. Walstan

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 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
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*Christ our shepherd and king.*

*Jesus Christ is descended from the line of David, a shepherd who was anointed king by the prophet Samuel. Christ is our king who guides us with the tender care of a shepherd. With him by our side, we shall want for nothing, even though we walk in the valley of darkness.*

*Sundays Year A ~ Lent Season ~ Psalms Week 4*

**Fourth Sunday of Lent**

**22<sup>nd</sup> March 2020**

<b>Entrance Antiphon</b>	<i>Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; Exult and be satisfied at her consoling breast.</i>	
<b>First Reading</b>	<i>David is anointed king of Israel</i>	<b>1 Samuel 16:1. 6-7. 10-13</b>
<b>Responsorial Psalm</b>	<i>The Lord is my shepherd; there is nothing I shall want.</i>	<b>Psalm 22</b>
<b>Second Reading</b>	<i>Rise from the dead, and Christ will shine on you.</i>	<b>Ephesians 5:8-14</b>
<b>Gospel Acclamation</b>	<i>Glory to you, O Christ, you are the Word of God! I am the light of the world, says the Lord; anyone who follows me will have the light of life. Glory to you, O Christ, you are the Word of God!</i>	
<b>Gospel</b>	<i>He went off and washed himself, and came away with his sight restored.</i>	<b>John 9:1-41</b>

## Mass Times and Intentions

<b>Saturday</b>	<b>21<sup>st</sup> March</b>	<b>4<sup>th</sup> Sunday of Lent</b>	<b>Deceased Bates &amp; Drury Families</b>
<b>Sunday</b>	<b>22<sup>nd</sup> March</b>		<b>Margaret Buck R.I.P.</b>
<b>Monday</b>	<b>23<sup>rd</sup> March</b>	<b>Lent Feria</b>	<b>Beatrice Robinson R.I.P.</b>
<b>Tuesday</b>	<b>24<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>No Mass</b>
<b>Wednesday</b>	<b>25<sup>th</sup> March</b>	<b>The Annunciation of the Lord</b>	<b>Archbishop Peter Smith R.I.P.</b>
<b>Thursday</b>	<b>26<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>Sheila McManus R.I.P.</b>
<b>Friday</b>	<b>27<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>Concetta Borg R.I.P.</b>
<b>Saturday</b>	<b>28<sup>th</sup> March</b>	<b>Lent Feria</b>	<b>Frederick Minturn R.I.P.</b>
<b>Saturday</b>	<b>28<sup>th</sup> March</b>	<b>5<sup>th</sup> Sunday of Lent</b>	
<b>Sunday</b>	<b>29<sup>th</sup> March</b>		<b>Cecil &amp; Daphne Sparkes R.I.P.</b>

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.  
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room  
 Confessions by Appointment  
 Exposition every Thursday morning after Mass until 10:00am

**Sick and Housebound** – Please pray for Geoffrey Smith, Yustyna Adamska, Una McWeeny, Michele Bendall, Christina Thomas, Ann Bettany, Vivienne Anne Mallett and Marcia Jenkin.

**Faithful Departed** – please pray for Jean Bates, Philip McDermott, Marian Kotlarz, Declan McCloskey, Thomas O'Sullivan, Nellie Foulger, Beatrix Robinson, Mary Cousins, Sheila Aquilana, Annie Ringrose, Bryan Wake, Mary Bollom, Louis Durrant, Alan Wigg, Terence Ryan and all whose anniversaries occur around this time.

**Weekly Collection:** A few people have asked how they can continue to make their weekly offering to the Church while there are no public Masses. I suggest that you might like to keep the offerings to one side and bring them once we are back to normal. It would probably be best not to put offerings in the metal slot/chute in the porch as this is chiefly for repository money and things would be confused.

**Mass Online:** In addition to the details already given about Mass from Walsingham, you will find a huge number of Masses available online by visiting [www.mass-online.org](http://www.mass-online.org)

**Caritas East Anglia** has postponed the Festival which was due to be held at St George's on 28th March, due to the measures in place to contain the coronavirus. Please pray for all those who were to have taken part and those they serve, and for all those suffering the effects of this pandemic in any way. Caritas is here to support the poor and marginalised. If you are able to help coordinate support at this time, please contact Jacinta: [caritas@rcdea.org.uk](mailto:caritas@rcdea.org.uk)

**Archbishop Peter Smith:** As announced last weekend, Archbishop Peter Smith (former Bishop of East Anglia) died on March 6th. Fr. David will be offering Mass for Archbishop Smith on Wednesday March 25th at 7.00pm.

**Dowry of Mary:** Father David will be saying the re-dedication prayers in private on March 29<sup>th</sup> on behalf of the parish. The main act of re-dedication at Walsingham should be available to watch online at 12 noon that day. Please visit [www.walsingham.org.uk](http://www.walsingham.org.uk) for further information.

**Youth Pilgrimage to Malta - Following in the footsteps of St. Paul** Age 16 -35? Come and join the Diocesan Youth Service Pilgrimage to Malta. From, July 26th - 31st 2020. Places are limited and bookings must be received by April 13th. For more information see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**Gift Aid 2020:** The new Gift Aid boxes will be available soon. Please let me know if you have changed your address or if you no longer pay tax. Thank you. Christine Conrad

### School Masses – Spring Term 2020

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm.

**Collections** 14<sup>th</sup> /15<sup>th</sup> March £ 503.00  
Many thanks

**Confessions** will not be taking place at the usual times but will be available by appointment.

**Catholic East Anglia:** The latest edition of our diocesan newspaper is available in the church porch. Please pick one up if you visit the church for private prayer. Perhaps you could also drop one through the letterbox of someone you know who is unable to get out or is self-isolating.

**Baptism Class:** This has been cancelled until further notice.

**Foodbank:** The basket in the church porch for items for the local foodbank will remain there even though there are no Masses. The items donated will be taken to the local foodbank as usual during this time.

**The book sale and lucky square game** in aid of Taken, Cambodia, has been suspended until things return to some sort of normal. Thank you for your support

The Diocese is recruiting a **part-time Finance and Administration Assistant** on 20 hours per week. Details can be obtained by emailing the Diocesan office at [finance@rcdea.org.uk](mailto:finance@rcdea.org.uk) or go to <https://rcdea.org.uk/> and click on the link on the home page. The closing date is Monday April 6th.

**Monday coffee morning.** From 23rd March coffee morning will be cancelled until further notice, due to the Coronavirus. Hopefully we will be back to normal in due course.

**Adult Confirmation:** If there are any baptised adults who have not been confirmed and would like to be prepared for that sacrament, please contact Fr David for further details.

**Soul Squad:** This is a new youth group for young people in Years 4, 5 & 6 to get to know new and old friends, their God and the Catholic faith in a fun environment. The first meeting will be held at Notre Dame Prep School in Norwich on Thursday 30 April from 6.00 – 8.00pm. For more information, please email Emily Murphy at [leader@soulsquad.org.uk](mailto:leader@soulsquad.org.uk)

**What are you doing in September?** Are you leaving school or university this summer, in between jobs or would like to do something 'different'? The Diocesan Youth Service is looking for people age 18-29 to join the Ignite Team, You would be working with young people in schools and parishes, developing your gifts such as in music, drama, art and tech. These are full-time positions, with food, accommodation and a monthly allowance provided. Ideal as a 'gap year'. For more information [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**Volunteer Opportunity:** Soul Squad is seeking fun-loving, faith-filled adults to help at weekly meetings. Anyone aged 16-116 is welcome! A training day for prospective volunteers will be held on 26 April. Please email Emily Murphy at [leader@soulsquad.org.uk](mailto:leader@soulsquad.org.uk) for more info.