

## Week 2 a time of celebration

This time of celebration offers Mass, twice a day, everyday. The evenings will include a service of reconciliation, a healing Mass and a celebration of our parish community and its' diversity. Leading us forward to the "Pledge Tree" and ending on Friday with the "sending forth" and closing party, an occasion to rejoice in the mission that we've had and the future that lies ahead.

### A Celebration of Reconciliation *Renew!*

We come together to celebrate God's gift of forgiveness and reconciliation. We pray for the grace of forgiveness in our own lives, and ask God once more to "forgive us our trespasses as we forgive those who trespass against us." The Sacrament of Reconciliation (Confession) will be available in an approachable form as part of this service

### A Celebration of Healing

We come together to celebrate God's gift of healing and to pray for the ongoing healing of our minds, bodies and spirits.

### A Celebration of Our Unity and Diversity

Rejoice in the rich variety of people who are united in our Parish family. Rejoice in the Catholic faith that binds together people of every race, background and character.

As part of this celebration, we would like to create a "wall of photographs", to make a lasting reminder of the occasion. Please bring along a photograph of yourself, your family or a group you belong to. A photographer will be available for those who forget!

### The Pledge Tree

The "Pledge Tree" is laid bare initially and parishioners are invited to write pledges on paper leaves and hang them on the tree. These can be private pledges of an initiative they hope to take as a result of the mission (e.g. personal prayer, supporting the local community or working for justice) or public offers to get involved in the ministry of the parish in some way.

### A Celebration of Our Mission

Let us give thanks for the opportunities created by our Mission and pray that the spirit of "Refresh! Renew! Rejoice!" will continue to enrich the lives of our Church, our schools and our homes, and the lives of all those around us.

The closing party will end the Mission. You are invited to bring along a plate or dish of food to share - whether it's your national dish or just something you like to eat.

### One-to-One Appointments

Throughout the duration of the mission the priests will be available for appointments to give anyone who wants to the opportunity to say more than "Hello" to a Priest. If there is something you'd like to ask, but not in front of everyone else or you would like the chance to talk a few things over, then just call for an appointment.

To make an appointment to see Fr Tim or Fr Ralph one-to-one, either in your own home or at the church, phone Fr. Tim on 07951 751292 during the mission weeks or speak to one of the mission team at any time.

*Rejoice!*



Our Lady and St. Walstan

An Introduction to  
Our Parish Mission

20<sup>th</sup> February – 5<sup>th</sup> March 2010

*Refresh!*  
*Renew!*  
*Rejoice!*

Our Lady and St. Walstan RC Church  
Townhouse Road, Costessey, NR8 5AA

#### Your Mission Team:

Maureen and Gerry Watt	743320
Pam and Rob Smith	07979 888747
Geoff Green	742777
Pauline Stephenson	880800
Harriet Saunders	880800
Eamon McGrath	261590
Nick Walmsley	782758
Bill Dimelow	743476

# Week 1

## a time of preparation

Refresh!

### Course 1 – Prayer Paths

#### Session 1: Lectio Divina (Sacred Reading)

An introduction to this ancient form of Christian prayer

#### Session 2: Intercession and Petition

Reflecting on intercession in the Scriptures and in the devotional life of the Church

#### Session 3: Posture and Movement in Prayer

We pray not only with our hearts and minds but with our bodies as well

#### Session 4: Meditation and Adoration

An introduction to the model of meditation as outlined by the Redemptorist founder Saint Alphonsus

### Course 2 – Getting to Know the Bible

#### Session 1: Where did the Bible come from?

Some thoughts on the different kinds of literature we find in the Scriptures, both the Old and New Testaments, coming from the lived experience of people like you and me...

#### Session 2: Looking for the Connections

The better we know the Old Testament the easier it is to understand the message of the New Testament...

#### Session 3: Exploring the Fundamental Message of Salvation in the Scriptures

How did the Old Testament people understand God's presence among them and why did so many of them not recognise Christ when he came?

#### Session 4: Salvation in the New Testament

How does Christ fulfil the hopes of all who wait in the expectation of being saved? The power of the Word of God...

### Pizza and a Chat

A chance for the young of the parish to have their say. On Thursday evening there will be an informal gathering when you can chat over pizza. A chance for you to freely discuss anything you have on your mind. The evening will end with a few moments of candle-lit prayer and reflection.

### Question Time

An open forum will be held on Saturday afternoon, giving everyone the chance to ask the Mission Priests anything. In order to make this successful the questions will need to be submitted in advance. On the day, you will be given the opportunity to ask your questions. If you have a question but don't want to ask it yourself, then just let us know and someone can ask it for you.

### Children of God

Jesus said "Let the little children come unto Me" We are a parish of families and our children are a most precious gift from God. What can our children teach us and what should we teach them? On Sunday afternoon we will come together to discover how we make God part of our family.

### Visiting

During this week Fr. Tim will visit our schools. He will also visit parishioners in the many nursing homes in the parish. If you would like him to visit you in your own home, or know of anyone who would like him to visit them then please let us know.

### Schedule

A leaflet with the dates and times of all these events will be issued nearer the time.

### The Mission Priests



Fr. Tim Buckley

Fr Tim is a priest of the Redemptorist Congregation. Ordained in 1970 he spent much of that decade preaching missions and retreats. In the 1980s he was engaged in the formation and training of students preparing for ministry. He has an MA in Christian Spirituality from Creighton University, Omaha, USA, and a doctorate from Heythrop College, London University. His thesis on the pastoral care of Catholics who experience marital breakdown was published in 1997 under the title, What Binds Marriage? - Roman Catholic Theology in Practice. His new book, "Take Heart: A Priest looks at the pilgrimage of life" was published in April last year.



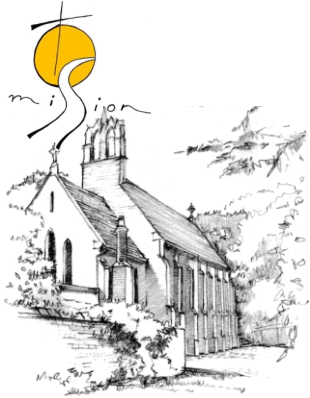
Fr. Ralph Heskett

Fr Ralph's first appointment after ordination was to Perth from where he gave a number of Parish and School Missions and Retreats. He was then appointed to Erdington Abbey in Birmingham, where he combined the work of Missions and Retreats with that of Vocations Director.

In 1984 he returned to Perth, first as a member of the Mission team and later as Rector of the community and director of the Retreat House. In 1990, he took up his first appointment in full-time parish ministry as a parish priest in Liverpool, later returning as novice master. In 1999 he was appointed parish priest of St Mary's in Clapham. He has recently returned to Liverpool and Missions and Retreats with Fr Tim.

OUR LADY AND ST WALSTAN MISSION

OPEN FORUM QUESTION FORM



Name*:	
Phone Number*:	
Would you like to ask the question yourself at the open forum?*	YES / NO
Your question:	

\* We ask that you please provide your name and phone number, in case we need to contact you for clarification of your question. If you prefer not to provide your name and number your question will still be accepted assuming it is legible.

PLEASE RETURN IN THE BOX PROVIDED IN THE PORCH NO LATER THAN 21<sup>ST</sup> FEBRUARY 2010

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