

# Catholic Church of Our Lady and St. Walstan

Townhouse Road, Costessey, Norwich, Norfolk, NR8 5AA  
 Roman Catholic Diocese of East Anglia, Charity Registration No. 278742  
 Website: <http://www.stwalstans.com>



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*Do not lose sight of Jesus.*

*The path to heaven is likened to a race in which we are to keep our eyes on Jesus our leader. The saints are praying for us to reach the finishing line. With so many cheering us on, how can we fail? We are called never to give up, even when the going is hard. We are bound to suffer for our faith, just as Jeremiah the prophet did, but the Lord will deliver us.*

*Sundays Year C ~ Ordinary Time ~ Psalms Week 4*

**20<sup>th</sup> Sunday in Ordinary Time**

**18<sup>th</sup> August 2019**

<b>Entrance Antiphon</b>	<i>Turn your eyes, o God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.</i>	
<b>First Reading</b>	<i>You have borne me to be a man of dissension for the land.</i>	<b>Jeremiah 38:4-6. 8-10</b>
<b>Responsorial Psalm</b>	<i>Lord, come to my aid!</i>	<i>Psalm 39</i>
<b>Second Reading</b>	<i>We shall keep running steadily in the race we have started.</i>	<i>Hebrews 12:1-4</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia! Open our heart, O Lord, to accept the words of your Son Alleluia!</i>	
<b>Gospel</b>	<i>I am not here to bring peace, but rather division.</i>	<i>Luke 12:49-53</i>

## Mass Times and Intentions

<b>Saturday</b>	<b>17<sup>th</sup> August</b>		<b>6:00pm</b>	<b>Neville Hibbert R.I.P.</b>
<b>Sunday</b>	<b>18<sup>th</sup> August</b>	<b>20<sup>th</sup> Sunday in Ordinary Time</b>	<b>10.30am</b>	<b>Rodney Hipperson R.I.P.</b>
<b>Monday</b>	<b>19<sup>th</sup> August</b>	<b>Feria</b>	<b>9.15am</b>	<b>Tony Green R.I.P.</b>
<b>Tuesday</b>	<b>20<sup>th</sup> August</b>	<b>St. Bernard</b>		<b>No Mass</b>
<b>Wednesday</b>	<b>21<sup>st</sup> August</b>	<b>St. Pius X</b>	<b>7:00pm</b>	<b>Personal Intention</b>
<b>Thursday</b>	<b>22<sup>nd</sup> August</b>	<b>The Queenship of the BVM</b>	<b>9.15am</b>	<b>Lia Vannuchi di Tullio R.I.P.</b>
<b>Friday</b>	<b>23<sup>rd</sup> August</b>	<b>Feria</b>		<b>No Mass</b>
<b>Saturday</b>	<b>24<sup>th</sup> August</b>	<b>St. Bartholomew</b>	<b>10.00am</b>	<b>Connie Stuart R.I.P.</b>
<b>Saturday</b>	<b>24<sup>th</sup> August</b>		<b>6:00pm</b>	<b>James Fox R.I.P.</b>
<b>Sunday</b>	<b>25<sup>th</sup> August</b>	<b>21<sup>st</sup> Sunday in Ordinary Time</b>	<b>10.30am</b>	<b>Parishioners</b>

Morning or Evening Prayer will be said 15 minutes before all weekday Masses.  
 The Prayer Group meets every 'term time' Tuesday morning at 10am in the Garden Room  
 Confessions are before Mass on Wednesday 6.00-6.30 pm and Saturday at 10.30-11.00am

**Sick and Housebound** – Please pray for Yustyna Adamska, Una McWeeny, Michele Bendall, Kenneth Jenkin, Christina Thomas, Sybil Chamberlin, Ann Bettany, Vivienne Anne Mallett, Therese Ann Finnie, Banny Kibblewhite and Marcia Jenkin.

**Faithful Departed** – please pray for Benjamin Millbank, Herbert Smith, Ann Marcantonio, Ethel Carr, Eileen Kiley, Julia Snell, Mary Whitley, Francis Loades, Ronald Hunter, Thomas Connolly, Doris (Joan) Faulkner, George Laws, John McGuire, Olive Banham, Edward Trafford and all whose anniversaries occur around this time.

# Man sees your action, but God your motives.

Thomas Kempis

**CONGRATULATIONS** to Niamh Shiggins & Kieran Keane who were married here last weekend.

**Readers & Ministers of the Eucharist:** Please remember to arrange a substitute if you are unable to exercise your ministry at any time. It is unfair to expect someone to step in at the last moment. Thank you.

**The Pope** designated September 1st as the day for the Care of Creation so the Norwich Secular Franciscans are going to celebrate it by doing a beach clean at Sea Palling. Anyone who wishes is invited to join us at 11am on Sunday 1st September at the base of the slipway. For information call Debbie Bool on 07737 909366.

**Saturday August 17<sup>th</sup>:** Tea and coffee will be available in the Garden Room after the evening Mass.

**During the weekend of the 25th-27th October 2019, Young Catholic Adults** will be running a retreat at Douai Abbey. The weekend will be full-board. Please note to guarantee your place this year Douai Abbey have requested that everyone book in 3 weeks before the start of the weekend (4th October 2019). More information on <http://www.youngcatholicadults.co.uk>. To book go to <https://bookwhen.com/youngcatholicadults-douai2019>

**Catholic Voices:** A training day for those interested in learning how to share their faith will take place at Our Lady & St Thomas of Canterbury, 1 Norwich Road, Wymondham NR18 0QE on Saturday September 7th. Places are free but limited so if you are interested please contact [evangelisation@rcdea.org.uk](mailto:evangelisation@rcdea.org.uk) Drinks will be provided but you are asked to bring your own lunch.

**AMPLEFORTH RETREAT:** Fr Michael Johnstone will again be taking a group to Ampleforth Abbey for a Retreat given by one of the monks, from Monday 16 to Friday 20th September. En-suite rooms (of which there are not many) £277: ordinary rooms £257. There is some urgency required over booking. For further information ring Fr Michael on 01603 664118 - evenings best.

## School Masses – Autumn Term 2019

6<sup>th</sup> September, 20<sup>th</sup> September,  
4<sup>th</sup> October,  
1<sup>st</sup> November, 8<sup>th</sup> November, 22<sup>nd</sup> November,  
13<sup>th</sup> December, 19<sup>th</sup> December.

Items for the newsletter may be left at the presbytery (marked clearly "for newsletter" along with the date, and your name), or email [newsletter@stwalstans.com](mailto:newsletter@stwalstans.com). For all forms of communication, please provide a telephone number on which you can be contacted. The deadline for items to be included in the newsletter is Wednesday 6pm

**Collections** 10<sup>th</sup> /11<sup>th</sup> August

£843.65  
Many thanks

**Sunday Teas after Mass:** There are still a number of spaces to be filled on the rota in the church porch.

**The recent cake and jam stall** raised £72.36. All proceeds to charity. Many thanks for all your support.

**Is there anyone who attends Our Lady and St. Walstan** who can help with cleaning the church? Someone is urgently required to join a team of two people. You will only have to clean the church four times a year starting on 30th September and again 6th January. If you feel able to help please call me Kathleen Easter on 01603 745588.

**The Annual Bike Ride for the Norfolk Churches Trust** is taking place on Saturday 14th September. There are over 600 churches, which can be visited, and our church will receive a proportion of any money, which you raise from sponsorship. You may walk, ride or drive on any route which you wish. Sponsorship forms will be available soon so in the meantime start planning your route.

**Michael and Paula Hughes will again be riding for St. Walstans, who will be collecting sponsors after Mass. Please support us.**

**Monday morning coffee** is having a summer break. There will be no Monday coffee morning from 29th July. We will start back again on 2nd September 2019. Thank you all for your support.

**First Holy Communion 2020:** Application forms are available in the porch as from this weekend. The closing date is Sunday 29 September after the 10.30 am Mass. Please return the completed form with your child's baptism certificate to either Fr David, Deacon Bill or Christine Conrad. Thank you.

**Confirmations 2020:** Applications are now being invited by the cathedral team for those who wish to be confirmed next year. (The course takes place at the cathedral, but Confirmations will take place at St Walstan's.) The form can be found by going to the website of St John the Baptist Cathedral, Norwich, and searching under "What's New - Family and Youth". Please let them know that you wish to be confirmed at St Walstan's.

**Closing date for applications is August 31<sup>st</sup>**

**Pilgrimage to Holy Land:** 10th November - 17th November. Includes return flights from London, 7 nights in 4\* Hotels, breakfast & dinner daily, full religious programme, local guide, private couch, spiritual director. Price from £ 1195.00. Book online@ [aglowpilgrimages.com](mailto:aglowpilgrimages.com) or call Jonathan on 0800 6894792 for more info.