

Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742
 Website: <http://www.stwalstans.com>



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The last shall be first.

Jesus teaches us never to think of ourselves as better than others, just because we profess our faith in him. Many people of other faiths and nations will find their way into God's kingdom before us. We are called to set ourselves high standards and to try our best to enter the kingdom by the narrow door.

Sundays Year C ~ Ordinary Time ~ Psalms Week 1
21st Sunday in Ordinary Time
25th August 2019

Entrance Antiphon	<i>Turn your ear, O Lord, and answer me; save the servant who trust in you, my God. Have mercy on me, O Lord, for I cry to you all day long.</i>	
First Reading	<i>They will bring all your brothers from all the nations.</i>	Isaiah 66:18-21
Responsorial Psalm	<i>Go out to the whole world; proclaim the Good News.</i>	Psalm 116
Second Reading	<i>The Lord trains the one that he loves.</i>	Hebrews 12:5-7. 11-13
Gospel Acclamation	<i>Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia!</i>	
Gospel	<i>Men from east and west will come to take their places at the feast in the Kingdom of God.</i>	Luke 13:22-30

Mass Times and Intentions

Saturday	24th August	21st Sunday in Ordinary Time	6:00pm	James Fox R.I.P.
Sunday	25th August		10.30am	Parishioners
Monday	26th August	Feria	9.15am	Tony Green R.I.P.
Tuesday	27th August	St. Monica		No Mass
Wednesday	28th August	St. Augustine	7:00pm	Alain Bousquet R.I.P.
Thursday	29th August	Passion of St. John the Baptist	9.15am	Jean Flingo R.I.P.
Friday	30th August	Feria		No Mass
Saturday	31st August	Feria	10.00am	Holy Souls
Saturday	31st August		6:00pm	Parishioners
Sunday	1st September	22nd Sunday in Ordinary Time	10.30am	Christopher Lambe R.I.P.

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

Sick and Housebound – Please pray for Yustyna Adamska, Una McWeeny, Michele Bendall, Kenneth Jenkin, Christina Thomas, Sybil Chamberlin, Ann Bettany, Vivienne Anne Mallett, Therese Ann Finnie, Banny Kibblewhite and Marcia Jenkin.

Faithful Departed – please pray for Thomas Connolly, Doris (Joan) Faulkner, George Laws, John McGuire, Olive Banham, Edward Trafford, Claude Gunton, Helen Tuck, Valerie Rolph, Anne Burlison, Rose Bunn, Walstan Skeet, John Topper, James McAlinden, Teresa Doggett, Ena Braniff, Jean Flingo, Agnes Grogan, Kitty Weigate, Maureen Dickman and all whose anniversaries occur around this time.

CONGRATULATIONS to Lucas Geoffrey André Edwards who was baptised here last week-end.

CONGRATULATIONS to Moya Anne McNally, who was baptised here and last weekend; and to Kirsty Watson and Andrew Prosser who were married.

Is your marriage struggling under the burden of arguments, resentments, or outright conflict? Or would you simply like a chance to enrich the way you communicate as a couple? The diocese is offering a half-day session on the Smart Loving Breakthrough program, which helps couples improve the way they communicate with each other. The program draws on relationship psychology and the Theology of the Body. It is both scientific and fully Catholic. The program will benefit couples even if just one spouse attends. 10am — 1pm on Saturday 14th September at Our Lady Immaculate and Saint Etheldreda in Newmarket. Tea, coffee and all materials will be provided. Please bring a packed lunch. To register as an individual or couple, please email: mflc.eastanglia@rcdea.org.uk.

Readers & Ministers of the Eucharist: Please remember to arrange a substitute if you are unable to exercise your ministry at any time. It is unfair to expect someone to step in at the last moment. Thank you.

The Pope designated September 1st as the day for the Care of Creation so the Norwich Secular Franciscans are going to celebrate it by doing a beach clean at Sea Palling. Anyone who wishes is invited to join us at 11am on Sunday 1st September at the base of the slipway. For information call Debbie Bool on 07737 909366.

During the weekend of the 25th-27th October 2019, Young Catholic Adults will be running a retreat at Douai Abbey. The weekend will be full-board. Please note to guarantee your place this year Douai Abbey have requested that everyone book in 3 weeks before the start of the weekend (4th October 2019). More information on <http://www.youngcatholicadults.co.uk>. To book go to <https://bookwhen.com/youngcatholicadults-douai2019>

Catholic Voices: A training day for those interested in learning how to share their faith will take place at Our Lady & St Thomas of Canterbury, 1 Norwich Road, Wymondham NR18 0QE on Saturday September 7th. Places are free but limited so if you are interested please contact evangelisation@rcdea.org.uk Drinks will be provided but you are asked to bring your own lunch.

AMPLEFORTH RETREAT: Fr Michael Johnstone will again be taking a group to Ampleforth Abbey for a Retreat given by one of the monks, from Monday 16 to Friday 20th September. En-suite rooms (of which there are not many) £277: ordinary rooms £257. There is some urgency required over booking. For further information ring Fr Michael on 01603 664118 - evenings best.

School Masses – Autumn Term 2019

6th September, 20th September,
4th October,
1st November, 8th November, 22nd November,
13th December, 19th December.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email newsletter@stwalstans.com. For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

Collections 17th /18th August £694.77
Many thanks

Candles: If the rack is full of burning candles, please light yours, blow it out, and leave it on the silver-foil covered tray. It will be re-lit when there is a space. Please DO NOT stand burning candles on the supports between the candle holders as this is extremely dangerous. Thank you.

Mass Cards Amnesty! Well over half of the cards with the words for the Order of Mass have disappeared from the basket at the back of church. If you have taken one home inadvertently, please return it as soon as possible. Thank you.

The next Cake & Jam stall is on Sunday 1st September in the Garden room after Mass.

The Next UCM meeting is on Tuesday 3rd September in the Garden Room at 10:45. It will be a General Meeting and a DVD.All are welcome.

Harvest Supper on October 10th in the Garden Room at 7:00pm. Entertainment by Fr.David. Tickets on sale from Saturday 14th September after Mass. Cost £8 , all proceeds for charity.

Sunday Teas after Mass: There are still a number of spaces to be filled on the rota in the church porch.

The Annual Bike Ride for the Norfolk Churches Trust is taking place on Saturday 14th September. There are over 600 churches, which can be visited, and our church will receive a proportion of any money, which you raise from sponsorship. You may walk, ride or drive on any route which you wish. Sponsorship forms will be available soon so in the meantime start planning your route. **Michael and Paula Hughes will again be riding for St.Walstans. They will be collecting sponsorship after Mass and ask for your support. Thanks**

Monday morning coffee is having a summer break. There will be no Monday coffee morning from 29th July. We will start back again on 2nd September 2019.

First Holy Communion 2020: Application forms are available in the porch as from this weekend. The closing date is Sunday 29 September after the 10.30 am Mass. Please return the completed form with your child's baptism certificate to either Fr David, Deacon Bill or Christine Conrad. Thank you.

Confirmations 2020: Applications are now being invited by the cathedral team for those who wish to be confirmed next year. (The course takes place at the cathedral, but Confirmations will take place at St Walstan's.) The form can be found by going to the website of St John the Baptist Cathedral, Norwich, and searching under "What's New - Family and Youth". Please let them know that you wish to be confirmed at St Walstan's. **Closing date for applications is August 31st**

Pilgrimage to Holy Land: 10th November - 17th November. Includes return flights from London, 7 nights in 4* Hotels, breakfast & dinner daily, full religious programme, local guide, private couch, spiritual director. Price from £ 1195.00. Book online@ aglowpilgrimages.com or call Jonathan on 0800 6894792 for more info.