



*"Walking with God day by day"*

*Venue and times:*

Our Lady and St Walstan's Church – Garden Room  
(during school term only)

Every Tuesday morning starting at 10 am

*Everyone welcome*



Charismatic refers to the gifts, or charisms, mentioned in the Bible. These gifts are given by the Holy Spirit for the purpose of building up the Body of Christ, for building up the Church.

The charismatic renewal has become an important aspect of the Catholic Church.

Speaking to the International Conference on the Catholic Charismatic Renewal on May 19th 1975, Pope Paul VI encouraged the attendees in their renewal efforts and especially to remain anchored in the Church.

On December 11, 1979, Pope John Paul II said: 'I am convinced that the charismatic renewal is a very important component of the entire renewal of the church'.

In his homily on Pentecost Sunday, May 14<sup>th</sup>, 1989, Pope John Paul II said: "I earnestly exhort you to generously open your mind and heart to receive a large outpouring of the Holy Spirit. May a new Pentecost descend upon you so that each of you might become spiritually renewed and continue on a new road of evangelical witness"

Cardinal Joseph Ratzinger, when Prefect for the Congregation for the Doctrine of Faith wrote 'At the heart of a world imbued with a rationalistic scepticism, a new experience of the Holy Spirit suddenly burst forth. And, since then, that experience has assumed a breadth of a worldwide Renewal movement. What the New Testament tells us about the charisms - which were seen as visible signs of the coming of the Spirit - is not just ancient history, over and done with, for it is once again becoming extremely topical.'



## Testimonies of existing members

"Belonging to Costessey Prayer Group has both strengthened and enlivened my faith. It has taught me to let the Holy Spirit flow through my life, giving me peace, joy and happiness. It is great to be part of a wonderful, loving, family community with fantastic fellowship and support for each other. It has instilled in me a deep love of the sacraments, especially the mass."

"Since joining Costessey Group 40 years ago I can say that I have a much deeper faith and the Mass has come alive. It is a very moving experience when like minded people gather together to praise God's name. A lasting bond of brotherhood and sisterhood is forged. Prayer and praise is more powerful and moving especially when one receives the gifts of the Holy Spirit. The Acts of the Apostles and passages from the Bible take on a new life when moved by the Spirit during prayer."

" . . . it uplifts my faith and belief in God. Belonging to a group of like minded people is so rewarding and they can carry you through difficult times and hopefully you can help others in the same situation . . ."

## Costessey Prayer Group

Costessey Prayer Group has proven itself to be a group of committed people who have been meeting for 40 years, with some of the original people still attending. The group has proved themselves to be very confidential when asked for prayers. We are a happy group and members **mostly** come away feeling better in themselves after the meeting."



## What do we do?

The prayer group meets in a relaxed atmosphere for joyful and thankful praise in song and prayers, including traditional and intercessory prayers, praying in tongues, the Rosary and prayer ministry.

In quiet periods members listen to what the Lord is saying to them. Some sense that God has a message of encouragement, exhortation, or consolation for the group, and feel moved to speak this out. Some feel moved to share a passage of scripture.

Throughout, the aim is to be open to the action of God's Spirit in the meeting.

## All are welcome

New members and visitors are always welcome.

If you are interested in attending Costessey Charismatic Prayer Group just come along to a meeting or contact **Rob** Smith (01603 444479), Liz Tosh (01603 743038) or Maureen and Gerry Watt (01603 951167).

If you would like to come to a prayer meeting but are unable to make Tuesday morning then please let us know.

Prayer Intentions: If you have an intention you would like us to pray for, please come along to a meeting, or submit your intention in the wooden prayer box at the front of the church near the votive candle stand.